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New tourism chief interview

Dr. António Pina has made a smooth, yet somewhat hastened transition into his new role as head of the Algarve Regional Tourist Board (RTA) and has promised change and reform during his mandate. (See Page 2)

Sócrates and Brown meet in London

Portuguese Prime Minister José Sócrates and his British counterpart met in London this week to discuss Portugal's EU presidency and the thorny issue of Zimbabwe. (See Page 7)

New 7 Wonders revealed in Lisbon

The New 7 Wonders of the World announced in front of hundreds of millions of TV viewers are: The Great Wall of China, Petra, The Statue of Christ Redeemer, Machu Picchu, Chichén Itzá, The Colosseum and The Taj Mahal.

Police keep Madeleine profile high

Portuguese police have this week been staging a series of interviews at the offices of the Criminal Investigation Department (CID) in Portimão regarding the abduction of Madeleine McCann. (See Page 9)

Airsports Spectacular makes Guinness!

History was made last Saturday as light aircraft, including micro-lights and ultra-lights, flew together from Sagres, over the Lagos aerodrome, where they tightened into formation to steal the previously set title, entering the Guinness World Book of Records in the process. (pp16, 17)

Weekend weather

Lisbon: Saturday: Sunny, high of 27º Sunday: Sunny/Windy, high of 24º. **Faro:** Saturday: Mostly Sunny, high of 27º Sunday: Sunny, high of 26º. **Oporto**: Saturday: Morning Fog, high of 23º Sunday: Morning Fog, high of 21º.

Safety and security: Portugal's EU Presidency given priority over the Algarve

EU NABS ALGARVE POLICE

The Ministry of Home Affairs has admitted that the customary reinforcement of police in the Algarve over summer, when the population triples to over a million people will be conditioned by the needs of the Portuguese presidency of the European Union. Some local officials have already lashed out at the government, saying that police visibility and efficiency should be of paramount importance this summer, especially after the abduction of Madeleine McCann from her bed at a holiday resort.

EU, see p. 9

Police keep Madeleine profile high

The only suspect in the Madeleine case so far, 33-year old Robert Murat when he was taken in for questioning on Tuesday. (Photo: The Portugal News / Brendan de Beer) See story on p. 9

New tourism chief looks to take Algarve to new heights

Former civil governor Dr. António Pina has made a smooth, yet somewhat hastened transition into his new role as head of the Algarve Regional Tourist Board (RTA). Comfortably settled in his office with panoramic views at the top of the RTA tower in Faro, he is still in the process of getting to grips with the demands the complex job entails, though it is a process he is undertaking with full gusto, and one that is aided by an innate passion for travel and tourism, as well as many hours of reading up on the matter.

As always, an interview with Dr. António Pina is like having an informal chat with an old acquaintance. His enthusiasm is contagious and it is obvious that he has invested many hours in getting to know the ropes of the office he has taken over. Exciting new developments are on the horizon, some of which were revealed in his latest interview with **The Portugal News**.

His departure from regional government to the RTA was an unexpected one – following a "gentlemen's agreement" between the region's two main political parties, PS and PSD.

"There has always been a sort of veiled accord between the parties and the RTA", explained Dr. Pina, "except this time everything was done clearly, in broad daylight for all to see. And that is how I like to do things".

His name was put forward and accepted within weeks, "But I agreed to the job on one condition", he says: "That the new team be made up of fully qualified professionals with experience in the field".

So he enlisted the aid of Drª. Celia Pais, who for many years has been responsible for the successful marketing of Vilamoura, and Drª. Fátima Coelho, developer of the PRTA – a plan for Algarve Regional Tourism.

Together they have produced a document that envisions three strategic phases for regional development, accompanied by production and marketing proposals.

This covers a long-term development plan, that branches from 2007 – 2015, a medium-term plan, from 2007 – 2013, and a short-term plan that will be implemented by 2008.

Immediate goals, however, target something a little closer to home, energy resourcefulness in the RTA building.

"They call this an intelligent lighting system, but what is intelligent about lights being on in a building at four in the afternoon?" he quips.

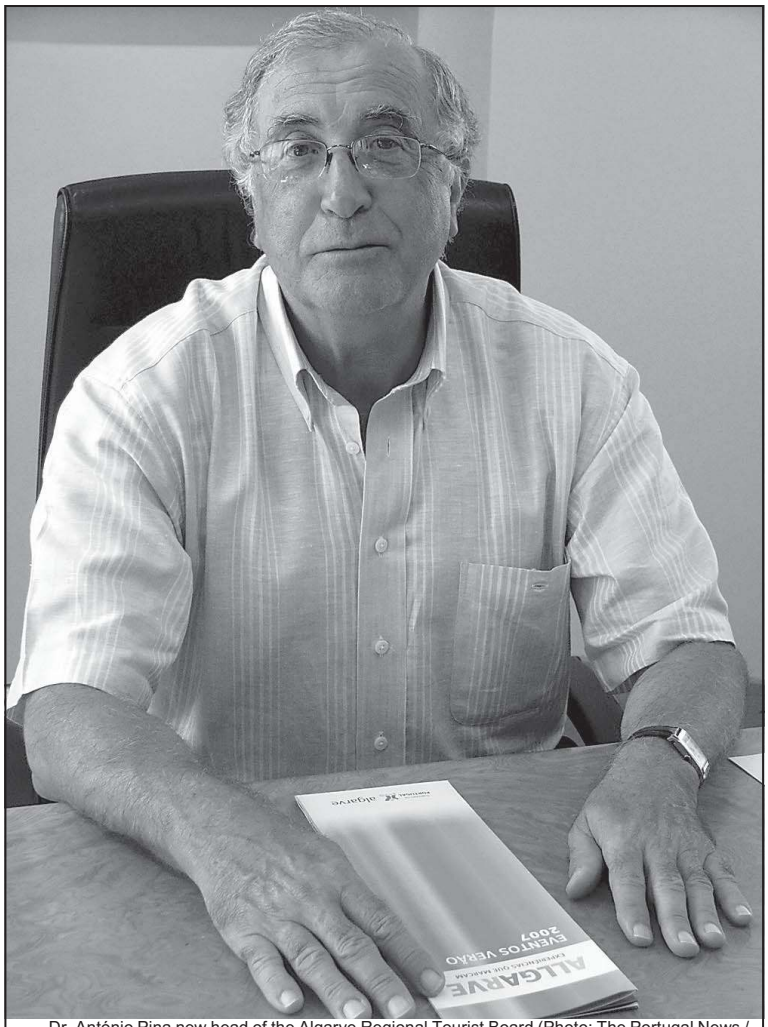
The office in question is equipped with a movement-sensitive light system that is not entirely to Dr. Pina's liking and will soon be improved, as will all of the RTA's tourist bureaus throughout the region.

Finding new ways to make the Algarve's nautical mascot, a historical Caravel presently docked in Lagos, more profitable is also an immediate objective, as is tightening the RTA's relationship with the Algarve Tourist Association ATA, a privately-funded association dedicated to promoting the region outside Portugal.

"They have always dated, but never quite got round to marriage" is Dr. Pina's way of describing the two associations' previous relationship.

Already a number of ideas have begun to emerge from attempts to end the 'promiscuous' relationship between the two.

Preliminary discussions between them have determined that in the near future the Internet must become a main tool in promoting the Algarve to the rest of Europe. Another idea is for short promotional films and TV 'spots' to be broadcast via a number of major European channels, as well as broadcasting 'Algarve adverts' in cinemas around Europe, at the start of major movie launches.



Dr. António Pina new head of the Algarve Regional Tourist Board (Photo: The Portugal News / Carrie-Marie Bratley)

"You sit there waiting for the film to start, you can't 'channel surf' like you can at home, so what could be nicer than to sit and look at the Algarve's beaches, the landscape, golf courses…"

So far, so good, the 'engagement' seems to be blissfully productive. But what would Dr. Pina change about the way the Algarve is perceived?

"I think some people still see the Algarve as the mass development it was in the 1970's", he says. "'Re-qualification' is a word that people will hear repetitively over the next few months. All of the region's most recent developments are of very high quality, and there are a few original structures that could use updating or bringing up to the same standards, but for various reasons, can't".

So what is the answer?

"PIT is a programme for tourism intervention that entails a one billion euro injection to raise all regional standards to the same level of excellence. Re-qualification. Not only of buildings, but also of personnel.

"What use is a five-star hotel without five-star service? So we are going to invest heavily in re-qualifying both structures and professional service to levels of excellence".

A number of significant new projects are to be revealed this Saturday by the Minister of Economy, at 15h30, though Dr. Pina did reveal new markets he would like to target.

"First I would like to reinforce the German market, but I would like to start targeting markets like China, Japan and Russia".

There is in fact an 'Allgarve' banner in the Russian Kremlin square.

"I think China and Japan would be promising markets, principally China due to its historical ties with the Portuguese discovery era. Asian markets in general appreciate historical and cultural monuments and even though they are more veered towards the 'City Break' kind of tourism, I think they would be thoroughly pleased with what the Algarve has to offer".

This would inevitably imply a closer relationship with the Lisbon Tourist Board, something that António Pina would also like to explore. His attitude towards new partnerships is a refreshing one, and is always open to collaborations that would propel the Algarve as well as giving something in return.

Also on the cards are new cultural routes, including Moorish, Roman, *Manuelino* and Church trials. The basic idea is, through negotiations with respective city halls, to attract tourist interest in the routes, getting visitors to pay a small entry fee to visit the monument that will revert towards employing more staff so the monuments can be kept open during longer hours and over weekends.

"Who wants to go and visit open-air ruins at three in the afternoon in this heat?" he asks, "and if you go back later in the afternoon they shut at 17h00 and are closed over weekends. So hopefully this will provide a solution".

He is also an avid supporter of developing rural and Agro-tourism. "Any developments north of the EN125 I applaud".

Other regional advances may see the recently reported future Loulé aerodrome take shape in the near future. Confirming that the potential Portimão airport is still only but an idea, it transpires that Loulé aerodrome may actually be emerging, though nothing is definite. Supposedly, the future airport will share Faro airport's control tower and will free up airspace for commercial aircraft, offering an alternative take-off and landing place for private jets only.

More welcome news comes in the form of an innovative, eco-friendly project presently being elaborated by ETAR, the regional water treatment company, who are striving to keep water usage lower through the summer by supplying golf courses and larger resorts with partially treated, recycled water; water that is unfit for human consumption, yet perfect for lawns.

So things are looking promising, from the inside and from the outside.

But the inevitable question had to be asked: What does Dr. António Pina, President of the RTA think about the region's controversial 'Allgarve' branding?

"It's like the early tins of fish conserve that were produced here in Olhão", he laughs "you have to look past the packaging and to the quality of the product within. The 'Allgarve' package to me means a three million euro investment to put on summer entertainment programmes like never before. This year we have an agenda of excellence, including sport, culture, and brilliant shows. Have you seen what we have lined up for this summer?"

For more information about the Allgarve Summer entertainment agenda, see www.allgarve.pt.

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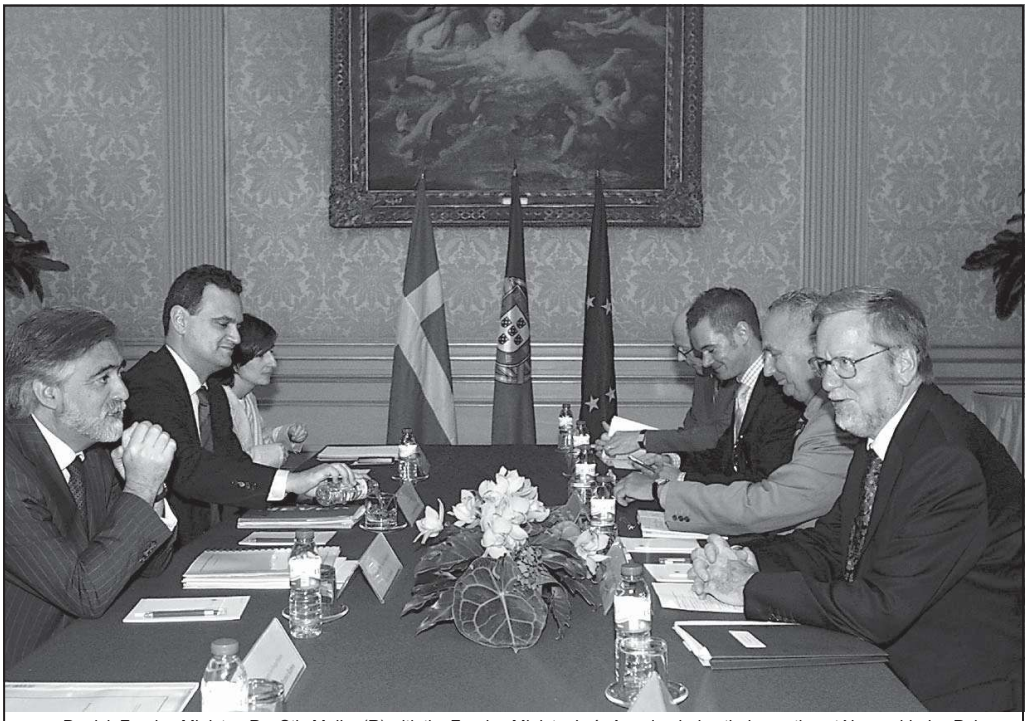
FM Amado tells Macedonia reforms can soon bring accession talks



Danish Foreign Minister, Per Stig Moller (R) with the Foreign Minister Luís Amado, during their meeting at Necessidades Palace. Lisbon, on Monday. (Photo: Lusa / Miguela Lopes)

Portuguese Foreign Minister Luís Amado encouraged Macedonia Friday to press forward with needed reforms so that Skopje could launch accession talks with the European Union.

"If we receive a positive evaluation from the European Commission by year's end, we can move forward", Amado told a news conference after talks with his Macedonian counterpart, Antonio Milososki.

Portugal's "political will", he said, was for "the next step to be taken as soon as possible, because it is important for stability in the (Balkan) region", he said.

Minister Amado reaffirmed the Portuguese EU presidency's commitment to "work for the creation of maximum political and economic conditions to give a new dynamic to activities of integration" into the European bloc. *TPN/Lusa*

Greece asks Portugal to press Turkey on Church, Cyprus issues

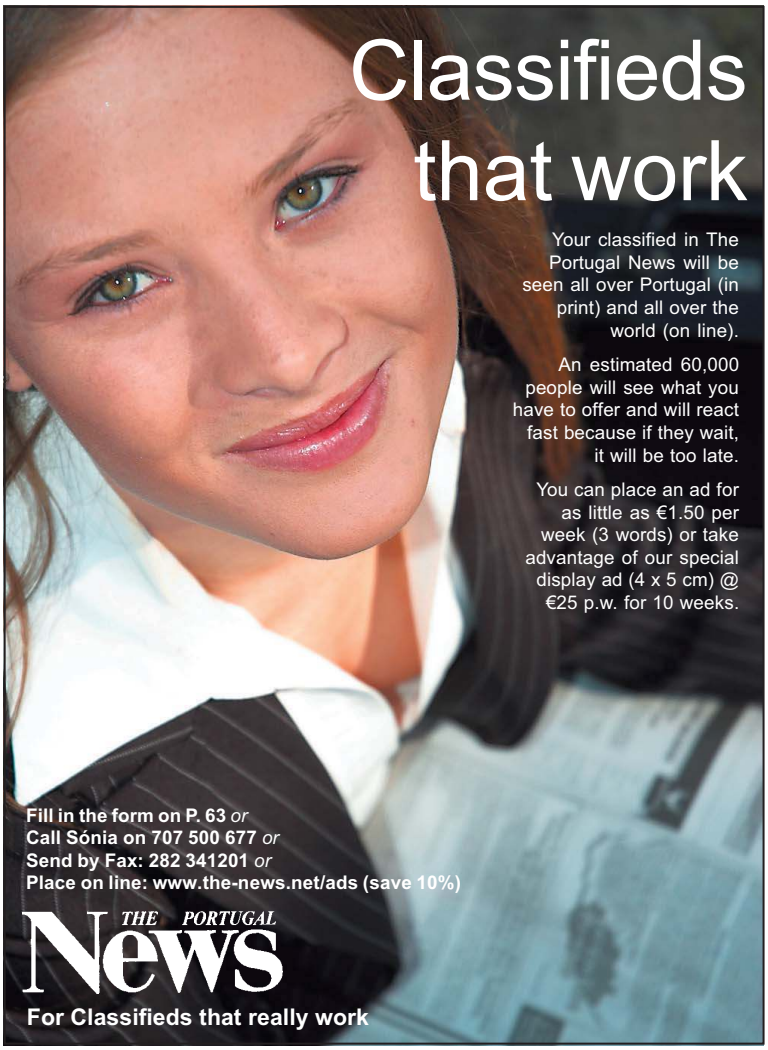
Greek Socialist leader George Papandreou urged the Portuguese EU presidency Friday to pressure Turkey to end its "occupation" of northern Cyprus and to recognise the rights of the Greek Orthodox Patriarchate in Istanbul.

Papandreou, who met with Prime Minister José Sócrates in Lisbon in his role as president of the Socialist International, told journalists he also had suggested that EU accession talks begin medium term with "some Balkan countries", an apparent reference to Serbia and Albania. A move that, he said, could add to stability in the region.

He said he asked Sócrates, a fellow Socialist, to use the Portuguese EU presidency to press Turkey into granting the Greek Orthodox Patriarchate the status of an "international institution" in a gesture of recognition of "minority rights".

"I also alerted (Sócrates) to the need to end the foreign (Turkish) occupation of northern Cyprus", he said, adding that progress in these two areas would "unquestionably contribute to easing" Istanbul's negotiations for future EU membership.

The Greek leader said he was in "total synchronisation" with Lisbon in seeking rapid approval of a Reform Treaty for the union and in developing a "green economy" with "respect for environmental values". *TPN/Lusa*



Maritime security package, Galileo GPS top transportation priorities

The third package of maritime security directives and the Galileo satellite navigation system are sector priorities for the Portuguese EU presidency, Public Works Minister Mário Lino said this week.

Minister Lino, who presented Portugal's sector priorities in Strasbourg on Thursday, told Lusa Lisbon inherited the Galileo GPS project from the German presidency in a situation of "impasse" because of its heavy costs.

He said he awaited a report from the European Commission by September to try to "find a path" forward.

Last month Lino described the Galileo project as involving "very heavy investments, acknowledging that it could be abandoned.

On the seven-part third maritime security package, Lino said the preceding German presidency had achieved approval of three directives and that Lisbon hoped to continue discussions and reach political agreement on two more by year's end.

EC, EU parliament expected to give OK on treaty action

The European Commission and the European Parliament were expected to give their approval at the end of the week for the Portuguese presidency to open an Intergovernmental Conference mandated to draft a Reform Treaty for the bloc, EU officials told Lusa.

They said the commission was scheduled to give its blessing to the initiative in Strasbourg Tuesday, with similar action by the parliament expected the following day. The holding of an ICG requires the OK of the two European bodies.

The European Central Bank, whose approval is not mandatory, was also expected to give its thumbs up to the ICG on a still undetermined date, the officials said.

Portuguese Prime Minister José Sócrates has announced plans to convene an IGC in Brussels, under the leadership of Foreign Minister Luís Amado, to begin drafting the treaty on July 23, saying he looked for its approval at an informal summit in Lisbon on October 18-19.

The last European Council held under the outgoing German presidency on June 21-22 gave Lisbon a "clear and precise mandate" to move forward with the treaty, a charter aimed to replace the ill-fated Constitutional Treaty that was downed in French and Dutch referenda two years ago. *TPN/Lusa*

It'll be a Fair show in September

Although it may seem a while away, it is actually just eight weeks until the next International Algarve Fair, on September 22nd and 23rd. As a result of the first International Algarve Fair, held earlier this year in May, a number of changes have been made; exciting new activities have been introduced, an array of interactive elements created, and a wider choice of services and products will be displayed. Because no matter how good something can be, there is always room for improvement.

This riveting revamp will include a gardening competition, with 36 square metre gardens created by participating gardening and landscaping businesses; there will be a property show, seminars on buying, selling, renovating and sprucing up properties, as well as mortgage exchange. Arts and crafts stalls will star in a show of their own, and spaces for the 'New Car Show' have sold out already, as have most of the restaurant availabilities following their success and popularity in May.

'PuffPark' has been specially designed for children to play in, in complete security and safety, another new addition in response to feedback from May.

Full use of the on-site pavilion has been granted, which will become home to a range of new exhibitors and activities.

As before, entertainment will be featured throughout the day.

The September fair is an excellent opportunity for any business wanting to promote its products or services to a large national and predominantly international public.

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The Portimão Fanfarra who opened the Fair in May. (Photo: João Paulo Carrondo)

SA opposition chief urges Portugal to boycott Mugabe

The leader of South Africa's Democratic Alliance party, Helen Zille, has called on Portuguese Prime Minister José Sócrates not to invite controversial Zimbabwean President Robert Mugabe to an EU-Africa summit in Lisbon later this year.

In a letter to Prime Minister Sócrates, whose country holds the rotating EU presidency, Zille argued that Mugabe's presence at the summit between the EU and African Union in December would help legitimize the increasing autocratic rule of Harare's veteran head of state.

Mugabe's appearance at the EU-AU summit in December would also undermine joint efforts by both blocs to promote human rights and democracy in Africa, said Zille, who in addition to leading South Africa's biggest opposition force also serves as Cape Town's major.

"Painful past experience shows that President Mugabe is unwilling to enter any kind of meaningful dialogue on the critical challenges facing Zimbabwe. He has also shown on many occasions that he cannot be trusted to uphold promises of commitments he undertakes."

Zille also informed Portugal's government chief that the political and economic situation in Zimbabwe is deteriorating daily and this chromic instability is being increasingly felt in South Africa and other neighbouring states. *TPN/Lusa*

French pair charged with murdering yacht skipper in 2006

Two French nationals rescued from a capsized yacht last year were charged Monday with murdering the boat's skipper, whose tied-up body was found hidden onboard the vessel, judicial sources were reported as saying by the Lusa News Agency.

Portuguese state prosecutors have decided there is enough evidence to charge Thierry Beille and his half sister, Corine Caspar, with the killing of Andre Le Floch in August 2006, the sources told Lusa.

The three had been sailing off Portugal's southern coast in the trimaran "Intermezzo" when the yacht capsized. Beille and Caspar were rescued by helicopter and the boat towed into an Algarve port.

Le Floch, a retired civil servant whose body was discovered in one of the boat's hulls, was killed in a "calculated and pre-meditated" manner, the same judicial sources told Lusa.

Lisbon to increase infant-care centres by 50 percent

The Portuguese government will boost the country's number of infant-care centres by 50 percent by 2009 to bring it into line with European Union targets, a senior official told the Lusa News Agency.

The state secretary for social security, Pedro Marques, announced the initiative on the sidelines of an informal meeting of EU labour and welfare ministers in the northern city of Guimarães, the first of its kind under Portugal's EU presidency.

"For us this is a strategic priority and an example of realizing strategic European priorities in Portugal", Marques told journalists.

He noted that the EU established a 33 percent target level for infant-care centres five years ago in Barcelona.

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PM confident Lisbon will fix "deadlocks" stalling EU project

At the European Parliament in Strasbourg last Wednesday European Parliament President German Hans Gert Pottering (R) watches while Prime Minister José Sócrates (L) signs the book presenting the programme for the next six months for the new Portuguese EU presidency. (Photo: EPA)

Portuguese Prime Minister José Sócrates told the European Parliament on Wednesday that he was "confident" Lisbon's EU presidency will overcome "deadlocks and blockages" delaying the European project and also reiterated Portugal's priorities for its leadership of the bloc.

"We will do all to overcome the period of doubt and uncertainty over the course being followed by the European project," Prime Minister Sócrates told MEPS, adding that the EU's 27 member states have given Lisbon a "clear and precise" mandate" and Portugal's presidency is "prepared for those difficulties that always crop up".

Sócrates' latter comment was seen by analysts as an apparent reference to Poland, which says it will press for fresh debate on EU voting rights, a key component of a hard-won accord wrapped up by the bloc's leaders in June.

Lisbon has said it wants to turn the EU's aborted constitution into a Revised Treaty by October. Sócrates told MEPS that a draft document will be presented to EU heads of diplomacy at the end of July.

Portugal's prime minister also told the Strasbourg legislature that his country's EU presidency will push to modernize Europe's economy and society via the so-called Lisbon Strategy, originally approved in 2000 during Portugal's previous leadership of the bloc.

Reforms to the Lisbon Strategy are scheduled to be approved in 2008 during Slovenia's stint in the EU's driving seat, but Sócrates told MEPs that Portugal wants to play a prominent role in formulating the initiative to give it the "visibility and relevance it deserves."

In the area of labour legislation and social affairs, Sócrates said the debate among EU member states on the so-called flexicurity concept of liberalized hiring and firing for employers and bolstered employee welfare should seek "integrated and balanced solutions", taking into account the diversity of Europe's states.

On the security front, Lisbon's government chief said he was "proud" that a Portuguese firm has developed the Schengen Information System (SISone4all) to facilitate movement around the EU's borderless regions.

Portugal's EU presidency, said Sócrates, will give "special attention" to the issue of immigration into the bloc and also concentrate its efforts at the EU helm on combating terrorism and improving Europe's energy security.

Regarding the EU's foreign relations, he reiterated Lisbon's ambition of staging a Europe-Africa Union summit in December, despite differences between the two blocs on the presence of Zimbabwean President Robert Mugabe.

Lisbon is also prioritising EU relations with Brazil, which established a strategic partnership with Europe in the first days of Portugal's leadership of the bloc, and also aims to intensify north-south Mediterranean dialogue, Sócrates told MEPs. *TPN/Lusa*

Portugal wants reform treaty to be called "Treaty of Lisbon"

Portugal's EU presidency hopes member states will agree a Reform Treaty later this year during an 'informal summit' in the Portuguese capital and Prime Minister José Sócrates restated his ambition for the document to be known as the "Treaty of Lisbon".

Speaking to reporters after presenting Portugal's EU leadership priorities to the European Parliament, Sócrates said "for now" he was "more interested in having a treaty" than in what the final document is called.

But assuming EU member states manage to do a deal on the tentative 26-page Reform Treaty, it would be good for the bloc's new rulebook to be associated with the country that supervised its birth, he added.

"I don't think anyone will think it wrong for a presidency, if it achieves this objective, to use one of its cities to baptize this treaty. We've done this in the past and it's a fine tradition we should keep in the future."

Sócrates had told MEPs Lisbon's presidency would work to get final agreement on the new Reform Treaty at an Oct.18-19 informal meeting of heads of state and government in Lisbon following a rapid intergovernmental conference, known by EU insiders as the ICG.

The ICG, the only EU body empowered to change bloc treaties, gets underway July 23 in Brussels and includes government representatives, members of the European Commission and MEPs.

Palestine peacekeeping force 'just an idea', says FM

Portuguese Foreign Minister Luís Amado said Tuesday that a proposal from 10 southern EU states, including Portugal, for an international peacekeeping force to be deployed to the Palestinian territories is only "an idea for discussion."

The proposed use of peacekeepers in Palestine was made Monday in a letter published in the French newspaper Le Monde addressed to former British premier Tony Blair, envoy of the Middle East Peace Quartet - comprising the US, Russia, UN and EU.

Luís Amado, a signatory of the open letter, stressed the proposal was "informal" and had been "a question of controversy at the heart of the (EU) group" of ministers.

The ministers had not clarified what the "nature and objective" of the mooted Palestinian peacekeeping operation would be, added Portugal's top diplomat.

Amado was speaking after a Lisbon meeting with his Danish colleague, Stig Moller, who noted that the peacekeeping force would require approval from the UN Security Council and would also need to be acceptable to Hamas, a condition for Russia's non-vetoing of the plans. *TPN/Lusa*

Births drop 4,100

The Office for National Statistics (INE) revealed this week that in 2006, 4,100 fewer babies were born in the country when compared with figures from the previous year.

According to these statistics, 105,351 births were registered in Portugal, down by 4,106 from the previous year which is the lowest birth rate ever that has officially been recorded in the country.

The average number of children per woman also dropped, down to 1.36 children from a previous figure of 1.41. The average in the European Union is 1.52.

Due to the current decline in births, Portugal could have lost a quarter of its population by 2050, having only 7.5 million inhabitants.

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Sócrates and Brown meet in London

Portuguese Prime Minister José Sócrates and his British counterpart met in London this week to discuss Portugal's EU presidency and the thorny issue of Zimbabwe.

Prime Minister José Sócrates is welcomed by British Prime Minister Gordon Brown to Downing Street last Monday. It was Brown's first meeting at Downing Street with an overseas dignitary since becoming Prime Minister on June 27. (Photo: EPA/Andy Rain)

Prime Minister Sócrates discussed Portugal's EU presidency priorities, with Gordon Brown saying London was ready for fast action on the bloc's Reform Treaty, but wary of a Lisbon summit with Africa that included Zimbabwe's Robert Mugabe.

"I reaffirmed to the prime minister that (Britain) had assured its objectives (in Brussels two weeks ago) and that we want them reflected in detail in the accord in coming months", Brown told a joint news conference after a one hour of talks with Sócrates in London.

He said no British referendum on the Reform Treaty would be needed as long as London's "red lines" were respected as agreed at the European Council in Brussels, a reference to Britain's opposition to EU control over national security and foreign policies and dominance over labour and social security issues.

Sócrates reiterated his determination to "move rapidly form the (Brussels) mandate to the treaty", saying he would launch an Intergovernmental Conference on the charter later this month with a view to having it approved by October.

Brown, he said, "agreed with this calendar" and, like Lisbon, wanted the Portuguese presidency to give a "new impulse" to work on the document.

On a less consensual note, the British leader said London had "difficulties" with Portugal's plans to host a long-delayed EU-African Union summit in December that might include Mugabe, the Zimbabwean president who faces EU travel sanctions, while Sócrates said his government was doing "everything possible" to find a diplomatic solution for the issue.

Sócrates argues that EU-Africa relations are too important to be held hostage to disagreements over how best to handle the human rights crisis in Zimbabwe.

The two leaders, declaring themselves cautiously optimistic, also said they had discussed the possibility of a new dynamic in the stalemated Doha Round of world trade negotiations.

Brown said there was room for "progress", while Sócrates noted that the first-ever EU-Brazil summit in Lisbon last week had brought "better news" on the global trade front.

Expressing EU "solidarity" with Britain in the face of a new series of terrorist attacks, Sócrates said the "fight against terrorism" would be at the top of Lisbon's EU presidency priorities.

The two leaders also underlined their support for bolstering the Lisbon Agenda, the scheme approved during Portugal's last presidency in 2000 to make the 27-nation bloc the world's most competitive economy.

In a development related to EU-Africa matters, the UN High Commissioner for Refugees António Guterres, a former Portuguese prime minister, expressed his concern over what he described as Europe's "profound disinterest" in Africa.

In an interview with Lisbon media, Guterres said it was significant that it was taking Portugal's return to the EU helm for the 27-nation bloc again to place Africa on its agenda.

"This reveals a profound disinterest on the part of Europe as a whole with the African continent to help solve the very grave problems that exist there", Guterres said. *TPN/Lusa*

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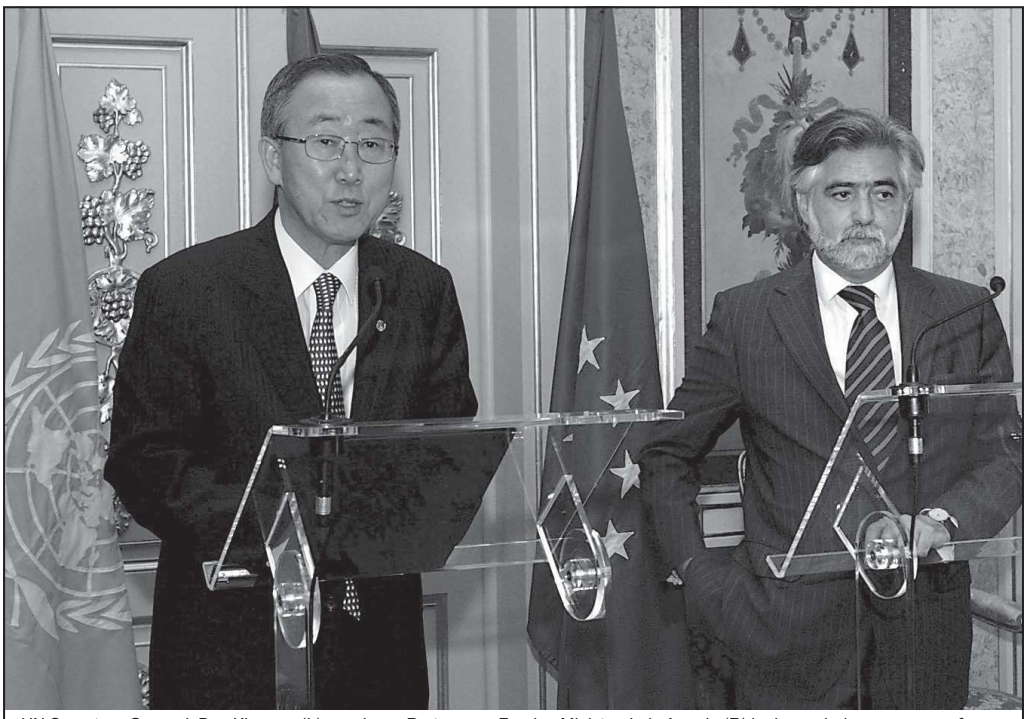

UN Secretary-General, Ban Ki-moon (L) speaks as Portuguese Foreign Minister, Luis Amado (R) looks on during a press conference at Necessidades Palace in Lisbon on Monday (Photo: Lusa / Miguel A. Lopes)

Security officials discuss strategies for fight against terrorism, organized crime

Security police officials from across the European Union met in Portugal this week to bolster and define strategies for joint combat of terrorism and organized cross-border crime.

The closed-door meeting of the Broadened Troika of EU Police Chiefs was of "major importance" as it would "define the main operational and strategic lines of action for the future security of the European Union", Lt. Gen. Mourato Nunes, who chairs the gathering under the Portuguese EU presidency, told Lusa ahead of the discussions.

Some 30 senior EU police officers and representatives of the European Council's Secretariat-General, the European Commission, Europol and Interpol participated in the gathering in the medieval, walled town of Obidos in central Portugal.

Europol chief Max-Peter Ratzel told Lusa that, among other initiatives, the meeting focused attention on a new system of polling and sharing information in the mother tongue of each EU member state.

The security officials, he added, also sought to define joint strategies to "anticipate and prevent" action by terrorists and organised crime. Security officials discuss strategies to fight against terrorism, are organized crime. *TPN/Lusa*

UN chief holds talks in Lisbon

UN Secretary-General Ban Ki-moon called Monday, after talks with Portuguese leaders, for no delay in dealing with independence status for the Serbian province of Kosovo, warning that further postponements would have a "very negative impact".

"While this process runs its course, I appeal vehemently to the Kosovar people not to take any unilateral action, which would be very negative, and very damaging to the negotiations underway", Ban told a Lisbon news conference after meetings with senior Portuguese officials, who hold the European Union presidency.

His plea came on the heels of a suggestion by a top US official who called for a delay in Kosovo's sovereignty issue during a visit to Pristina.

"Any new postponement or delay of the issue will have a very negative impact", Ban said, underlining that Russia's opposition to Kosovo independence required a "wider, more strategic treatment" of the question.

The UN Secretary-General, speaking to journalists after talks with Portuguese Foreign Minister Luís Amado, said that European unity on the Kosovo issue was of the "greatest importance" to reach a UN Security Council resolution on the question "as quickly as possible".

He said Kosovo was a "one-of-a-kind" crisis that would not set a precedent for separatist movements in other disaffected regions, describing the situation as a major issue for consideration by the nine-day-old Portuguese EU presidency.

The UN is considering a plan for Kosovo's "monitored independence" during a transition period with the continued deployment of NATO forces, while the current UN mission turns over its responsibilities to the EU.

Serbia, backed by Russia, dismisses any talk of independence for its Albanian ethnic-majority province, a zone Belgrade considers the birthplace of its nationhood.

Before his talks with Amado, Ban met separately in Lisbon with Portuguese President Aníbal Cavaco Silva, Prime Minister José Sócrates and Defence Minister Nuno Severiano Teixeira, among others.

Ban Ki-moon later said he welcomed the priority being given to African relations by Portugal's European Union presidency, expressing his hopes that the EU will strengthen its ties with the African Union during Lisbon's leadership of the 27-nation bloc.

The UN chief said: "I greatly appreciate this strategic option. Relations with Africa are also top of my agenda…and I hope that it will be possible to tighten cooperation with the AU during the Portuguese presidency."

A key objective of Lisbon's six-month EU stewardship is to bring closer relations with Africa, primarily through the staging of a delayed summit with the 53-state bloc during December in Portugal's capital.

Originally planned for 2003 in Lisbon as a follow-up to the first Europe-Africa summit organized by Portugal in 2000, the EU-AU meeting has been delayed due to opposition from some European states to the presence of President Robert Mugabe at the event.

Besides discussion over the forthcoming Africa summit, the UN's secretary general said he had also used his talks with Portuguese leaders to "thank and praise the active involvement of Portugal in East Timor."

"We hope that the EU and Portugal continue to support Timor during its process of reconstruction and assist in overcoming the economic and social problems" in the new nation, added Ban. *TPN/Lusa*

US State Secretary Rice in Lisbon next week for talks with govt

US Secretary of State Condoleezza Rice will visit Lisbon next week during a tour of Africa and the Middle East for talks with the Portuguese government, which currently holds the rotating EU presidency, officials said.

Condoleeza Rice begins her Africa-MidEast tour July 16 with scheduled stops in Israel and the Palestinian territories. Washington's No. 1 diplomat will also attend the Africa Growth and Opportunities Forum in Accra, Ghana and also visit Kinshasa in the Democratic Republic of Congo, said a State Department spokesman.

The Middle East Peace Quartet, comprising the EU, Russia, the US and the UN, has a meeting scheduled for July 16 during Rice's tour and a Washington official, speaking on condition of anonymity, said this encounter could take place in Lisbon. *TPN/Lusa*

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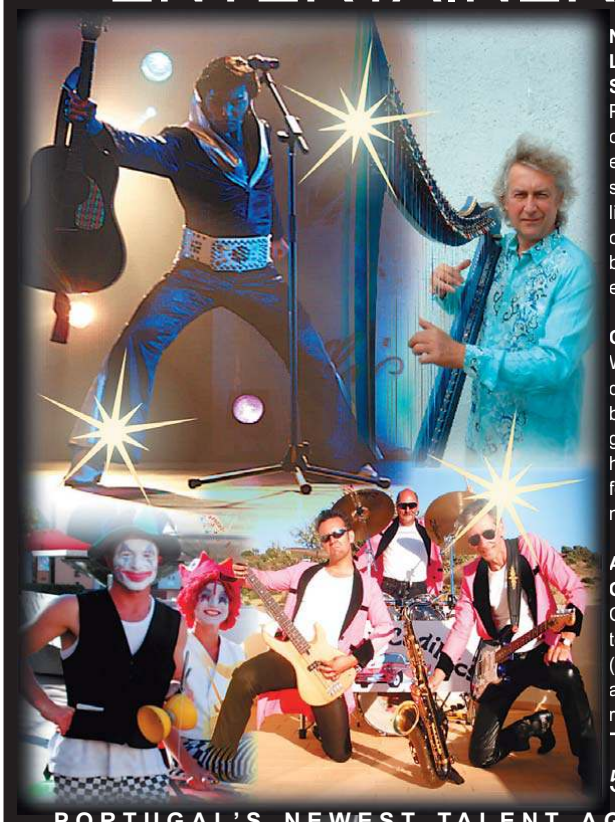

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Police keep Madeleine profile high

Portuguese police have this week been staging a series of interviews at the offices of the Criminal Investigation Department (CID) in Portimão. Among those questioned by police, were the only suspect in the case so far, 33-year old Robert Murat, and three friends of the McCann family.

Three friends of Kate and Gerry McCann: (from left) Rachael Oldfield, 36, Dr Fiona Payne, 34 and Dr Russell O'Brien, 36 who spent a couple of hours on Wednesday providing additional testimony to police in Portimão. (Photo: The Portugal News / Carrie-Marie Bratley)

Police questioned Robert Murat for over 15 hours over a period of two days, with their only suspect being released at around 18h00 on Wednesday afternoon.

His status as an 'arguido' or formal suspect, remains unchanged.

Mr Murat was contacted on Saturday after **The Portugal News** learnt he would be subjected to further questioning by police in the coming week. At the time, while reiterating he was not allowed to speak to the press, he denied knowledge of the forthcoming interview.

On Monday, police spokesman Olegário Sousa confirmed that witnesses, along with Mr Murat "could be taken in for further questioning the following day".

Mr Murat, along with his mother, live in a villa located about 100 yards from the apartment from where Madeleine was abducted.

The villa was comprehensively searched on May 14, the day on which Mr Murat was declared a formal suspect.

Sergey Malinka, a computer technician based in Praia da Luz, the village from where Madeleine was taken and a witness in the case, has, in comments to **The Portugal News**, revealed: "I have been told nothing by police of any interviews".

However, three friends of Kate and Gerry McCann, Rachael Oldfield, 36, Dr Russell O'Brien, 36, and Dr Fiona Payne, 34 spent a couple of hours on Wednesday providing additional testimony to police in Portimão.

Portuguese press reports indicate that their testimonies contradict that of Mr Murat regarding his whereabouts on the night of Madeleine's disappearance.

Commenting on behalf of the three friends, Rachael Oldfield said: "We are more than happy to help the police with their ongoing investigation. All of us want to do anything we can to help find Madeleine and re-unite her with her loving parents. I know that Kate and Gerry are grateful to the Portuguese people for their prayers and tremendous support."

But the day their friends were to appear before police started in the worst possible fashion for the McCanns when they were confronted by a reputable news agency that the body of their daughter could have been found at the Lagos Marina.

The deceased was confirmed to be an elderly gentleman who had died on his boat.

Gerry McCann said after the call: "It is very disappointing that this person did not check out the source of this rumour before contacting our representatives. Such calls and rumours are distressing even though we know if it does not come through an official source not to place much emphasis on it."

The McCanns also spoke of the increasing speculation surrounding the disappearance of their daughter and in some cases questioning their role as parents.

"We would like to give more information, especially about inaccurate and hurtful reports, but cannot for fear of prejudicing any subsequent court proceedings. The Portuguese police have made it clear to us that all witnesses should not divulge or discuss the information they have provided."

Gerry McCann also thanked Portuguese police, who this week confirmed that they had suspended their summer leave in order to ensure no stone is left unturned in finding the four-year old.

In a related story, British Prime Minister Gordon Brown has this week publicly thanked Portugal for its efforts in the search for Madeleine.

Speaking in London at a joint-press conference with his Portuguese counterpart, José Sócrates, Mr Brown said: "We are thankful for the time, effort and dedication that Portuguese authorities have devoted to the investigation".

Mr Sócrates, who met with Brown for one hour at Downing Street to discuss EU issues, reaffirmed Lisbon's full engagement in the investigation, saying authorities were doing their "best" in a case he described as "touching" both the British and Portuguese public.

In another development, Portuguese police sources told **The Portugal News** on the day Mr Murat was taken in for further questioning that they have "abandoned all international leads and are now once again centering their efforts on Praia da Luz", adding: "It is only natural to report that we now have the results of forensic tests in our possession".

EU, from p.1.

Speaking at Vilamoura where he had just unveiled the number of police reinforcements for the Algarve this summer, Home Affairs Minister Rui Pereira said: "Whether it is the GNR, and especially the PSP, there are obligations undertaken by the presidency of the European Union that demand a huge number of police resources".

However, Mr Pereira was quick to stress that in the event of an emergency, security forces are in a position to act swiftly in any part of the country, including the Algarve.

Admitting that the Algarve will this summer be mostly reliant on regional resources, the minister said that locally based forces are "Very good and will face any challenge with optimism".

But local officials remain unconvinced, and have reacted angrily to the news.

Chairman of the Metropolitan Councils of the Algarve, cautioned that the shortage of security forces over the summer could have negative effects on tourism in the region, especially in the wake of the disappearance of Madeleine McCann more than two months ago.

Macário Correia criticised the government for "once more" overlooking the Algarve, charging: "We have known for years that we would be assuming the EU presidency. It wasn't something that was decided 15 days ago", he said, saying the government should have anticipated the deployment of additional forces.

"The government has lost the opportunity to give people confidence", especially when the eyes of the world, and especially Britain, are on the Algarve, he argued.

"It would be intelligent that in the year that Portugal is exposed to international channels, due to a sensitive question of safety and security (the abduction of Madeleine McCann) that at least this year we would have seen reinforcement of resources and that we would be able to boast a full compliment of police forces".

The newly appointed chairman of the Algarve Tourist Board (RTA) was less critical of the cutback in police resources.

Speaking to **The Portugal News** on Wednesday evening, Dr. António Pina appeared to accept the Algarve being sacrificed in favour of the EU presidency: "The Algarve is part of Portugal and we have to understand the global needs. We would have liked policing to be bigger, but we have to be sensitive towards the image of national safety." Elidérico Viegas, chairman of the AHETA Hotel and Resort association also appeared willing to accept Lisbon's option not to deploy a full compliment of police forces to the Algarve.

"Crime in the Algarve has dropped, despite being more violent in nature", he told **The Portugal News**, adding: "But it is acknowledged that the reinforcement in summer policing is a condition that contributes to a reduction in crime. We will have to wait and see whether the shortage of police doesn't adversely affect dropping crime statistics.

"While we should understand the political reasons for the shortage, reinforcement of police forces are an essential component in ensuring safety in the Algarve".

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Prime Minister José Sócrates and the Minister of Economy and Innovation, Manuel Pinho during a visit to Mostra PorTI 2007 - Information Technology, Communications and Electronics at FIL in Lisbon on Tuesday. (Photo. Lusa / Paulo Carrico)

Ecofin meet focuses on IMF candidate, Cyprus and Malta entry to Euro Zone

Portuguese Finance Minister Fernando Teixeira dos Santos on Tuesday presided over a meeting of European Union counterparts that gave formal approval to the entry of Cyprus and Malta into the Euro Zone and that defined the profile of an EU candidate to head the International Monetary Fund.

On arrival at the meeting in Brussels, Minister Teixeira dos Santos praised Cyprus and Malta for the strides they had taken to achieve Euro status, expressing hope they would continue to follow policies of "budgetary discipline, macroeconomic stability and the strengthening of the competitiveness of their economies".

The two Mediterranean countries are to join the Euro Zone, of which Portugal is a founding member, on January 1, boosting its ranks to 15 from 13.

Teixeira dos Santos also told journalists before the start of the Ecofin meeting that he would press his 26 colleagues to move rapidly on finding a "strong candidate" for the post of IMF director-general, beginning with the definition of a profile.

"It is important that we begin to work immediately on this matter in order to have this strong candidate as soon as possible", he said.

The IMF's current director-general, Rodrigo Rato of Spain, announced last month that he would resign effective in October for "personal reasons".

The IMF is traditionally led by a European, while the World Bank's leadership goes to an American.

On Monday, as is the norm, Ecofin was preceded by an informal meeting of the Eurogroup, the 13 countries sharing the same currency, where French President Nicolas Sarkozy explained that due to the "deep reforms" Paris is planning France would likely only rein in its deficit in 2012, two years later than its original commitment.

Many ministers urged Sarkozy to respect the commitments made by his predecessors in applying "budgetary discipline" and respecting the Euro Zone's Growth and Stability Pact. *TPN/Lusa*

Life-long learning, professional training, Lisbon priorities for education sector

Strengthening policies of life-long learning and bolstering cooperation among EU members states in the areas of education and professional training are sector priorities of the Portuguese EU presidency for its six-month mandate, according to Lisbon's Education Ministry, the Lusa News Agency reported.

According to a document published on the ministry's online site Thursday, the Portuguese presidency will seek to "re-enforce the role of the policy of life-long learning", underlining its links to the economy, employment and citizenship.

This priority, the ministry said, aims to give a new impulse to the Lisbon Strategy, a scheme to make Europe the world's most competitive economy that was approved under Portugal's previous leadership of the bloc in 2000.

Education and adult training are one of the strategy's three "pillars", along with research and technical innovation.

The ministry said that education and training had gotten less attention than the other two dynamics over the last six years and that Lisbon would seek a new impulse for the sector in EU-wide discussions set for later this year.

€38.9 million EU support for the promotion of agricultural products

The European Commission has approved 23 programmes in 11 member states including Portugal to provide information on and to promote agricultural products in the European Union.

The total budget of the programmes running between one and three years is €77.7 million, of which the EU will contribute half. The selected programmes cover organic products, agricultural quality products (PDO, PGI, TSG), dairy products, poultry meat, wine, fruit and vegetables and honey.

"European Union farm products are unique in their quality and diversity" said Mariann Fischer Boel, Commissioner for Agriculture and Rural Development.

"In an open global market, we need to redouble our efforts to explain their benefits to consumers. It is not enough to produce excellent food and drink; we also need to get smart when it comes to marketing. EU programmes of this sort can really help our producers in an increasingly competitive world."

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Labour, welfare ministers aim to 'clearly map' strategic priorities

EU labour and welfare ministers ended two days of policy debates under Portugal's presidency last Friday, saying they had reached "very positive" results in outlining frameworks for increased block-wide cooperation.

The coordination of labour and welfare policies among the 27 member states was one of "the most important" instruments for progress in those sectors, the meeting's final document said.

The informal council of ministers, led by Portuguese Labour and Welfare Minister José Vieira da Silva, said the EU could attain the "double objective" of balancing stability with an increase in efficiency and coherence among the members states' differing policies.

"In this fashion, we will achieve a balanced, encompassing and more efficient framework to maximize the Lisbon Strategy", the final conclusions said, referring to the plan to transform Europe into the world's most competitive economy, a scheme approved under Portugal's last EU presidency in 2000.

The presidential ministerial "trio", representing Germany, Portugal and Slovenia, said they were committed to "improving the dynamic of policy coordination", namely in seeking to "clearly map strategic priorities and increase the efficiency of (working) methods" to obtain "positive results".

They reaffirmed commitments to promoting policies of "active aging" in a fight against early retirement and of "flexicurity" to combine more flexible labour laws with stronger unemployment, training and other benefits.

"Social inclusion", they said, was "essential" for any sustainable strategy of European development.

The two-day meeting in the northern Portuguese city of Guimarães, which witnessed demonstrations by protesting labour unions, was attended by 31 labour and welfare ministers, sector Commissioner Vladimir Spidla, the head of the Social Platform of NGOs, and the chief of the European Confederation of Unions. *TPN/Lusa*

TAP to axe 220 Portugália workers

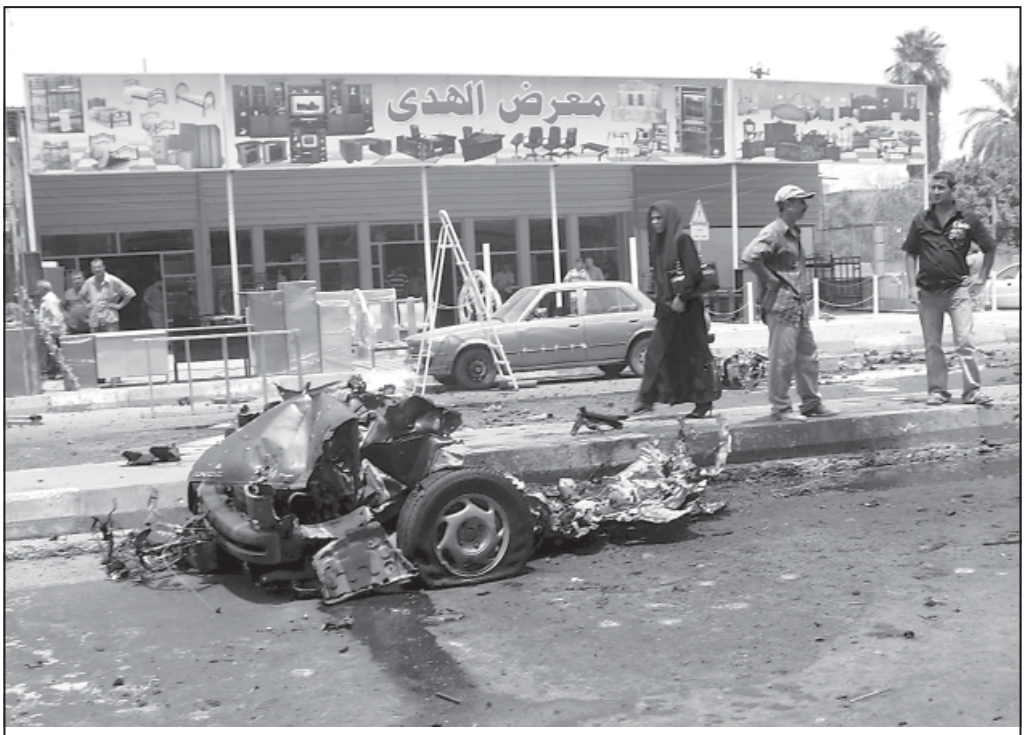
Portuguese national airline TAP Portugal, confirmed this week that it will be dismissing almost a third of the workforce at Portugália (PGA) airlines, the company which TAP purchased at the end of the month.

The TAP group confirmed in a statement that 220 of PGA's 746 workers will be dismissed, though 51 of these will be asked to work at other companies owned by the group.

TAP purchased PGA for 140 million euros at the beginning of last week.

The New York Times vs. Reality

The New York Times has been wrong on Iraq for so long that it has become a tradition, and they respect tradition at the Times. Its Monday editorial calling for an immediate US withdrawal from Iraq caused a great stir in the United States: "It is time for the United States to leave Iraq, without any more delay than the Pentagon needs to organize an orderly exit." But an "orderly exit" is not a real option any more, and in any case that is not where the logic of American politics leads in the short run.



"It is time for the United States to leave Iraq, without any more delay than the Pentagon needs to organize an orderly exit." The New York Times. Tens of thousands of people will probably be killed if they don't leave Iraq when the Americans do, from humble drivers and translators all the way up to senior political and military figures who are too closely identified with the US occupation forces. But given the current state of American opinion about Arabs and terrorism, the United States will not welcome Iraqi refugees today in the same way that it took in Vietnamese refugees thirty years ago. Seen here, Iraqis inspect the remains of a car at the site of a car bomb explosion in the Karada neighbourhood in central Baghdad on 9 July. Several people were injured in the explosion. (PHOTO: LUSA/EPA/Mohammed Jalil)

It would still be possible to get the 160,000 American troops out of Iraq without scenes reminiscent of the US retreat from the Chosin Reservoir in Korea (1950), let alone the British retreat from Kabul (1842). There would be embarrassing TV clips as jubilant Iraqi mobs looted the Green Zone, but the token British force in Basra and the US troops holding the supply lines up to Baghdad can still get out southwards via Kuwait, while the bulk of the American force could withdraw north to the friendly territory of Kurdistan and evacuate by air from there.

The problem is the collaborators. Tens of thousands of people will probably be killed if they don't leave Iraq when the Americans do, from humble drivers and translators all the way up to senior political and military figures who are too closely identified with the US occupation forces. But given the current state of American opinion about Arabs and terrorism, the United States will not welcome Iraqi refugees today in the same way that it took in Vietnamese refugees thirty years ago.

The US is already being strikingly less generous than European countries in accepting Iraqi refugees, while by far the greater part of the refugee burden falls on Jordan and Syria. But if the United States isn't going to save the collaborators (and it isn't, apart from a few high-profile names who know the US ambassador personally), their deaths will be the roadside counter-point to the eventual American withdrawal.

Gwynne Dyer

However, for all the drama in Washington as one high-profile Republican senator after another loses faith in the war, and all the theatrics in the US Congress about deadlines for "troop drawdowns," there will be no withdrawal of American troops from Iraq this year, and almost certainly not next year either. For the New York Times did get one thing right: President Bush's strategy now is to pass the problem (and the blame) to his successor.

"It is frighteningly clear," wrote the Times editorialist, "that Mr. Bush's plan is to stay the course as long as he is president and dump the mess on his successor." What he or she did not say is that most other political forces in Washington are content to go along with that strategy, even if they must publicly insist otherwise.

All political attention in Washington is now fixed on the November, 2008 election. That is already too close for a high-speed American withdrawal from Iraq to be forgotten before the voters go to the polls, so mainstream Republican opinion will back Bush's strategy down to 2009 even in the knowledge that it will ultimately fail. The alternative, an early withdrawal, is probably worse in terms of the election outcome in Congress. (I suspect that senior Republican strategists assume that the presidency is already lost.)

The same logic would dictate that the Democrats should push hard for an early withdrawal, in the belief that the distressing scenes that would accompany it would hurt the Republicans badly. But the Democrats lack the confidence to act on that belief. Indeed, they suspect that they will end up with a lot of the blame for the US defeat in Iraq no matter what they do.

If the Democrats forced a troop withdrawal now, the Republicans would accuse them of "stabbing America in the back." If the pull-out comes after they win the 2008 election, then the disaster will happen on their watch, and the fickle public will already have forgotten who really caused it. So — goes the prevailing logic in the Democratic camp — let's at least win the election before we get blamed for the mess.

If the Bush administration comes under really heavy pressure after the mid-September report to Congress by General David Petraeus, the US commander in Iraq, it may withdraw US troops to the various "enduring bases" it has built in Iraq and leave the locals to fight it out in the streets, but that is the most that is going to happen before early 2009.

God knows whether that means more or fewer Iraqi deaths in the long run, for the fighting in Iraq will certainly not stop when the Americans leave, and it's not clear whether the American presence is currently making the civilian death toll lower or higher. We can calculate that close to 2,000 more Americans troops will die by early 2009 in the service of these political strategies — or maybe as few as a thousand, if they are pulled back into the "enduring bases." And then, after the US election is over, we will find out what happens to Iraq after the Americans finally leave.

Gwynne Dyer is a London-based independent journalist whose articles are published in 45 countries.

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Winning party in Timor poll with less than 30% of ballots

The ruling FRETILIN party warned that it would "not abdicate" its right to form East Timor's post-election government, despite having fallen short of a parliamentary majority and facing a rival governing bid from a united opposition.

"With or without a majority, we will form the government", FRETILIN leader and former Prime Minister Mari Alkatiri told a Dili news conference. "Let this be clear: we will not abdicate our right to form the government".

The long-dominant party announced its stance, saying it was open to negotiating a cabinet of "broad inclusion", shortly after the National Elections Commission (CNE) released final provisional results of the June 30 legislative poll that placed FRETILIN in first place with 29% of ballots.

Four opposition parties, led by former President Xanana Gusmão's newly launched CNRT, announced Friday that they had formed a majority-based alliance to sideline FRETILIN and form a new government.

Alkatiri's party is expected to get at least 21 seats in the pruned 65-member parliament, while the four-party alliance should have at least 36, a narrow majority.

The former prime minister, who was forced to resign one year ago during a breakdown of the country's tiny security forces and a wave of communal violence, said FRETILIN had begun "contacts" by letter and telephone with opposition party leaders in search of a "government of broad inclusion".

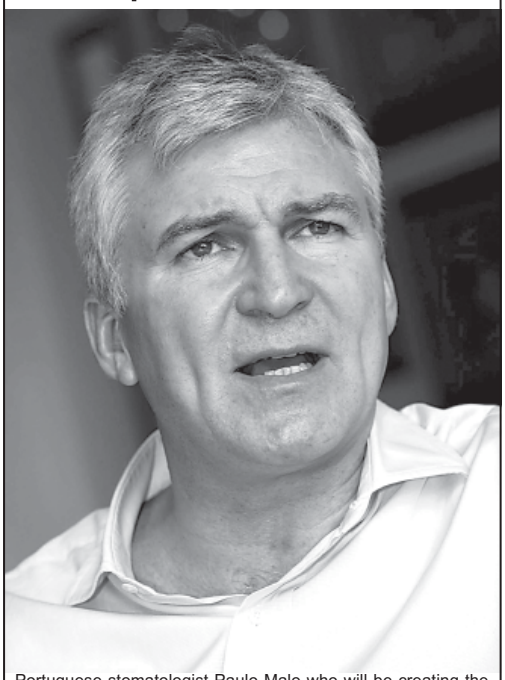
The CNRT had already replied, he said, declining to elaborate on the response.

"Naturally, stability is the most important issue at this moment, without ignoring the need to maintain democratic life", Alkatiri said, adding that his party awaited an invitation from President José Ramos Horta, a political ally of Gusmão, to tap a prime minister.

FRETILIN has dominated East Timor's political life since the country gained independence in 2002, after 24 years of Indonesian occupation, having won 55 of parliament's then 88 seats in the first legislative poll in 2001.

A group of FRETILIN youth activists arrived at the news conference as it was coming to a close, shouting threats against opposition leaders, especially Mário Carrascalão of the Social Democratic Party, one of the architects of the post-election opposition alliance. *TPN/Lusa*

World's biggest health spa for Macao



Portuguese stomatologist Paulo Malo who will be creating the "biggest medical spa in the world" in Macao. The spa, with an investment of 20 million euros, will be part of the Venetian complex and will open at the end of August. Paulo Malo told Lusa that the spa will occupy an area of around 20,000 square metres and provide various health care services plus check-ups which will take up to a day in an environment different from the usual doctor's surgery. The plan is to put Macao on the map of health tourism. (Photo: Lusa / Carmo Correia)

Angola says it will not retaliate against EU airlines over airline ban

European airlines will continue to operate in Angola, Foreign Minister João Miranda said, despite a European Union ban on Luanda flag-carrier TAAG for safety reasons.

"European airlines will continue to operate normally", Miranda told journalists, setting aside any possibility that the government could retaliate through "reciprocity" measures.

"This case is closed", he said in Luanda, adding that Angola would "wait until TAAG fulfills the required performance (standards) and in the near future resumes its flights" to Europe.

Despite Miranda's assurance, British Airways saw its license to fly to Luanda cancelled last week.

Meanwhile, TAAG has unveiled plans of new routes to destinations in China and the United Arab Emirates in a bid to attract passenger and cargo business following its banning last week from operating lucrative flights to Europe, company sources said.

TAAG spokesperson Agnela Barros told Lusa two new routes would be opened to an unspecified Chinese destination and Dubai, declining to give dates for the launch of the flights.

Angola's national carrier plans to use two Boeing 747 freight/passenger variants, currently operating to Brazil, on its new international routes, said Barros, adding TAAG expected cargo revenues from these services to surpass passenger receipts.

An EU-wide blacklisting against TAAG came into force last Friday after safety concerns originating in France during routine aircraft inspections. The Angolan airline flew to Lisbon, Paris and London before its banning from European airspace.

TAAG's six weekly return flights from Luanda to Lisbon are now being operated in partnership with Cape Verde flag flyer TACV via Sal International Airport in the West African archipelago. *TPN/Lusa*

São Tomé PM against any Mugabe ban at December Europe-Africa summit

Prime Minister Tomé Vera Cruz of São Tomé and Principe said Friday that he opposes any exclusion of Zimbabwean President Robert Mugabe from the Europe-Africa summit that Lisbon's EU presidency plans to stage in December, media reported.

"We know there are situations in Harare over which we don't hold the same point of view as the Zimbabwean authorities," STP-Press cited Vera Cruz as saying on return from an official Morocco trip.

But Zimbabwe's participation at the EU-AU summit in the Portuguese capital is "indispensable, as what we are dealing with is a continental affair between Africa and Europe, added the leader of the Gulf of Guinea microstate.

Declining to comment on Zimbabwe's internal political situation or its beleaguered president, Vera Cruz said he expected the December summit between the two blocs would have "relevant" results.

Portuguese Prime Minister José Sócrates told the AU's annual summit this week in Ghana that the Europe-Africa summit should be a "turning point" in relations between the continents.

Various media have cited Lisbon officials as saying Portugal's EU chair will extend a blanket invitation to all 53 members of the AU, which will then decide who to invite to the summit in Portugal's capital. *TPN/Lusa*

Investment by Portuguese firms in Angola grew threefold from 2004-2006

Investment by Portuguese companies in Angola more than tripled from 103 million US$ in 2004 to 330 million US$ in 2006, according to official figures.

Ahead of the Luanda International Fair that commenced Tuesday, where around 120 firms from Portugal are exhibiting, Lisbon's AICEP investments agency said there was "increasing interest by Portuguese firms in investing in the Angolan market."

Angola jumped from Portugal's 15-largest private investment destination in 2005 to sixth spot in 2006, representing nearly six percent of total overseas investment by Portuguese businesses last year, the AICEP said. *TPN/Lusa*

Bissau signs aid pact worth €85mn with UN

The government of Guinea-Bissau and the United Nations signed a cooperation accord Monday worth around 85 million euros and designed to provide urgently needed funds to bolster governance and combat poverty in the coup-prone West African state.

The agreement, involving Guinea's main donor countries and organisations, was signed in Bissau by Prime Minister Martinho N'dafa Cabi and the local coordinator of the UN Development Program, Michel Balima. Around 23 million euros has already been given by Bissau's main donors under the same accord via various UN agencies. *TPN/Lusa*

the-news.net

WEB

Web (INTERNET) noun [S]
the system of connected documents on the Internet, which often contain colour pictures, video and sound, and which can be searched for information about a particular subject:
(From Cambridge Advanced Learner's Dictionary)

If only creating a website was as easy as that

It all sounds so simple and straight forward doesn't it? Well perhaps it used to be, but it isn't now. Today's surfers are web savvy, demanding, and expect much more than a few pictures and words put together using a standard web site template.

Today's web site can put your company and services right into your clients home or business. It can deliver streamed video, virtual tours, take orders, and receive credit card payments, in fact there's not much you can't do via the web.

The only problem is finding the people with the skills to create sites with the sophistication today's surfers appreciate and demand.

That's where we can help. We have experts in design, Perl script, databases, flash animations, credit card platforms and many other skills. Not just in Portugal, but also in Northern Europe and India. Have a look at the Portugal News eNewspaper to see what our specialists can do.

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email webteam@the-news.net
Affiliated with **The Portugal News**

Summer Garden Party in Estoril

A Garden Party was held on a warm summer evening at the end of June at Quinta da Fonte, São Pedro do Estoril, the premises of the British Retirement Home. The co-hosts for the evening were the British Retirement Home Association, the WRVS, the Royal British Club and the British Charitable Fund.

One hundred and forty guests from the British and International Community were present and all raised their glasses to say farewell to the British Ambassador, John Buck and his wife, Jean, who are leaving Portugal after three years. The Ambassador also took the opportunity to propose a loyal toast to the Queen and the President of Portugal.

Good fun was had by all and special mention needs to be made of the delicious and copious food that was made by members of the WRVS and the British Charitable Fund.

The above-mentioned organisations can be contacted as follows: The British Retirement Home: www.brhportugal.com; the WRVS: Barbara Gray on 918702296; the Royal British Club: www.royalbritishclub.pt and the British Charitable Fund: Bruce Dawson on brolly@mail.telepac.pt.

Various guests at the Summer Garden Party

Explosion destroys Oeiras villa

A brutal explosion of unknown origins reduced an Oerias villa to ashes earlier this week. The 87-year-old proprietor had been holidaying with relatives in Montijo when the tragedy happened, and had coincidentally prolonged her stay at the insistence of her nephews.

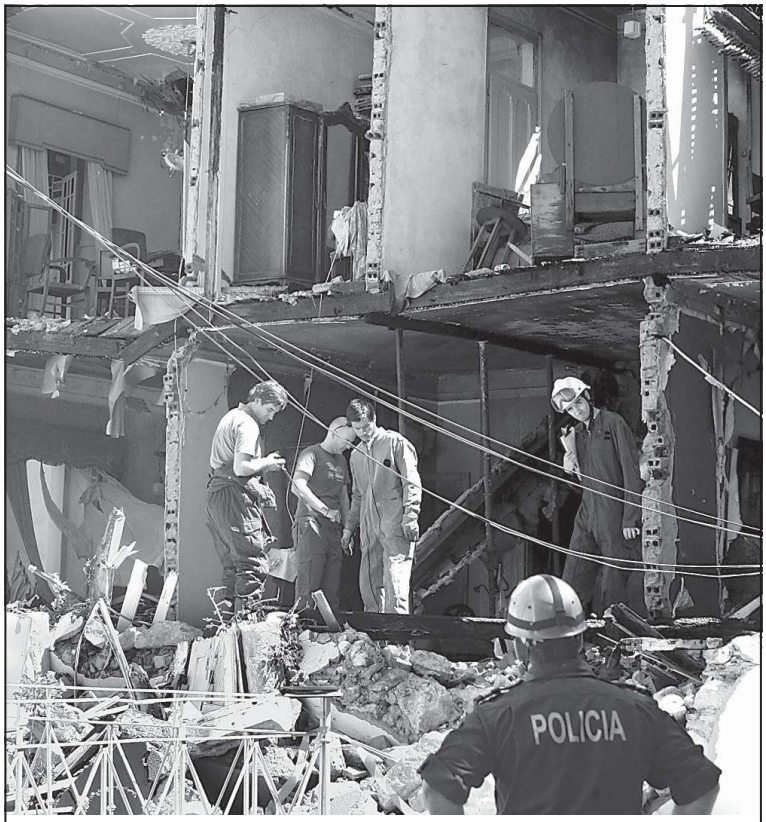
It could be a coincidence that saved the octogenarian's life as local fire-fighters who spent more than two hours fighting the flames described the scene as "a scene of destruction".

Police sources have suggested the possibility of a gas leak, though an investigation is still being carried out to determine whether or not this could have been the cause, as well as ruling out any foul play.

Reports confirm the blaze, which is believed to have ignited somewhere in the front part of the first floor, burnt down practically all of the walls and the flooring.

A number of personal items, including silver ware and religious artefacts, were salvaged.

Family members allegedly asked search and rescue teams to hunt down a safe supposedly located inside the house, though no signs of a safe were found.



A two-story villa destroyed in a residencial area of Santo Amaro in Oeiras. (Photo: Paulo Carrico / Lusa)

Thousands dive for development

The waters off Carcavelos beach, Cascais, were jam-packed with swimmers last weekend when nearly two thousand people dove in the sea to form a movement against poverty, part of a campaign organised by the United Nations named 'Development Objectives of the Millennium' (OMD).

'Development Objectives of the Millennium' was devised by 189 world leaders and defines eight strategic levels, to be competed in phases by 2015, which aims to combat world poverty, namely to slash extreme poverty and hunger by half, as well as control the AIDS epidemic, guarantee sustainability of the environment, and form a worldwide pact for global development.

This week Portugal, Italy and Spain signed a joint declaration vouching their efforts to help the cause, and each country nominated a beach for a collective 'Dive for Development', to mark the signings.

Portugal's 2000 divers of all ages raced to the water wearing a symbolic white T-shirt distributed by youth organisations to show their motivation and dedication to the OMD.

It is thought that collectively, Spain, Portugal and Italy notched up over 6000 participants in the dive.

SOS Village for Children honoured by Gulbenkian Foundation

For over 40 years 'SOS Children's Villages' in Portugal have been providing shelter and protection for orphaned children and children from dysfunctional families. Its efforts have recently been acknowledged with a prestigious prize from the Calouste Gulbenkian Foundation for Beneficence, which will be officially awarded to the institution on July 20th by the president of the Republic.

There are currently three 'SOS Children's Villages' in Portugal, in Bicesse. (Cascais), Gulpilhares (Vila Nova de Gaia) and Guarda, offering refuge to some 160 children.

The first SOS Village, in Cascais, was inaugurated in 1967 following an Austrian 'family refuge centre' concept founded in 1949 by Hermann Gmeiner as a response to the aftermath of the Second World War.

'Aldeias de Crianças SOS Portugal' is classified a IPSS institution, a private institution for social action. It will now receive a financial injection of 50.000 from the Calouste Gulbenkian Foundation prize, which also rewards innovative contributors to art, science, and education with prizes of the same amount.

The official award ceremony, which will be lead by Portuguese President Cavaco Silva, will take place next week, on July 20th, to mark the anniversary of the foundation's creator's death.

ENGLISH DENTAL SURGEON
Dr. Francis Haley
B.D.S.
(Guy's Hospital, University of London)

Av. 25 Abril, 184 – 1°C 2750 – 511 Cascais
Tel : 21 486 3012
http://clinic.cdhaley.pt

Saint Dominic's International School's Junior School production a huge success

A great time was had by all when St. Dominic's Junior School played to a sold-out crowd both Friday, June 29 and Saturday, June 30. This year's production was a musical based on Roald Dahl's "Charlie and the Chocolate Factory." The entire school had been busy working overtime to bring this extravaganza to life. Students and teachers alike have shown great commitment throughout the year preparing for this event. They have pooled their talents to produce a first-rate collaboration. Props, costumes, scenery, programs, tickets and posters were created and Senior School students were on hand to assist with behind the scenes activities including music and sound and stage lighting.

Under the careful eye of Ms. Sophie Tsonis, a Year 5 teacher and Director/Producer of the show, nothing was overlooked. Ms. Tsonis adapted the family-friendly tale and her new script stayed true to the story line of a poor young boy whose dream comes true when he wins a tour of a very special chocolate factory. The cast of 53 members had been rehearsing for months and their hard work paid off as the audience was charmed by their quality performances. The musical numbers showcased were full of energy and kept the spectators toe-tapping.

The audience members were glad they were "golden ticket" holders and had the pleasure of joining these talented junior school students in an evening to remember.

Grand Nordic Sales Bazaar
29th of September 2007
100% of profit for Charity

WE NEED OBJECTS FOR SALE
CAN YOU HELP US?

Moving from Portugal this summer? Do you have furniture or other objects that you prefer not to bring along but don't know how to handle the situation? Or do you belong to those that keep everything for eventual future needs and now lives in a house full of "stuff" that just fills up your space?

If your answer is *YES* to any of those questions, you should contact the Nordic Club! We now offer a possibility to get rid of big or small objects. And guess what? You might even gain something with your contribution. At the Grand Nordic Sales Bazaar we will sell your objects to the best possible prices, and split the profit 50/50 with you, whereas our part goes to charity in Portugal. Could it be better?

Of course we are also happy to receive your donations of Bric-a-Brac, but on bric-a-brac there is no 50/50 sharing. All goes to charity!

For further information, contact Elsa Ponte, phone 963 731 171, e-mail: elsacponte@gmail.com or Marianne Andersen, phone 919 280 570, e-mail: marianneapr@gmail.com

David Haines, João Carrondo and Faro inmates join forces for children

During their last two exhibitions David Haines and João Carrondo have been including the art work of the Faro prison inmates and have been promoting it exclusively. After recognising the prisoners' undiscovered talent, they made it their mission to show it to the rest of the world, raising proceeds in the process.

Backrow from left to right: Artist David Haines, photographer João Carronda, with inmates and artists Frank Wallings and João Paulo and prison director, Drª. Paula Quadros.

Their latest exhibition, in the Lagos *armazém*, raised another €135 to be put towards purchasing more art accessories for the prison. Delivering the money last week, the duo also took wooden frames, paper, and other art essentials so the inmates can produce more works of art for their upcoming exhibitions. A notebook filled with comments from visitors to the exhibition, regarding the prisoners' work was also handed over, so the inmates can see what members of the public think of their efforts.

Another new development in the artists'-inmates' relationship has seen them vouch to join forces in an exhibition for Easter 2008, which is hoped to be bigger and better than any before and from which 10 per cent of all proceeds will revert towards the Lagos children's charity NECI.

Summer league Bowls Algarve update

The Summer League reached an exciting climax last week at Parque da Floresta, where the final round of matches were played in very warm and still conditions.

Table toppers Alvor Larks played the VDL Wolves and continued their excellent season with a convincing 53-21 victory and more importantly all 10 points to seal the championship. The Alvor Doves had a tough match against the Albufeira Cats, however came out winners by 54-23 and by seven points to three to maintain their second place. Tavira Tigers have also had a very good summer season, but found the PDF Pirates in good form. The Pirates won by 43-22 and took all 10 points to improve their own position. Finally the Tavira Titans went down by 50-20 against the PDF Panthers, who swept all the ten points.

So this first Summer league title was won in convincing and deserving style by the Larks with 61 points, with the Doves in second place with 53. The Tigers clung on to third spot on 40 points and the Panthers finished in fourth with 38, followed by their stablemates the Pirates on 37 points. Sixth were the Titans on 36, with the Cats on 29 and the Wolves finishing on 24 points.

Everyone agreed that the competitive format and the friendly atmosphere of the competition made for an enthralling and interesting contest for all concerned. Many congratulations to the Larks and attention now turns to future activities planned by Bowls Algarve. There is a Summer break now until September when the prestigious double rink Cameron Cup takes place, closely followed by the start of the Winter League and the Algarve Championships which have been enlarged this year to include a separate ladies singles championship. There is also a new club league on a Thursday, to give a wider range of bowlers the opportunity to play a competitive format. Plenty for all bowlers to look forward to.

All bowlers enjoyed a fine meal after the games, kindly arranged by Janice and her staff at PDF. The presentations were then made to the winning team and the runners up and there were photographs to record a memorable day. Finally our grateful thanks to our sponsors Parque da Floresta, whose support and encouragement is deeply appreciated by all bowlers along the Algarve.

Alan Clarke League Director

The 2007 summer league winning team: Alvor Larks. Graham Worrall, Joan Worrall, Paula Montgomery, Mike Browning, Seamus Montgomery (Captain) & Jimmy Jones.

Birthday gift to Silves fire department

For many years Sue and Colin Hearn, who enjoy as much time as possible in their home near Carvoeiro, have supported the fund raising efforts for the fire department. To mark her special birthday, Sue asked her family, friends and neighbours in Eastleigh, Hants, to contribute in helping the Bombeiros instead of the usual presents. This worked so well that this week Sue was able to meet with senior officer Luis Simões and present him with a cheque for €1,587. These funds will be used to purchase protective clothing and equipment much needed for this summer's fire fighting efforts.

After the dreadful summer weather in the UK, Sue and her sister Shirley, will now enjoy the remainder of their current stay here in the beautiful Algarve.

sudoku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it.
There's no maths involved. The grid has numbers, but nothing has to add up to anything else.
You solve the puzzle with reasoning and logic.
It's fun. It's challenging. It's addictive!
Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

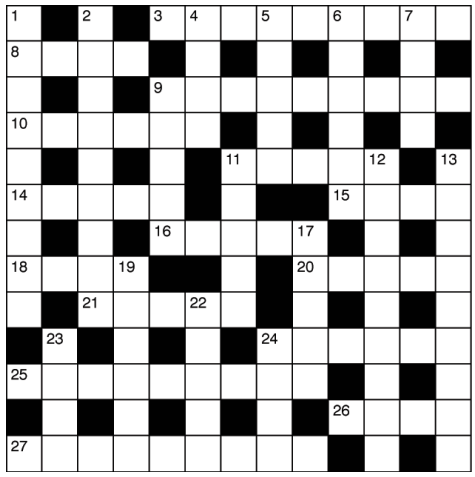
		9		8		3		
					5	6		
4	1							8
	5		7		6			
8								4
			8		9		1	
7							5	3
		6	4					
		1		2		9		

Last weeks solution:

3	4	2	1	8	6	7	5	9
1	9	7	4	5	3	8	6	2
6	5	8	2	7	9	4	3	1
4	8	3	5	2	7	9	1	6
9	2	6	8	3	1	5	4	7
5	7	1	9	6	4	2	8	3
2	1	5	3	9	8	6	7	4
8	6	4	7	1	2	3	9	5
7	3	9	6	4	5	1	2	8

For **tips** on how to solve Sudoku puzzles, browse the **forums**, go to www.sudoku.com

The Portugal News Crossword No. 150



ACROSS
3. Tendency to lie (9)
8. Enticement (4)
9. Boundary (9)
10. Again (6)
11. Sustains (5)
14. Periods (5)
15. Appear (4)
16. Banishment (5)
18. Calf meat (4)
20. Eye-protector (5)
21. Endures (5)
24. Shows contempt for (6)
25. Sorts (9)
26. At liberty (4)
27. Annoying (9)

DOWN
1. Aim (9)
2. By degrees (9)
4. Fencing sword (4)
5. Compel (5)
6. Drinking toast (6)
7. Matches (4)
9. Non-poetic writing (5)
11. Serene joy (5)
12. Technical drawing aid (3,6)
13. Stamped (9)
17. Bad things (5)
19. Lasso (6)
22. Sum (5)
23. Sport (4)
24. Fronded plant (4)

QUICK CROSSWORD SOLUTIONS No.149
Across: 1 Arch; 3 Stimulus; 8 Pour; 9 Sequence; 11 Abbreviation; 13 Sleepy; 14 Obtain; 17 Apprehension; 20 Obedient; 21 Data; 22 Mustered; 23 Cede.
Down: 1 Applause; 2 Crumble; 4 Thesis; 5 Mountebank; 6 Lingo; 7 Shed; 10 Jeopardise; 12 Inundate; 15 Agitate; 16 Chance; 18 Press; 19 Doom.

Algarveans put on their best show to date

Last week, amateur dramatics group 'The Algarveans' put on what was considered by many to be their best show to date at the Lagoa auditorium on 5th, 6th and 7th of July.

'Nobody's Perfect', a comedy by Simon Williams, saw four cast members undertake the daunting task of memorising two hours' script that entailed complex bantering and much to-and-fro-ing with painstaking precision and apparent ease.

Expertly directed by Lloyd Delderfield, the storyline told of a single-parent stay-at-home dad who under his homely exterior nurtures a passion for writing romantic novels. Daily life with his elderly, eccentric father and typical teen daughter Dee Dee provided colourful situations that had the packed audience in peels of laughter.

After sending in a winning sample of one of his novels to a women-only publishing competition based on life as a single parent and under a female pseudonym, the complications really started.

Assuming a phoney female identity, main character Leonard falls in love with the feminist editor, and, with the help of daughter Dee Dee and his dotty father, puts together a plan to claim the prize money and get the woman. But as with all good scripts things don't quite go to play and Leonard eventually has to come clean.

Throughout the play the cast of four kept the audience engrossed in the play with brilliant acting and clever lighting.

The result was undoubtedly one of 'The Algarveans' funniest and most intricate plays to date, well acted and very well directed.

From left to right: Diane Cantillonings (Harriet), Desmond Briggs Leonard), Laura Jane Martin (Dee Dee), and David Butler-Cole (Gus).

Algarve's top restaurants help needy children

A group comprising some of the Algarve's most prestigious restaurants has embarked upon what it describes as a "gourmet rally" to cater for the taste buds of its clients and at the same time raise thousands of euros for children's charities.

Jens Rittmeyer, head chef at the resplendent São Gabriel Restaurant in Quinta do Lago told **The Portugal News** that for the first time in Portugal diners will be able to taste the delights of five top restaurants all within the space of a few hours.

"We have grouped together to promote the best of the Algarve's restaurant trade. They do it in London, Paris and Rome. So why not here?," Jens said.

A prototype of what is expected to become a biannual event was first held in April when clients who regularly spread their custom across all five restaurants joined together to be welcomed with champagne at Gigi's Restaurant near to Quinta do Lago beach.

Having greeted each other and being suitably refreshed they were limousined down the road to the Casa Velha Restaurant where a selection of starters from crab tarte with fresh cod fish to piquillo peppersauce and basil were consumed with great relish.

Third-in-line for the connoisseurs was the Restaurant Florian in Vale Verde near Vale do Lobo. A second course consisting of grilled turbot served with potato mousseline, green asparagus and light beurre blanc covela heralded the main course at São Gabriel a two minute taxi drive away.

Awaiting them was a main course of Alentejo-lamb with thyme sauce, tomato gnocchi and artichokes accompanied by the best in Portuguese wines.

To round off what had proved to be a more than memorable occasion, the diners sampled the delights of the Amadeus Restaurant in nearby Escanxinas, where desserts of chocolate fondant with banana cream, puff pastry and red wine ice confect accompanied by vintage Tawny Port brought to an end what hopefully will be the forerunner to a long and successful run of gourmet rallies, designed to satisfy the appetite and provide local children's charities with much needed finance.

Such was the success of the April event that all five restaurants will get together at the beginning of September, when plans will be drawn up to organise the next gourmet rally, which is scheduled for November 7th.

For further information on the Algarve Gourmet Rally please contact Jens Rittmeyer on 289 39 45 21 or email him at jens.rittmeyer@web.de

Hilton inaugurates first unit in Portugal

This weekend the 75 million euro Hilton Vilamoura Cascatas Golf Resort & Spa will open its doors to the pubic. It will be the renowned chain's first hotel in Portugal, and one of the Algarve's most exclusive resorts.

The Hilton Vilamoura Cascatas Golf Resort & Spa will create employment for some 200 people when fully up and running, and employed more than 400 individuals during its construction.

Aiming to be one of the Algarve's main players in luxury tourism, the Hilton group has a second project currently in advanced phases that will be located in the sumptuous Quinta do Lago resort. Set to open in 2009, the project will operate under Quinta's 'six star' superior luxury banner.

Spread over four hectares, the Hilton Cascatas comprises a hotel, a vacation club, tourist apartments and a spa.

Made up of 154 rooms (141 high-end luxury) and 69 apartments, the hotel will be one of the region's most prominent, as will the spa, which is reported to be the biggest spa in the country and one of the largest on the Iberian Peninsula.

Tickets on sale for Nelly's concert

Tickets for Nelly Furtado's upcoming concert in the Albufeira Municipal stadium on July 27th have been placed on sale this week.

Luso-Canadian Nelly has become something of a national mascot due to her Portuguese heritage. Her latest album 'Loose' sold over five million copies, which leads organisers to believe the concert will be a sell-out. Those fortunate enough to get their tickets will hear Azores-born Nelly perform a repertoire of her most famous songs, including 'Promiscuous Girl' or 'Maneater', 'I'm Like a Bird' or 'Força', the national anthem of the Euro 2004 Championships.

For more information, call (+351) 289 599 647, www.cm-albufeira.pt, or: www.albufeiraemfesta.com

St. Andrew's Society are holding a quiz evening at Porches Pottery on Saturday 28th July.

There will be a cold buffet 6.30pm for 7pm

Please phone Cathy on 919635246 as soon as possible as numbers are limited.

Oo-Boop-I-Do head for the hills

Following their extraordinary performance in the Lagoa auditorium last month, which had the packed venue tapping their feet all night long, the fabulous ten-piece 20's Hot Dance Orchestra is to liven up the Arte Viva Festival, which will take place this weekend in São Brás.

On Saturday June 22nd 'Oo-Boop-I-Do' played a full night of their catchy, lively, and highly infectious music, the best of the 1920's and 1930's.

With much banter and witty humour between songs, the audience was treated to an animated trip down memory lane with renditions including the Charleston, the Black Bottom, and other '20's favourites. Those who missed 'Oo-Boop-I-Do' at the auditorium will have a chance to see them in São Brás on Saturday July 14th, at approximately 19h30. For more information, see website www.amigos-museu.sbras.org.

New tourism office inaugurated in Praia da Rocha

Last weekend, Praia da Rocha's latest acquisition, an information bureau aimed specifically at tourists, was inaugurated by the Minister of Internal Affairs.

The bureau will provide visitors with information and police assistance and is the result of a €100,000 investment on behalf of Portimão City Hall.

Baby Braveheart Foundation

Reagarding last week's report on the 'Baby Braveheart Foundation', we would like to rectify that baby Benjamim Rafael passed away on 2nd June 2007, not 2006, as reported. We apologise for any inconvinience this may have caused.

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E-mail; lagos@thomasgreen.pt
Website; www.thomasgreen.pt

Easy To See, Easy To Find!
Come into Lagos on the EN125 (from Portimao) past MacDonalds, take second exit off the Boat roundabout. We are on the right opposite the Tourist Office.

The Algarve Airsports Spectacular makes Guinness!

After a long wait due to incoming traffic at Faro airport, air-space clearance was finally authorised for the day's main and most highly anticipated event to take place; an attempt to smash the previously-set record for light aircraft flying simultaneously in formation. And the wait was worth it!

History was made last Saturday as light aircraft, including micro-lights and ultra-lights, flew together from Sagres, over the Lagos aerodrome, where they tightened into formation to steal the previously set title, entering the Guinness World Book of Records in the process.

Hundreds of people made their way to the aerodrome and most stayed the whole day to witness the event. Queues up to 20 people long waited patiently to purchase their tickets for a ride on a Harley or in a microlight, so many in fact that the flights had to go on until dusk.

It was past 17h30 when the Guinness attempt finally took place, initially having been scheduled to take place mid-morning. Even so, families and individuals waited without complaint as the many other activities kept adrenalin levels high (aided by cool beers, good food, and icy Slush Puppies!)

There was much merriment under the shaded tent, where most people lingered throughout the day, with the exception of when the breathtaking model aircraft display was held and dwellers rushed out to get a front-line view.

Nearly 200 people took part in **The Portugal News'** reader's competition, all hoping to be the lucky winner of an hour-long flight in a Microlight.

And the lucky winner was holidaymaker Mr. Brian Gough,

Hundreds of people made their way to the aerodrome and most stayed the whole day to witness the record breaking event.

Debbie Santos and Marilyn Holmes from The Portugal News with event organiser Philip Gilbert who helped pick out the lucky winner of an hour-long flight in a Microlight: Brian Gough.

Queues up to 20 people long waited patiently to purchase their tickets for a ride on a Harley

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who despite retuning to the UK on Wednesday made time in his hectic tourist-timetable to enjoy the fabulous prize and unique views of the Algarve.

It was an unexpected surprise for the holidaymaker, who said, "It is a fantastic prize. Brilliant."

Children had a fantastic time watching the planes take off and land, and larger children fulfilled their dreams of riding up and down the aerodrome's runway in a classic car or on the back of a Harley.

Food was delicious, and the up-beat music was enjoyed all day long, courtesy of Kiss FM's resident DJ, Marc Damon.

An added bonus was the beautiful weather, which whilst slightly windy was hot and dry, offering perfect flying conditions.

All in all, the Airsports Spectacular was a resounding success, which easily surpassed all expectations.

Ten per cent of the takings will revert to two local charities, the Lucinda dos Santos orphanage and the Lagos firebrigade.

Classic car exhibition.

Ten per cent of the takings will revert to two local charities, the Lucinda dos Santos orphanage and the Lagos firebrigade.

Open-Air Art Festival in Monte Vale d'Eguas, Almancil

The summer is here and what better way to spend two glorious days than enjoying an afternoon full of art, music, and surprises. On July 21st and 22nd, from 16h00 – 22h00 the open-air art festival promises to deliver just that.

Under the shady trees of this historical 18th Century estate a colorful presentation of the Algarve's cutting edge painting and sculpture will take place.

This unusual contrast will stimulate culturally interested visitors of all ages and nationalities. Another attraction is the appearance of various jazz musicians including the Ben Stapp and Wenzl McGowen quartett.

Monte Vale d'Eguas is an unusual and expansive old *quinta* located next to the Apolónia supermarket in Almancil. It comprises a swimming pool, stables, several garden refreshment areas with different atmospheres, an old chapel and even a quaint gallery, set into large old trees. Here all kinds of artists and musicians find the right area to exhibit or perform.

The two afternoons promise to provide relaxation, entertainment and fun for all while introducing visitors to the diversity of the Algarve culture scene. All senses will be appealed to including taste, since special culinary surprises await hungry culture-seekers.

This non-commercial event allows artists to show their work in a distinguished background, where the emphasis is on art enjoyment. The musical presentations will contribute to make this event a memorable experience.

These two days are a celebration of all forms of 'art' illustrating, yet again, the wide diversity that is accessible to all of us that live and work in this magical place.

For further information, call: (+351) 960 177 469. Prices are three euros per adult, children are free, and there is ample free parking.

This non-commercial event allows artists to show their work in a distinguished background, where the emphasis is on art enjoyment.

Another attraction of this open air festival is the appearance of various jazz musicians including the Ben Stapp and Wenzl McGowen quartett.

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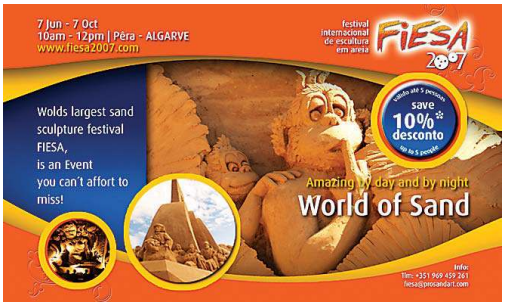

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TOFFS Away at Aroeira Golf Course 2

The TOFFS Golfing Group from Estoril continued their round of visiting the local Golf Clubs by playing at the Aroeira 2 Golf Course on the 25th of June.

All members were suitably impressed by the course condition, particularly the front aprons to the greens and the adjacent areas, and maybe this contributed to the good scores returned by the players.

The winner eventually turned out to be Max Zimmerli who was closely followed by D McIvor and B Buxton who each scored One Stableford point less.

A convivial lunch at the Club House convinced any of the golfers who had not played well that there were good reasons to maintain their membership of the Toffs who all look forward to the next event to be held at the Penha Longa Course.

Brenda Leitao

Members of the TOFFS Golfing Group from Estoril.

1st East Algarve Open Mixed Foursomes

The 1st East Algarve Open Mixed Foursomes took place at Benamor on Monday 25 June when 48 competitors competed for a Salver.

The Scratch competition was won by Danny MacDougall and Dottie Powell the Lady Captain from the home club the Golf Club of Tavira with a 76.

The runners up were Tony McHale, Club Captain and Carolyn Wright with a gross 80.

The Handicap winners and winner of the Salver were Les and Carol Emery with 37 points also from the Golf Club of Tavira and the runners up were Mike Hassid and Margo Fletcher from Pinheiros Altos with 36 points.

In addition to the home club six other clubs from across the Algarve were represented. At the prize giving Tony McHale thanked all participants and expressed the hope that in 2008 the entry would double as mixed foursomes became more popular in the Algarve.

(ltr) Tony McHale (Captain) Carol Emery & Les Emery (winners) and Dottie Powell (Lady Captain).

Rotary Club of Loulé raises €12,500

The 7th Charity Golf Tournament organized by the Rotary Club of Loulé (Algarve, Portugal) on June 30th, 2007 at the São Lourenço Golf Club in Quinta do Lago (Algarve) once again turned out a great success.

Thanks to the participation of 70 players, the generous support of numerous sponsors who gave financial support and superb prizes for the winners, and last but not least the excellent organization of the tournament under the leadership of João Paulo Sousa, the Rotary Club of Loulé's incoming President for 2007-2008, the net proceeds of the event have reached a total of €12,500.

During the installation ceremony dinner on Monday July 2nd at the Tivoli Marinhotel in Villamoura, the Director of the Casa da Primeira Infância de Loulé, Comandante Silva Gomes, was handed a cheque for €5,000 to help finance a new playground for the children. A second cheque for €5,000 was handed over to Artur Almeida e Silva, Governor of Rotary District 1960, for the Portuguese Rotary Foundation. The remainder of the proceeds will be used by the Rotary Club of Loulé towards other identified needs in the local community.

In the name of the members of the Rotary Clube de Loulé and of the beneficiaries of the funds, thank you to all participants, supporters and sponsors.

João Paulo Sousa, Rotary Clube de Loulé President 2007-2008

RBCGS Members fought for the Rankin Brothers & Sons Trophy

Thirty two RBCGS golfers gathered at the Estoril Golf Course on the 6th June 2007 to compete for the Rankin Brothers & Sons Trophy for the 11th year running.

The golfers also played for the D'Arcy Orders Cup awarded for the best Gross score of the day.

The following day some 55 Members and guests travelled to Quinta Nova where Ewan and Karena Rankin kindly opened their house for the occasion. Drinks were offered in abundance and a superb lunch was served in the dining room of this beautiful country house.

Ewan surprised the Society by generously replacing the old Rankin Brothers & Sons Trophy with a splendid new one.

Ewan and Karena Rankin presented the beautiful Trophy to the lucky winner Miranda Thomas who scored 67 net and also won the prize for the Nearest to the Pin for Ladies.

Prizes were also awarded to Fernando Duarte 2nd with 70 net, Eddie Leitão 3rd with 71 net, Ron Goddard 4th with 72 net won on a count back from Hans Ludolphi 5th and Teresa Negrão 6th with 73 net won on a count back from Margot Zimmerli, Fathi AlKhadra and Peter Rydin. Pat Potier won the cowbell and Margot Zimmerli won the Newstead Cup. The Nearest to the Pin for Men was won by Mark Dawson. The Guest Prize was awarded to Karin Dekker and the Captain's Prize to Peter Rydin .

Thanks to Karena's imagination and care all the winners also received a beautiful Alentejano ceramic dish on which an Alentejano is shown putting a hole while his Alentejana wife holds the flag containing the number of the prize.

D'Arcy Orders currently organising a grand and memorable Banquet celebrating the 50th Anniversary of the Cambridge University Heraldic Society on the 9th of June sent his regrets for not being able to be present to award his Cup to Ron Goddard who, once again, won the Prize for the Best Gross of the day with 78.

(from top left) The winner of D'Arcy Orders Cup Ron Goddard, Graciete Gibbon captain of the Society, Ewan Rankin Sponsor of RB&Sons Trophy, Fernando Duarte runner up, winner Miranda Thomas and Eddie Leitão 3rd.

RBCGS Members and the Victoria Seguros Cup

On the 4th July at Estoril Golf Course the Victoria Seguros Cup was disputed by 33 RBCGS golfers who were permitted to play with 4 clubs and a putter only.

The reduced number of clubs obliged the competitors to carefully plan their game to be able to achieve the same scores that they would expect from their 14 clubs. The players did very well as a significant number of competitors produced good results.

Derek McIvor showed that his choice of clubs was perfect by winning the Cup with an astonishing 37 points. Good planning Derek!

Good scores were also achieved by Peter Rydin 2nd with 36 points, Henk Itzig Heine 3rd with 34, Ewan Rankin 4th with 32 points, Chris Goulding 5th with 31 points won on a count back from the captain Graciete Gibbon 6th. Teresa Muhlenbeck won again the prize for Nearest to the Pin for Ladies. Ewan Rankin also won the prize for Nearest to the Pin for Men. Hans Muhlenbeck won the cowbell and Isabel Nygren the Newstead Cup. The Captain's Prize was awarded to Richard Evans.

Members are now looking forward to the Vigia Trophy to be held on the 1st August at the EGC followed by the prize-giving lunch at the very pleasant Club D.Carlos at Guincho.

For more golf news, see page 64.

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letters to the editor

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Amnesty International and Portugal's EU Presidency

SIR, In reference to your article dealing with Amnesty International's exhortations for the forthcoming Portuguese Presidency, Dick Oosting's disingenuous sanctimony travesties any concern for Human Rights globally.

His tack on the 'CIA Rendition Saga' is that Europe should be 'purer than the driven snow' in order to morally 'blackmail' the USA, Russia and China over HR violation far more egregious than those contained in his impugnment of the generality of European nations. I don't think any of these powers were ever impressed by Europe's portrayed innocence in the past. The latter two powers are bent on rapid economic development; they will simply repress all those who through word of action, appear to be impeding this drive. Furthermore, if Europe did go to the 'Confessional' as insisted upon by this man, wouldn't these 'culprits' simply say – 'Well you yourselves have been 'naughty boys' haven't you?'

These Human Right lawyers without any evidence, insist that European authorities must have been privy to, if not complicit in, alleged CIA HR violations simply because that organization traverses Europe along with the rest of the globe. Dick Oosting says in effect that Europe should accept responsibility for the CIA's 'past and present illegal activities in Europe', simply on the basis that if violations occurred in European space', then Europe must have known about them.

Has anyone wondered why these Human Rights lawyers are so persistent in their efforts to approximate the sins of the CIA within European jurisdiction or are so assiduous in implicitly unburdening the CIA of culpability and placing it squarely with Europe? It couldn't just be that Europe is a signatory to a treaty to which the USA isn't, could it? One which enables victims of HR violations to pursue claims for damages in those jurisdictions that have been in breach of HR law – no doubt with only a civil standard of proof required? I suspect that the crusade mounted by these people, is not an altogether disinterested one…they stand to earn considerable fees do they not? – at our expense! It's noteworthy that the two member states alleged to have hosted CIA 'torture chambers' – Poland and Roumania – have lost any 'priority' they once had. Hardly surprising! They're indigent. Flights in and out of Prestwick look far more promising!

J.A. RUST, Figueira da Foz

Reply to the Herringtons

SIR, In part answer to Tony and Lois Herringtons' letter, NO religion should have anything to do with the day to day life of any country. The UK is a secular society not a Christian one. Religion has no place in schools in any shape or form other than in the teaching of historical events affected by religions. Christians throughout the ages don't exactly have a good track record on peace and tolerance and Christmas was a purely Pagan celebration until hijacked by Christians. Neither a Christian nor a Muslim nor a Hindu should have any say on how any of us live our lives or behave and quite often those who say they are a devout follower of their faith turn out to be yet one more hypocrite. Just look at many Portuguese and how they say they are devout Catholics, but still indulge in activities strictly forbidden by their faith!

All religions should keep themselves to themselves and not preach to the rest of us with more sense than to believe in a load of stories and myths. Religion is given far too much respect when it deserves very little, if any, for what it has inflicted on the lives of many over the years. If you want to believe in Christianity that is your free choice, but I don't want to receive literature from any religion thank you very much. I certainly don't want the UK to be known as a Christian society, as I also don't want it to be known as part of the European Republic of Islam.

NAME & ADDRESS SUPPLIED

The "Purity ring"

SIR, This issue, amongst others, raised by the Herringtons in your edition of 20.06.07 brings to mind a slightly bizarre episode during my school days some time in the late forties.

At the girls' school next to ours, about two meters away, it was decided that young ladies of exceptional merit should be distinguished by being allowed to wear a sash. What the grounds were for this distinction I cannot remember, but the sashes were referred to as "girdles" and the victims were called "girdle girls".

And then, golly, gosh, cripes, some unprincipled cad spread the word that these girdles were only awarded to virgins and they became immediately unfashionable. Funny place Enfield..

Heretically yours,

ALAN THOMAS, Paço de Arcos

High on EU agenda Energy

Has Minister of Economy Manuel Pino (ref. News in Brief p. 4, 3 June 07) taken into his understanding all the facts about the supply of electrical energy, right up to the point of use, and the most efficient use of same. Energy is lost when electricity is transmitted over long distances, and traditional power stations only capture part of the calorific value of their fuel. The waste heat is usually sent up the chimney and into the atmosphere or out to sea. More than 60 per cent of the total energy can be lost at the power station, and 3 to 4 per cent is wasted during transmission.

The alternative is forms of "distributed energy", from microgeneration, such as solar panels, photovoltaics, and wind turbines for individual houses, to medium sized combined heat and power plants that supply close sited factories, hospitals or housing estates.

If the EU connect all electricity generators to all the countries distributors then Portugal may be supplied electricity from France - a long way!! Would we pay for the power supplied or the power delivered? Two per cent of wasted energy could make turning on the light a major financial decision in a lot of homes.

If all the south facing roofs of Lisbon had photovoltaics placed on them and the power was used by people living beneath, it would be cheaper and a lot less damaging to the environment.

JOHN STRINGER, Venha da Rainha

THIS WEEK'S LESSON IS ON PAGE 26

Reply from the Herringtons

SIR, In reply to Guva Jobb (July 7), we stated clearly in our letter (June 30) that we were writing about the situation in Britain. Thankfully there appears to be no discrimination in the Algarve against any religious or people groups, and long may this continue.

Shame on you, James! You have gone down in our estimation following your letter (July 7). How can you, who so often in these pages has written in support of your faith 'outside the confines of Sunday morning services', say that Christians need not bother to 'rise up and take back their country'?

To respond to Glen Hague (July 7), we are not asking that Christians have privileged treatment, just that they should not be discriminated against. The cross and the ring are jewellery, but so is the Sikh bangle. The gays were allowed to distribute leaflets advertising their lifestyle, but the Christian pensioners were questioned by police for doing the same.

Mr Hague himself states 'we live in a ... society where everybody is entitled to live ... free from ... persecution'. That is what we are asking, that Christians should not be persecuted, or discriminated against, in their own country for unashamedly proclaiming and living out their faith within the confines of the law.

We are not encouraging fellow-Christians to hate anyone. Jesus not only told us to love our neighbours but also our enemies. He also said that the mark of a disciple was his love for his fellow man.

Standing up to the establishment, which Jesus did when necessary, is not an incitement to hatred. It is a call for the restoration of the Christian standards of love, compassion and consideration for our fellow men, exemplified by Jesus Christ. Our call is to encourage practising Christians to stand up for their beliefs instead of allowing them to be continually eroded.

TONY AND LOIS HERRINGTON, by e-mail.

Save Portimão

SIR, It seems there is one big question in the world to day, that is, do we want clean breathable air, or do we want air thick with pollution, and all the health problems that are associated with pollution, and of course profit? The follow on from this is greater pressure on the health service, but there is a bigger question than this. What takes priority in the governments of this world, to make money, or to make this a world, this country, a better place to live in, and to care about and be proud of? Not just for our selves but for generations to come. So will some one, any one, please explain to me, why, the Portuguese government are saying we have to cut carbon emissions, from the burning of carbon fuels. Before every one grabs for their pens, I am in favour of reducing carbon emissions, having been born in the greater dirty city of London, I have seen and experienced it at its worst SMOG. So after all the shouting from government about cutting emissions, are they now telling us that they want to build another airport close to Portimão, and to top that next to a racing circuit. I am by no means the brightest bulb on the Christmas tree, but this I did not need to look up, that airplanes and racing cars burn carbon fuels, and a lot of it. Why not make a first rate job of it, build another airport and racing circuit near Sagres, with the three, you the government, should be able to pollute the whole of the Algarve evenly. I came to live in the Algarve not for just the weather, but also because of the Portuguese people and the clean clear atmosphere that comes from a none commercial area such as the Algarve. I ask the government to go out and not to just speak to the people that come to the Algarve, but listen to them as well, as I do. The further you move along the coast the type of person and the things they are looking for are different, the further away from Faro you go the cities and the towns get quieter. Some seek the noise and excitement of Montechoro, others seek the more tranquil place beyond Portimão. You have a first class road structure from faro going west. It is not the trip from Faro to say Albufeira, it's the travelling from one hotel to apartment to hotel and on that is the problem. People that seek the quieter holiday don't worry about travelling, the money that would be used for the airport why not invest that money in smaller electric coaches, clean for the environment, and less drops at the hotels/apartments, and a few more jobs for drivers. I say to all the government officials stand up and say we want to be leaders not followers, lets not do what every body else does, lets do some thing different, and some thing Portugal, its leaders, and its people can be proud of, and hold our heads up to the rest of the world.

The last thing I have to say is the noise. Any one that has stayed at the hotel under the flight path in Madeira will know what I mean. I lived under the flight path of Heathrow. Can you imagine on race day Mexilhoeira Grande with the cars going full belt and the planes screaming over head, it depresses me just thinking about it.

KEITH BASHAM, address supplied

A true lover of Portugal (at the moment)

Behind closed doors?

SIR, I'm sure Glen Hague (Jul 7) considers himself very fair minded when he defends the rights of Christians to preach the Gospel provided, of course, they keep it behind the closed doors of a church. Gay propagandists, however, he says, should have free access to children in schools and any attempt by Christians to impede this is seen as " hatred". He judges Christians for judging, and even quotes Christ in doing so.

Next, Guva Jobb illogically sides with both gays and Muslims against Christians. Doesn't Guva realize that, should Europe become Eurostan, it won't go well for those same gays.

Hague and Jobb are classic examples of the relativism I mentioned last week. Relativism, with absolute certitude, insists that we can't have absolute certitude in ethics or religion (nobody ever disputes the principle when it comes to money, five bucks is always five bucks at the bank).

Relativism is self-refuting fuzzy thinking and has no place in an argument trying to arrive at truth.

Christianity is hated today because it dares to base its arguments for God's existence and the Person of Christ on reason and historic fact, not opinion, myth or superstition. The relativist would like to keep us confused and unsure of our destiny. Thank you,

JAMES ROSS, by email

Grátis

SIR. Last week I purchased some 1.5 litre bottles of ´7 up Light´ at 1.09 Euros a bottle - the going rate for several years in various supermarkets. I also visited Intermarché and found them selling 2 litre bottles of the same including half a litre free. At home I checked the till receipt and found I had been charged 3.95 Euros a bottle. When I pointed this out to the store their attitude was uncooperative.

It appears that Intermarché has invented a new coin. It´s called a "gratis "and is worth 2.86 Euros. Buyer Beware.

RICHARD BEVAN, by email

Circus

It is that time of the year again, the 50 or so posters en-route are the clue. The Circus is in Town! Passing by on the edge of Lagos at 9am, not too hot yet, just in sight lay two lionesses in cages (tin boxes) slightly twice their size. By 1.30pm the temps are now 30-40+ in the box I imagine, still they just lay there. That night they have the treat of being let out into the ring while folk pay money for misery.

When will the local councils say No to Animal Circuses, in Portugal and elsewhere?

Ironically that night on TV a whole evenings programme devoted to saving the species in the wild. How about these beautiful creatures condemned to captivity in a travelling hell, all over Europe. No more I say, do you agree?

JENNIFER JONES, by email

Legacy?

SIR, It would seem that those of us who were ready to regard Blair as a spent force should think again.

During his reign he has, in a breathtaking abuse of power, used the British to provide important, if not vital, support for one of the ugliest groups of human beings ever to come together for a common purpose, since The Third Reich or Madame Tussaud. The Neo-Con ´elite´, having publicized what amounts to their manifesto in the PNAC, have made no secret of their intention to obey no law, nor adhere to any principal, that might restrict their ambition to dominate the planet and all its occupants, and in this, Tony's dedication as the squad leader of the 'coalition' of the sycophantic, opportunistic and the faint-hearted was highly valued. He also helped cancel-out the past victory of the American people when they prevented Neo-Con safe-distance-warriors from continuing to indulge their sick fantasies in Vietnam.

Apart from pretty pink rhetoric, his achievements so far include, widespread slaughter, mutilation, destruction and ecological contamination, and in line with ideas on Chaos it could be that Tony's small puffs of 'pre-emptive' hot air will result in a future global storm. Adding a worldwide arms race to our other extravagances will obviously contribute such a massive increase in global warming that, however diligently we may sort our garbage and switch off our TV stand-by lights, we may not survive.

To many, Blair's new job as Middle Eastern Peace Envoy is as surprising as if rather than having thrown Dr H Shipman into prison, he had been appointed director to Help The Aged. But then of course, in line with the Neo-Cons stated intention to create enough terrorists, to justify their perpetual war, his appointment might, like the knighthood of Salman Rushdie, be more in the nature of a provocation than an attempt to 'do the right thing' in the old-fashioned sense.

T.TAYLOR, by email

Missing Skirts

SIR, Norman Walker is right about the strange obsession women of all ages have had with trousers and jeans. Teenage girls always wanted to look different (usually by all looking the same) and although there was no way they would be seen *dead* in what Mum and Auntie Maude were wearing I remember a period when they opted to copy what their grandmothers had worn a couple of generations earlier. And so the wheel of fashion continued to turn, though not always for the better.

I had been interested in girls ever since I first discovered that they weren't boys and I can still remember the widespread dismay as shapely legs rapidly disappeared for what seemed to be forever under those ghastly, ankle length skirts dictated by the introduction of the 'New Look'. There were better times of course - when the mini skirt and hot pants ruled supreme for instance! (Down lads, watch your pacemakers!). 'Hope springs eternal' they say, which may explain why I hung on to a clear glass dining table for years in the mistaken belief that, sooner or later, one or the other would make a comeback. Dream on, Ron.

Perhaps the simple answer is that women now wear what they obviously feel suits them best and the days of blindly following some effeminate gender-bender's dictates are over.

RON LAVERY, By email.

The Middleclass Assassin

SIR, The plump man who walked away from the burning car

Used in a failed attempt to blow up an airport, didn't set

Himself, on fire; and luckily the police didn't kill him,

We will be able to hear is explanation in court.

The man is a medical doctor, how naïve I have been

Thought this profession was a matter of higher calling,

A wish to help people in need; yet this doctor behaved

As a car mechanic would, at a car wrecking derby

So much hate, the man is a Sunni Arab, very religious

They tell us; we, the west, occupied and destroyed his

Country, yet his behaviour was utterly despicable, as

Indeed ours, for having brought anarchy to his country.

JOH, by email

Sinister shades

'Cool' sunglasses are putting eye health in the shade, according to a recent report, which revealed that 80% of people put fashion and price before safety when choosing sunnies. Open your peepers to our summer-savvy strategy for eyes.

Sunglasses may be essential summer eye candy but some could leave us at risk of losing our sight because they fail to protect our eyes from the sun's harmful rays, according to recent research.

Yet most of us (63%) barely check safety standards when buying shades and instead are most swayed by fashion and price, according to The College of Optometrists.

Alarmingly, the majority of young people up to 25 (80%) are most likely to opt for 'cool shades' and leave safety in the shade even though they are are most vulnerable to eye damage from the sun.

Exposure to the sun's harmful UV rays, the college warns, increases the long-term risk of sight loss resulting from conditions such as cataracts and possibly AMD (Age-Related Macular Degeneration).

Dr Susan Blakeney, optometric adviser to the College of Optometrists says: "Most of us wouldn't dream of going outside on a sunny day without suncream protection because of the much publicised risk of skin cancer.

"But many forget or are even unaware of just how delicate the eyes can be, and will be going on summer holidays with totally unprotected eyes - one in seven of us don't wear sunglasses - or with sunglasses that are not up to scratch. People with blue or light coloured eyes are most at risk from sun damage."

While all sunglass brands legally sold in British shops have to meet set standards, there are

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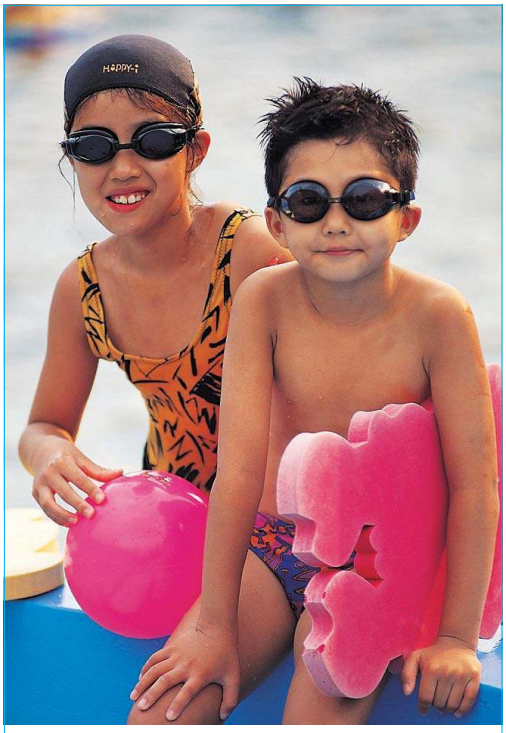

Children swimming in the sun, wearing goggles.

plenty of fake copies of expensive and fashionable brands on the market that don't comply.

Also, many people buy cheap sunglasses abroad, where the same standards may not apply.

Dr Blakeney explains: "It's particularly worrying that younger people have so little regard for their eyes because their eyes are more vulnerable to the damage from the sun than adults'.

"Up to 80% of exposure to UV over a person's lifetime occurs before the age of 18. It's therefore especially important to make children wear sunglasses so that any long-term damage is minimised."

Londoners, in the UK, are likely to ignore safety standards - with only one in five (22%) take safety standards into account when purchasing sunglasses, and they're least worried about the cost.

BE SHADE SAVVY

Follow the guidelines from the College of Optometrists:

:: Wear good quality, dark sunglasses and check that they are up to standard. Dr Blakeney says: "Good sunglasses needn't be expensive, you can buy perfectly adequate protective sunglasses from high street stores, but just follow a few guidelines."

:: Make sure sunglasses carry the 'CE' Mark and British Standard BS EN 1836:1997, which means they offer a safe level of UV protection.

:: Do a simple quality test before buying. Hold the sunglasses at arm's length and tilt them slightly. Then focus on an object in the distance, move them up and down and see if there is any distortion, especially at the lens' edges. If the lenses are high quality, there should be no movement.

:: Don't confuse the shade of the lens with their ability to filter UV rays. Dark sunglasses may still allow UV rays to enter the eye and can be more harmful than wearing no glasses at all, because they cause the pupil of the eye to dilate, which allows more UV rays to enter.

Are you shade savvy?

:: When buying sunglasses to use when driving, make sure they are in the filter category of 0-3. A lens carrying a filter category of 4 will be too dark for safe driving. Never wear sunglasses while driving at night or in poor light.

:: Avoid scratches, as a scratched lens will scatter the sun's light and could cause glare around the area of the scratch. Avoid wear and tear by using a case, cleaning them with a mild detergent and water or a lens cleaner and drying them with a microfibre cloth - not paper, which can scratch the lens.

:: Don't discard sunglasses in the winter. The sun's UV rays can be present in high enough levels to warrant protection throughout the year and the glare can be more noticeable as the sun's lower in the sky.

SUMMER EYE SENSE

:: Get children into the habit of wearing sunglasses from an early age. There are many ranges suitable for younger ones with elasticated bands to keep them in place.

:: Hot weather means more time outdoors playing sport, doing DIY, or gardening. A protective see-through eye mask is essential if you are using tools to chisel or drill, and can also protect your eyes when lawnmowing or strimming.

Sport suitable sunglasses, with an elasticated band to keep them in place, help protect eyes from glare, stray balls, summer insects or grit.

There are also 'sun contact lenses' available from contact lens practitioners.

:: Pool or sea water can contain bacteria harmful to the eye. Don't wear contact lenses while swimming, unless you've been advised that you can. If you do wear them, discard them after you come out of the water and put in a fresh pair.

If your poor vision's a problem, opt for prescription swimming goggles.

:: Sun worshippers who top up their tans on a sunbed may not like the 'panda eyes' effect but they should always wear the protective goggles provided, as the strong UV rays are extremely damaging to the eyes.

:: Rubbing itchy eyes because of hay fever can irritate the delicate surface of the cornea, and increase the risk of infection.

Ideally, use antihistamine drops in advance of symptoms and allow a period of time for the medication to 'build up' to be effective.

Consult an optometrist or doctor for guidance.

Gabrielle Fagan

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The tourists that ate Istanbul

Istanbul is a city that knows how to feed the appetite, and knows how to fuel it as well. After three days in Istanbul, I formulated a new theory of evolution.

Over thousands of years of street culture, the city's food hawkers seem to have developed a very specialised form of ESP, triggered any time a visitor is hungry, merely peckish or in any way capable of developing even the slightest case of the munchies.

These psychic pedlars and shopkeepers lost no opportunity to keep my companion and I constantly topped up with bagel-shaped simit bread, fish kebab, borek - layers of noodle-like pastry stuffed with cheese - Turkish delight and what we came to know as 'stuff stuffed with stuff': figs stuffed with nuts, mussels stuffed with rice, chocolates stuffed with baklava, and potatoes stuffed with just about every ingredient known to mankind.

With main streets that seem to suffer from perpetual traffic jams, taxis and buses are an exercise in tedious frustration, so walking is the recommended mode of transport. And with so much to take in - from ancient temples to street markets and all that stuff stuffed with stuff - it pays to travel at a slower pace.

First stop on most tourist trails is the achingly gorgeous Hagia Sophia, and rightly so. Even the most jaded of travellers find its soaring domes, enormous Islamic medallions and light-pierced gloom a sight to behold.

Built as an early Christian church in the sixth century, and converted to a mosque 900 years later, there are now remnants of both religions rubbing together throughout the massive complex: arches daubed with utterly Oriental insignia give way to reclaimed mosaics of Mary and the Christ child and icons of early Byzantine rulers.

Sightseers here are slack-jawed in awe and wonder. If that's the reaction of the 21st century tourist, I wondered, imagine what this place must have been to the millions who saw it before skyscrapers, 747s, the National Geographic Channel, even. Like the various hereafters it peddled, the place is still otherworldly.

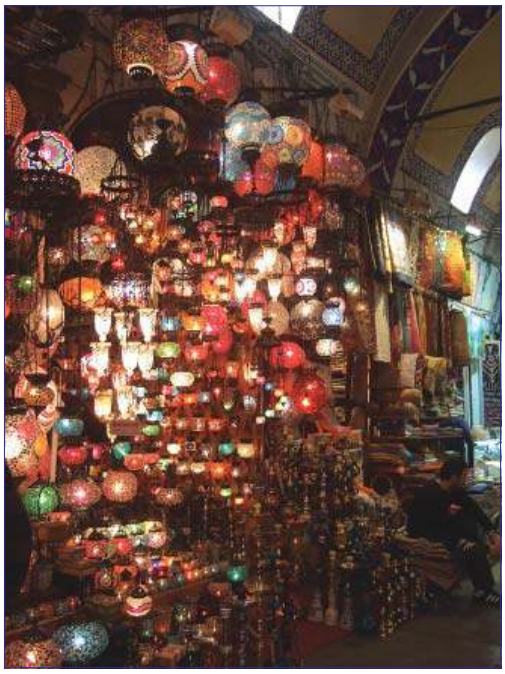
A short walk away through sculptured gardens and yes, a gauntlet of those all-knowing, all-seeing street food vendors, lies the famous Blue Mosque.

A mere 400 years old, it's still a brash newcomer in the Turkish scheme of things, but what it lacks in antiquity it makes up for in pure elegance and a sense of vitality only a fully functioning place of worship can inspire.

After removing our shoes and donning headscarves, we're ushered into a place of fantastic beauty and majestic design: graceful blue-tiled domes, low-slung candelabras, and decorative calligraphy.

If the Hagia Sophia shows the mish mash of Istanbul's past, this place is a single-minded love note to Islamic art, culture and faith.

Forming the third section of the must-see trifecta that crowds the Hagia Sophia square is the strangely gothic Basilica Cistern. Built by the Greeks in the 6th century, it was once one of the world's most elaborate plumbing devices, now a spooky trip



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into the underworld, with a vast, dimly lit cavern supported by 336 huge marble columns met at their base by cool spring water and schools of ghostly grey fish.

Though massively overpopulated by camera-toting tourists, there's a weird magic here that the crowds can't displace. While Istanbul is a city that welcomes visitors, it is not yet one of those over-touristed places that become attractively packaged caricatures of themselves, a mere reflection of what foreigners think they should be.

There is workaday life here too - in jumbled cobblestone sidestreets where scarcely a whisper of English, Spanish or Italian is heard.

Even a huge tourist drawcard like the Grand Bazaar - the 15th century's answer to the mega mall - is not entirely given over to foreign hordes. In the sprawling covered market with its vaulted, fresco-laden roof, one turn takes you from stacks of novelty fezes and cheap 'evil eye' charms into quiet rows of book stalls perused by scholarly looking Turkish men and the occasional well-fed alley cat.

There's tribal handicrafts, traditional blown glass candelabras and tiny little tucked away tea rooms, but the modern-day makes its presence felt too, with knock-off Balenciaga bags and thousands of 'Konverse' trainers and almost-Adidas shoes.

The complex itself is massive and labrynthine - after four hours shopping I still have no idea what percentage of ground we covered. Haggle with patience and stall holders will deal at barely a third of the original asking price.

While most of the must-dos are located on the Asian side of the Bosphorus around the Sultanahmet district, the European side has its charms too - of a more laidback, lived-in kind than its Oriental counterpart.

Our boutique hotel, the Pera Rose, has a touch of Eastern luxury with its deep leather sofas, darkwood finishes, and complimentary spa and sauna facilities - a nice distraction after long days pounding the ancient capital's pavements.

But the Pera Rose Hotel's main drawcard is its location: barely two minutes from Istiklal Avenue in the Beyoglu district, the city's all-purpose late night shopping, drinking and noshing zone.

Near to midnight it's still heaving as thousands of Turks cruise the street - some there for a leisurely window-shop, others nibbling borek, or just listening to folksy buskers strumming acoustic guitars.

Down a sidestreet though, and it's a different affair. Bars are crammed, beer flows in the streets, water pipes filled with fragrant tobacco pass from punter to punter and you're never more than a few metres away from a one-man steamed mussel stand - ironically, the Istanbul drinkers' answer to the all-night kebab house.

Fish restaurant touts, formal in three-piece suits alongside their outdoor seafood displays, offer tables with a view of the madness and we succumb quickly, stuffing ourselves on octopus, mussel and white fish meze, all for under £12/€18 for two.

In the early hours of the morning, our bar friends show no sign of slowing down, but we leave them to it - we've got 24 hours left in Istanbul and need to make them count. Scores of ferries leave every few minutes from the Eminonu docks, and at 50p/€0.74 per journey, you get up close and personal with the sparkling waters of the Bosphorus.

In addition to the ubiquitous rounds of tea served in tiny glass cups, each boat features massive posters of the imposing Ataturk, founder of modern Turkey, decorated with exhortations to his fellow countrymen.

It's almost impossible to overstate the reverence in which he's held by the population here - borne out when our watery, zigzagging path takes us past palaces and mosques to Ortakoy, a network of cafes and markets in the middle of the European bank.

One stall selling wall plaques painted with iconic figures peddles pictures of the nationalist leader rubbing up against depictions of Che Guevara, Jim Morrison and Kurt Cobain. And it's here he seems to have settled into the national consciousness - part politician, part rock star, part god. It's a good bet he'll not be forgotten any time soon.

Back off the ferry at the Galata Bridge there's still time for a quick beer in one of the bars that have sprung up near the waterline underneath the bridge's automotive flyover.

Sipping Efes on a low beanbag a metre from the water's edge seems the perfect place for our last Istanbul sunset - a fiery red ball painting purple the mosque-dotted, storybook skyline, gulls wheeling overheard and the low-timbred call to prayer echoing warmly over the glistening straits.

TRAVEL FACTS

:: Jo Walker flew easyJet, from Luton-Istanbul return. Details on www.easyJet.com

:: She stayed at the Pera Rose Hotel in Beyoglu. Discovery Collection offers three nights' B&B with private transfers from £349/€517 and packages to various other hotels.

Discovery Collection reservations: 00 44 (0)871 666 1622 or www.thediscoverycollection.com

:: Further information on travel, accommodation and things to do and see in Istanbul is available from the Turkish Culture and Tourism Office: 00 44 (0)20 7839 7778 or go to: www.gototurkey.co.uk

Jo Walker

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At O Meu Limão you can enjoy 'tapas with a twist', at any time of day. If you thought Tapas was limited to Spanish or Mediterranean flavours, then you will be pleasantly surprised.

Venezuelan chef, Eleazar Rodriguez has over 20 years experience in the kitchen, having worked in Venezuela, the Caribbean, around Europe, and in Oporto. His experience allows him to expertly combine traditional tapas with exciting new flavours.

You can have one or two different tapas dishes, a full meal, or a tapas platter to share. This makes O Meu Limão an ideal place to visit for a snack, a light lunch or an enjoyable full-on meal. It is also the ideal place to socialise, when finger-food and wine encourage relaxed conversation and laughter.

Located in one of the oldest buildings in Lagos, just behind the Armazém art gallery near the famous 'Slave Market', the interior of O Meu Limão is an eclectic mixture of original stone walls and floors, contemporary bold colours on the walls, reminiscent of Mediterranean sunshine and authentic blue and white Algarvean tiles. It is a mix that works well, like the menu.

The Tapas menu is divided into tapas from the sea and tapas from the land. In the first case customers can try calamari, prawns with coconut and in coconut milk (which are very delicious), mussels in a creamy sauce, or clams in wine and garlic. Land Tapas include meatballs, 'Lolly Pops' (spicy chicken wings), lemon chicken, or juicy pork cubes Saragosa style.

Besides the mixed tapas platters (pictured here in one of the photos), cheese platters are also on the menu and are highly popular as a snack to complement a glass of wine or two. Other light meals include a good selection of salads, which very from the standard lettuce and tomato versions by introducing different ingredients like mixed green leaves and unusual vegetables.

Main courses, which can be enjoyed any time of day but are especially nice in the evening when the quaint, historical restaurant is lit by flickering candles, include grilled fish, roast beef in lemon and pepper, sirloin steak in port wine sauce, and chicken with mango. All main dishes are served with rice or homemade chips.

There is a good selection of vegetarian meals, such as vegetable 'chilli' (minus the carne) or stuffed, grilled peppers, and a separate, handpicked wine list that includes suggestions and recommendations as to which wine suits which meal. The wines vary from mid-range to superior, with many being available by the glass. A mouth-watering selection of homemade desserts completes the O Meu Limão experience.

Now in its fourth year, O Meu Limão is gradually aiming to introduce more organic produce to its menu, though all ingredients are bought fresh and prepared either on the day or on the spot. The restaurant is open everyday, from 11h00 - 01h00, and food is served all day. For more information, call: 282 767 946, or go to: www.meulimao.com.

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Truly amazing food
"...qualified as one of the best fish dishes I have ever eaten" - *Algarve Goodlife*
"His passion for food is as obvious as his culinary creativity and genius" - *Portugal News*
WWW.BISTRO-DES-ARTES.COM
Rua Calvario 69 - Almancil (see site for routemap)
tel 289-395 114 • mob: 967 785 601 • closed Monday

"SIZE MATTERS"
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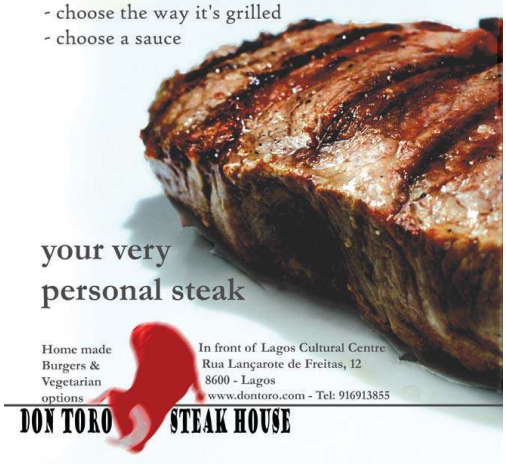
- choose the size of your steak
- choose the way it's grilled
- choose a sauce



your very personal steak
Home made Burgers & Vegetarian options
In front of Lagos Cultural Centre
Rua Lançarote de Freitas, 12
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www.dontoro.com - Tel: 916913855
DON TORO STEAK HOUSE

Pousadas de Algarve can be found in Tavira, St. Clara A. Velha, S. Brás de Alportel and Sagres. Call to reserve your table for the best in Algarve cuisine and receive a 10% discount!

Mister Grilo Restaurant is a tricky place to find in Porches, but well worth the discovery. Not only well known to local residents, but also travellers from afar. The bar/waiting area is comfortable, often with an exhibition of local artists on display, and the Bistro dining room is painted with warm paint -washed walls with miniature palm trees and mosaic-tiled table-tops creating a lazy, sunny feeling as you sample the quite extensive menu. There are lovely sea and country views from the terrace, where you can try their delicious chicken 'cabidela' or octupus rice with coriander. A children's menu is available and there is live music on Thursdays.

Exquisitely-decorated with modern works of art, **Bistro des Z'Artes** restaurant in Almancil is co-owned by renowned chef Stanley Van Buren and Simon Visser Domus. Presentation is always of the highest level of professionalism, a must for Stanley, who believes that first impressions are most important as "food must look as good as it tastes". Together they produce unique dishes such as: Peanut Butter Soup with Baked Banana and Yellow Curry Soup with Lemon Grass and Coconut Milk. Whether you are a meat or a fish person the menu offers something to satisfy even the most discerning connoisseur.

Shanghai Chinese Restaurant offers excellent quality, and only fresh produce in all its delicious dishes from Shanghai. These regional dishes are not found in other Chinese restaurants. Your hosts Wen and Ying, along with their friendly staff give a fast and efficient service, which includes take-away. They will even prepare your favourite special Chinese dish! Just give them time to make it. However, you might like to try their Sizzling Prawns with ginger and onion or maybe Canton Spicy Duck, or how about their sweet Thailand Fried Rice. They are easy to find, on the Almancil road going to Vale do Lobo - look out for the fishpond in the front.

Dolce Vita Restaurant Pizzeria is located in the centre of Lagos opposite the Cultural Centre, between two streets - with two different entrances! The decor inside is black and white, which gives a fresh clean look. Your host, António suggests you book a table so as not to miss his Stuffed Salmon with Seafood or Leg of Lamb served with a Red Wine and Rosemary Sauce, as well as traditional Italian dishes such as pizzas and pastas, and a variety of salads. The bar offers a wide selection of wines. All this at excellent value and staff who are friendly, smart and helpful! The atmosphere is relaxed and in summer you can enjoy eating outside on their rustic terrace amongst the shrubs and flowers, or at the front of the restaurant on the pavement watching the world go by.

The **Don Toro Steakhouse** in the centre of Lagos, opposite the Cultural Centre, has the finest prime Argentinian, Irish and Brazilian Angus steaks cooked to your taste, as well as homemade, gourmet burgers. Served with a choice of sauces, the food is very affordable and José and his international staff also offer delicious fish grills, and a selection of vegetarian dishes. Whilst the exterior is colourful, contemporary and welcoming the interior has a more subdued romantic atmosphere. You can choose to eat inside or under the stars on their terrace, and to accompany your meal they have a selection of wines stored in wood barrels and produced from a variety of Portuguese grapes.

O Cantinho dos Italianos is a very popular restaurant with delicious fresh Italian food. It is not easy to find, but the village of Pêra is still a small place that a little effort will bring great rewards. Frederico and Ana will tend to both your table and nutritional needs. Try their new and unusual dishes with fabulous sauces and homemade pasta. A place not to be missed if you really enjoy first class Italian food and a homely atmosphere. Reservations are recommended if you don't want to be disappointed.

Restaurante Florestal is a gastronomic oasis lying within the National Forest close to the village of Barão de S. João, located between Luz and Lagos. Whilst the ambience inside the restaurant is rustic and romantic, the terrace and garden outside offer peaceful surroundings to enjoy al fresco dining at its best, with fantastic views. Your hosts, John from England and American Sharlene present a very cosmopolitan menu including their delicious Breast of Duckling, vegetarian choices and dishes with a taste of Mexico! Every Sunday there is a special brunch from midday to 3 pm, with occasional live music and a good selection of wines. Don't forget to reserve your table!

RESTAURANTE
Florestal
Barão de S. João
SITUATED ABOVE THE VILLAGE OF BARÃO DE SÃO JOÃO AND SURROUNDED BY THE NATIONAL FOREST, RESTAURANTE FLORESTAL IS THE IDEAL PLACE TO UNWIND AND ENJOY GOOD FOOD, WINE AND SERVICE IN A BEAUTIFUL PEACEFUL SETTING. THE COOL TRANQUILITY OF THE FOREST IS A REFRESHING BREAK FROM THE HEAT AND BUSTLE OF THE COAST.
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DINNER 19.00 – 22.00
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florestal@bigfoot.com

O Cantinho dos Italianos
Chef's speciality of the day
Open for lunch from 12:00 - 15:00
and dinner from 18:00 - 23:00
Largo 25 de Abril Nº 1
Pera • 8365-204 Pera
Tel 914 844 269
air conditioned
www.cantinhodositalianos.com

Chinese Restaurant
Delicious Dishes from Shanhai
上海美食
Under new management
Original authentic dishes lovingly prepared by experienced Shanghai Chef.
Try our Hot Iron Plate, sizzling duck with ginger and Vietnam fried rice
Rua do Comercio 94, Almancil
289 397 642
Open from 12pm to 11pm

Restaurant guide

ALMANCIL

Bistro des Z'Artes
International Menu
Open: 12.00- 15.00 & from 7pm.
Closed Mondays
Rua Calvario, 69, Almancil
Tel: 289 395 114 / 967 785 601

Shanghai Restaurant
Delicious dishes from Shanghai, China
Open: Daily 12.00-15.30 & 18.00-23.30
Rua do Comèrcio, 94 R/c, Almancil
Tel: 289 397 642

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Portuguese & International cuisine
Open: Mon-Fri 12-15.00 Mon-Sat 18.30-22.30
Est. de Vale do Lobo, Almancil
Tel: 289 394 331

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O Major
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King of Fried Cuttlefish
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Next to Fruit & Veg. Market in Armacão de Pêra
Tel: 919 223 969

ALVOR

Humphreys Restaurant
Steaks & International Dishes, Vegetarian Menu
Open: 6pm. to late
Closed Mondays
Rua D. Sancho, 14, Alvor.
Tel: 934 206 102

LAGOA / SILVES

Mister Grilo
National, International & Vegetarian dishes
Open: 17.00 - midnight
Rua António Joaquim Cabrita, Nº7, Porches, Lagoa
Tel: 282 381 176 / 918 365 426

O Cantinho dos Italianos
Pasta dishes
Open: 12:00 - 15:00 and 18:00 - 23:00
Largo 25 de Abril, No 1, Pêra
Tel: 914 844 269

LAGOS/LUZ

Florestal Restaurante
Cosmopolitan menu
Open:Tues-Sat. 12.00-2.30pm & 7.00-10.00pm
Sun. Special Brunch 12-3pm
Barão de S. João, Nr. Luz
Tel: 282 687 204

Dolce Vita
Pizzeria and International Menu
Open: 12.00 - 15.00 & 18.00 - 22.30
Rua Soeiro da Costa & Rua Lançarote de Freitas, Lagos
Tel: 282 768 466

O Beiral
International & Vegetarian menu - Italian specialities
Open: Tue - Sun 11.00 - 15.00 & 18.00 - 24.00
Closed: Mondays
Rua Dr.Guerreiro Tello, Barão de São João, Luz
Tel: 282 688 004 / 912 299 672

O Mandarin
Chinese & Asian dishes
Open: 19.00 - 23.30
Caliças, Albadeira, Lagos
Tel: 282 762 401 / 282 760 424

Don Toro Steakhouse
Steaks, gourmet burgers, fish grills & vegetarian
Open: Daily 12.00-15.00 & 18.00-23.00
Rua Lançarote de Freitas, 12, Lagos. (Opposite the Cultural Centre)
Tel: 282 767 234

Maharaja Tandoori
Authentic Indian Food
Open: Daily 12.00 -14.30 & 18.00-23.00
Rua Afonso D'Almeida, Nº27, Lagos
Tel: 282 768 083/960 453 376

Meu Limão Tapas & Wine Bar
Portuguese & International Tapas + full menu
Open: Daily 10.00 - 2.00am
Rua Silva Lopes, 40/42 (In front of the Golden Chapel), Lagos.
Tel: 282 767 946
www.meulimao.com

No Patio
International Restaurant
Open: Thurs-Sat. 18.30 - 21.30. Sun. 13.00-15.30
Rua Lançarote de Freitas, 46, Lagos
Tel: 282 763 777

LOULÉ

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Extensive menu, including Vegetarian Dishes
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Alte
Tel: 289 478 086/ 964 191 625

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Restaurante O Monte
Steak House
Open: Tues-Sun from 7pm and for Sunday Lunch
Sitio de Peares, Farrobeiras de Canelas EN125 Olhão
Tel: 289 704 416

PRAIA DA ROCHA

Estrela do Mar Pastelaria
Salads, Cornish Pasties, Pork Pies, Sandwiches, Clotted Cream Teas
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Estrada da Rocha
Praia da Rocha, Portimão
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TAVIRA

Pousadas de Portugal
Algarve Cuisine
Tel: 281 329 040
www.pousadas.pt

Restaurante O Monte
International Cuisine
Open: Tues-Sun from 7pm and for Sunday Lunch
Cabanas de Tavira
Tel: 964 432 465

S. BRAS DE ALPORTEL

Pousadas de Portugal
Algarve Cuisine
Tel: 281 329 040
www.pousadas.pt

SAGRES

Pousadas de Portugal
Algarve Cuisine
Tel: 281 329 040
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St. CLARA A. VELHA

Pousadas de Portugal
Algarve Cuisine
Tel: 281 329 040
www.pousadas.pt

DOLCE VITA
PIZZERIA RESTAURANT
Pizzas Pastas
Fish
Meat Salads
Located on Rua Soeiro da Costa 51 and Rua Lançarote de Freitas opposite Cultural centre
Lagos - Tel 282768466

Enjoy your garden in safety this summer

According to statistics from 2006, in Portugal, drowning is the second most common cause of death amongst children. And not only in swimming pools; thirty three percent of drownings happen in water tanks, wells and other domestic water features.

Iberia Blue specialise in Aquashield safety nets for pools, ponds, and home water-related equipment; the nets can be fixed to any surface and will safely cover any shape or size construction.

Ponds and decorative aquatic features are a common feature in many gardens, though all present a risk not only to young children but also to animals.

Iberia Blue's specialist pond netting is black, so does not detract from the feature itself, but is an effective way of ensuring you ornamental features are child, dog and cat friendly. Besides protecting against drownings, the netting also prevents fish and marine life from being attacked by birds and other predators.

Pool safety netting is fixed around pools using brand-new brass anchors that are counter-sunk at 75 centimetre intervals into any surface, sitting flush with the pool's edge (so no stubbing toes!).

These are used to hold the net taught in place, which thanks to a central tension system and a self-locking ratchet can be effortlessly removed and replaced in a matter of minutes. Welcome news to weary mums!

For grandparents, pool fencing is an even easier alternative to ensuring a pool is kept safe, also being ideal for frequently used water features like Jacuzzis and indoors pools.

Established two years ago and based in Lagos, Dave Mitchell and wife Amanda created Iberia Blue after extensive research into the products available. They sourced a manufacturer with over 20 years experience installing and manufacturing safety nets and who holds an excellent track record. Iberia Blue is now the exclusive distributor of the Aquashield pool net.

Developed in South Africa in 1972, pool nets have proven to be the most versatile and effective pool safety device, used and trusted by thousands of South Africans over the last three decades and now exported to approving pool owners worldwide. Nets are infallible solutions to preventing water-related accidents. Even if children crawl or fall on a properly tensioned net they will never come in contact with the water.

Most importantly, there have been no registered drownings or near drownings where an Aquashield pool safety net has been properly secured over a swimming pool. Remember pool safety is no accident.

For more information or a quote, contact Iberia Blue on: (+351) 282 761 116, mobile: 913 393 421, or e-mail: info@iberiablue.com. Alternatively, see website: www. iberiablue.com.

Everything's Justwhite in Almancil

Chelo Sánchez and Trishell Gill have found the perfect balance. Uniting their respective skills in marketing and interior design they have opened a business that specialises in elegant simplicity and basic beauty… and the result of that balance is Justwhite!

Open just over one year, Justwhite, located in Almancil, is currently enjoying a happy honeymoon phase. Chelo and Trishell joined their expertise and took the company over last April, using the highly successful UK-based 'White Company' as inspiration. Since then Justwhite has exceeded their expectations and continues to flourish.

'Justwhite' specialises in just that: basic white linens for bedrooms and bathrooms. Towels, bed sheets, pillows, duvet covers, whatever you require you will find in classic fresh, cool, white, and in both Portuguese and UK sizes.

All linens are available in three different qualities of cotton: poly cotton, 100 per cent pure cotton, and luxurious Egyptian cotton. Towels are also available in three different qualities, offering a range of options for different purposes and budgets.

It is an ideal arrangement for rental properties that replace their linens frequently, for luxury properties looking for that something a little more sumptuous, or any type of home in-between. This has been a major attraction for designers and developers, who turn to Justwhite for its simplicity and consistency.

Complementing the stock is a range of bed mattresses, bases and headboards. So if you are in need of a new bed, you can choose from a standard pocket sprung mattress, very reasonably priced, to a luxurious memory foam mattress. And they even carry standard size beds in stock With two fully stocked warehouses, an added attraction is the company's rapid delivery service. Free within Almancil and at just €8 throughout the rest of the Algarve. Depending on size and availability of stock delivery can take place with days, or two weeks maximum.

Chelo and Trishell

According to Chelo and Trishell, both who have been in the Algarve for a decade, at Justwhite customer service is an absolute priority. Their personal contact numbers are available (and will be answered) 24/7, and the team will be more than happy to offer advice or additional information on any queries.

A comprehensive and user-friendly website is available for those who prefer to view an on-line catalogue and order from the comfort of their living room, or contact Justwhite for a copy of the catalogue to be posted through the mail. Justwhite is open from Monday – Friday, 10h00 – 19h00, and Saturday from 10h00 – 13h00, and 14h30 – 18h00. For more information, contact: (+351) 289 399 523, 914 853 061, 917 898 952, or e-mail: justwhite@sapo.pt. Alternatively, see website: www.justwhite.com. Ten per cent discount is available for anyone presenting **The Portugal News'** advert.

Correction:
Regarding last week's article on Algarve Tree Services, we would like to rectify that the correct mobile phone number is: (+351) 917 497 921. We apologise for any inconvinience this may have caused.

Tea makes the world go round

Coffee in Portugal is undoubtedly good, as many people will testify. However, its sister drink, tea, is by no means as popular or as lovingly prepared. Why, you may ask yourself.

Many a Brit in Portugal can be heard lamenting about the quality of the tea they have been served. And although we believe we know everything about our national drink, we often forget it has truly global origins. It was, in fact, the Portuguese who were one of the first to introduce tea to the British Isles. According to its historical origins, in 1662 Catherine of Bragança of Portugal married Charles II and brought with her the preference for tea, which had already become common in Europe. As tea was her temperance drink of choice, it gained social acceptance among the aristocracy as she replaced wine, ale and spirits with tea as the court drink.

It may be quality and availability that makes tea a less popular drink than its sibling here in Portugal, but this is about to change with the creation of a new company called Algarvtea.

Thomas and Marilla Bohm, a German couple, who have relocated to the Algarve and are former teashop owners, are now importing high-quality tea directly from tea gardens in India, China, South Africa and Sri Lanka to Portugal; a reflection of the truly globalised world that we live in.

They now offer a selection of over 40 premium blends from around the world, including Darjeelings, green, fruit and health teas, and a very popular selection of Ceylons.

An increasing part of their business has been in the sale of accessory items, such as strainers, that are not easy to find in local shops.

"In the process of starting this business we found that our clients prefer the idea of tealeaves and strainers as they experience a more authentic taste when tea is prepared this way", said Thomas Böhm, founder of Algarvtea.

Somewhat surprisingly, the Böhm´s found that their products were well received not just by the British ex-pats, but also by the Portuguese community. Algarvetea currently supplies over 10 local shops (a full list is available on the website).

As usual with companies like this their website (www.algarvtea.com) is a key tool for international orders, but telephone orders can be taken. Delivery is guaranteed within 10 days of placing an order to anywhere in Portugal.

For more information, contact Thomas Böhm of Algarvtea on: (+351) 282 46 11 20, mobile: 963 45 56 66, e-mail: cha@algarvtea.com, or see website: www.algarvtea.com.

Portuguese for Beginners 97

Emília Rosendo

THIS LESSON: The verb structure "*estar + a + verb in the infinitive*"

Read the sentences below:

⇨ **Eles estão a almoçar.**
(*They are having lunch.*)

⇨ **Ele está a dormir?**
(*Is he sleeping?*)

⇨ **Ela não está a trabalhar.**
(*She is not working.*)

♦ **The verb structure "*estar + a + verb in the infinitive*" is used to describe a continuous action. In the sentences above "*estar*" - the auxiliary verb - is in the Present Tense (*Presente do Indicativo*), indicating a continuous action in the present.**

♦ **The expressions "*Neste momento*" (*At the moment*) and "*Agora*" (*Now*) may be used for emphasis.**

♦ **Uses of "*estar*" in *Presente do Indicativo* + a + Infinitive:**

✓ **For an action happening now: "Agora eu estou a escrever." (*I am writing now.*)**

✓ **For an action happening about this time but not necessarily at the moment of speaking: "Estou a ler um bom livro de poesia." (*I am reading a good poetry book.*)**

✓ **For a frequently repeated action, usually with "*sempre*" (*always*), which appears to be continuous: "Ele está sempre a cantar." (*He is always singing. = He sings the whole time.*)**

① **Ask and answer. Use "*estar + a + infinitive*".**

1. - O que é que eles _____ (**fazer**)?
   - Eles _____ (**conversar**).
2. - O que é que ela _____ (**comer**)?
   - Ela _____ (**comer**) um gelado.
3. - O que é que tu _____ (**beber**)?
   - Eu _____ (**beber**) um sumo.
4. - O que é que vocês _____ (**fazer**)?
   - Nós _____ (**ver**) um filme.
5. - O que é que ele _____ (**fazer**)?
   - Ele _____ (**desenhar**).
6. - O que é que elas _____ (**escrever**)?
   - Elas _____ (**escrever**) uma carta.
7. - O que é que tu _____ (**ler**)?
   - Eu _____ (**ler**) um romance.

Please send your completed exercises, with your name and address, to me: Emília Rosendo at **THE NEWS** and I will send them back corrected
THE NEWS - Rua Município de S. Domingos, Urb. Lagoa-Sol, Lote 3 - r/c, 8400 - 415 Lagoa . Apartado 13. 8401-901 Lagoa
Tel 282 341100 . Fax: 282 341201

PROPERTY

An 11 page weekly guide to the latest and the best properties on the market in Portugal • The *Portugal* News • 14 Jul 2007

PROPERTY OF THE WEEK

A luxury townhouse in attractive Almancil

Situated just minutes away from Almancil and all its amenities is this week's Property of the Week, a luxury two-bedroom townhouse located on a peaceful, well kept, private condominium which comprises 12 townhouses, an oversized communal pool, a sun terrace, landscaped Mediterranean gardens, and ample parking space.

From the condominium it is a short 10-minute drive to Vale do Lobo and Quinta do Lago Beaches, as well as many of the area's leading golf courses.

The property itself would make an idyllic holiday home and offers excellent rental perspectives. It has spacious rooms, a compact yet functional kitchen, and superb fixtures and finishings on which no expense was spared. This can be seen in many decorative details throughout the property.

Through the main entrance we enter a hallway that in turn leads into the living/dining area. Decorative flooring is immediately eye-catching, comprising natural stone tiles with inlaid detail.

Left off the hall is a guest WC, that has double basins and storage space, and right is the kitchen.

Whilst the kitchen is compact in size, it is still large enough to cook in comfortably, being fully integrated with top Bosch appliances and ample storage space. It has solid polished-granite worktops and ornate wall tiling.

The spacious living room and dining area comprises a large, under-stair alcove for extra storage space, has room enough for a dining table, and has a set of patio doors that lead to a private patio to the front of the property. Separated from neighbours' patios, the terrace offers a private outdoor living space, overlooking the swimming pool and gardens.

Of an unusually large size, the communal pool is located in the midst of the manicured gardens, and property owners also have full use of near-by tennis courts.

Up a staircase that climbs from the living room to the first floor we find the two bedrooms, both of ample proportions. ~

To the left is a guest bedroom, which has fitted wardrobes and its own small veranda, to the right is the master bedroom, which also comprises fitted wardrobes and has a big private balcony, boasting views of the complex and over Almancil, out to the sea.

The two bedrooms share a roomy bathroom, which has a good size enclosed bathtub, unusual polished stone floors, and two basins.

Throughout the property is equipped with air-conditioning units, mosquito nets on all windows and doors, double glazing, and contemporary light fittings. Furthermore, it is to be sold fully furnished and is ready to move into.

The property is priced at €360,000.00. For more information contact Silver Holidays on: (+351) 289 314 312, fax: 289 314 260, e-mail: info@silverholidays.com, or see website: www.silverholidays. com.

Situated just minutes away from Almancil is this week's Property of the Week, a luxury two-bedroom townhouse located on a peaceful, well kept, private condominium.

Separated from neighbours' patios, the terrace offers a private outdoor living space, overlooking the swimming pool and gardens.

The spacious living room and dining area comprises a large, under-stair alcove for extra storage space.

The elegant dining area.

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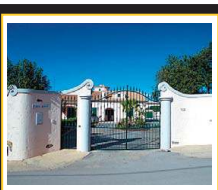
Stunning villa in one of the Algarve's most sought after locations

Three en suite bedrooms, plus stunning master bedroom with sea views, private terrace, Jacuzzi, high tech shower. New kitchen dining room, lounge with panoramic views, massive lower ground floor with wine cellar, bar, kitchen and private terrace. Suitable for TV/Cinema room, billiards etc. The party and entertaining floor without equal anywhere. Three floors, all served by lift, complete wheelchair accessibility throughout. The property has under-floor heating and air conditioning, comprising 500 square metres of living space, very private landscaped gardens of half an acre, swimming pool, totally fenced with electric gates and impressive entry drive. Situated just outside Almancil, near to the golf courses of Vale do Lobo, Quinta do Lago and Vilamoura. ---------- € 975,000 Euros

For further details and an appointment to view Call Terry 916 196 053



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Alvor/Amoreira
One bedroom apartment, plus another small room (that fits another bed) fully furnished and equipped, also with swimming pool, 900 m from the beach. Sea view.
Apt/1294 Price: € 98.000

Praia da Rocha
An excellent one bedroom apartment in prime location, on the main street. Furnished, with sea view.
Apt/1438 Price: € 115.000

Alvor/Má Partilha
Top-floor two bedroom apartment semi-new in very good condition, fully furnished and equipped, garage space for 2 cars, near the beach and the golf course.
Apt/1217 Price: € 155.000

Alvor
Three bedroom apartment in the centre of Alvor. Semi-new with good sized rooms. Also benefits from a large terrace with panoramic views.
Apt/1446 Price: € 250.000

Alvor center
Three bedroom villa (only 6 months old), located near the beach, semi-detatched with a nice garden area, and carport. Luxury finishings. On the top there is a terrace with a lovely sea view.
Viv/379 Price: € 540.000

AMI 7557
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Rua do Brasil,
Casa Italiana, Loja 5,
8125-479 Vilamoura

Vilamoura
3 Bedroom detached villa with private south-facing swimming pool & large rear garden. Located within a few minutes walk of the new Hilton Spa resort and Pinhal golf course.
Price: €495,000 /£341,000

Vilamoura
New 4 Bedroom semi-detached ultra-modern villa with private swimming pool and gardens. Electric shutters, air-conditioning, surround sound interior speakers, wood-burning
fireplace and fully fitted modern kitchen.
Price: €866,000 / £597,000

Olhos de Água
2 Bedroom apartments under construction due for completion spring 2008 located in beach resort Olhos de Água, only 15 mins drive to Vilamoura's exclusive Golf courses. These beautiful apartments, some w/ panoramic seaviews are only a few mins walk down to beach & restaurants.
Prices from: €250,000 / £172,000
(Based on Ex Rate 1.45)

Vilamoura
New 3 bedroom ultra-modern design townhouses on a luxury complex with large communal swimming pool. Wood-burning fireplace, air-conditioning and underground parking. Must be Seen, Great Value!!!!!
Prices from: €388,000 / £267,000

Vilamoura
3 Bedroom semi-detached villa offering a sunny terrace with private swimming pool. Located within a few minutes walk of the new Hilton Spa resort and Pinhal golf course.
Price: €495,000 / £341,000

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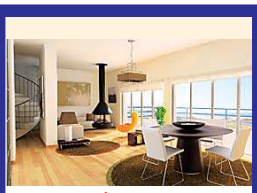
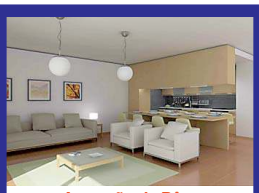


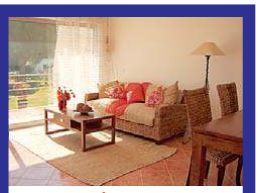
Lagos
Villa V4. New. Constr. area: 280m² – land area: 270m². Quality. 3 suites, 1 w/massage bathtub & other w/ Jacuzzi. Sauna room. Wooden floor. Fitted kitchen. A/c. Pré-installation central vacuum cleaner & central heating. Terrace w/barbecue. Inner lift to top terrace w/Spa & panoramic view and same inner lift to heated sw.pool.
Ref: 0176 Price: € 775.000



Armação de Pêra
Apartment T2. Area: 70,3m². New. 2 bedroom apartments in private condominium w/ kitchenette, large balcony w/ barbecue. Equipped w/ TV circuit in all rooms & it's prepared to have A.C. Panoramic terrace on top of building that offers an amazing view to the ocean. Parking space. Swimming pool & mini-golf court.
Ref: 0173-2 Price: € 137.500

Lagos
Apartment T2. Area: 84m². New. Private condominium. Private Complex. Swimming pool and mini-golf. Equipped Kitchenette. The living room, has a large balcony with barbecue. Parking space, reception and 24 hours security.
Ref: 168-3 Price: € 210.000

Lagos
Apartamento T2. Area: 90m², New. Condominium. 1 Bedroom apartment. Well equipped Kitchen, Hidro massage tube. 2 Communal Pools, Large garden; tennis Court, Sauna and Jacuzzi, Small Gym. Luxury Condominium. Outstanding Place. River View.
Ref: 81 – 3 Price: € 299.000



Lagoa
Villa V2. Area: 155,40m². New. Condo of 11. 2 bedroom, w/ garage, large balconies. Full fitted & equipped kitchen. A/c, wood burner, double glass windows, security balted entrance doors, wooden floor. Closed condominium, w/ garden & sw. pool. Located close to the sea, overlooking Vilavita.
Ref.: 167-6 Price: € 325.343

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AMI 3728

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Prices : € 89.000,00
Ref.: CB-APT-0041
Call: 962 335 514

Fuzeta
2 bedroom village house, with pateo/ parking and roof terrace. Close to all amenities, walking distance to the water… Fantastic price !!! Great opportunity !!
Price: 195.000,00
Ref.: MG-VIV-0081
Call: **917 787 582**

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Unique opportunity! Apartment building including one 1 bedroom apartment, one 2 bedroom apartment and a store on a commercial area!! Great rental potential!!
Prices : 450.000,00
Ref.: AO-EMP-0001
Call: 962 335 514

Olhão
Excellent price!! New 4 bedroom linked house with excellent finishing, central location, garage, front and back yard with BBQ, terraces...
Price: € 240.000,00
Ref.: VS-VIG-0013
Call : 917 787 582

Tavira
Wonderful 4+2 bedroom townhouse under construction with garage, garden, roof terrace with BBQ…Great opportunity !! Sea views!!
Price: € 312.000,00
Ref.: MG-VIV-0073
Call: 917 787 582

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1365 Vista Marina - 1 bedroom, 1 bathroom, 1 car-garage, pool, seaview. € 182.000.00 new

0466 Vista Marina - 3 bedroom, 2 bathroom, 2 car-garage, pool, seaview. € 278.500.00 new

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Vista Marina

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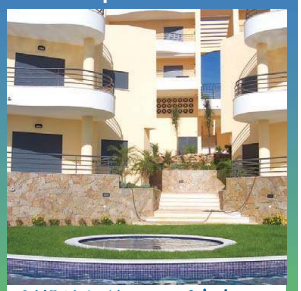
1367 Balaias Paradise - 2 bedroom, 2 bathroom, 1car-garage, pool, seaview. € 290.000.00



0465 Vista Marina - 2 bedroom, 1 bathroom, 1 car-garage, pool, seaview. € 230.000.00 new

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- Annex 1 bed, 1 bath
- Pool & lovely views
- Total 187m², plot 400m²

Ref. C930
Price: € 399.000

Carvoeiro
- New spacious luxury villa
- 4 bedrooms, 3 bathrooms
- Pool 10 x 5, barbecue
- Garage & garden
- Beach 10 minutes walk
- Total 350m², plot 1625m²

Ref. V922
Price: € 1.090.000

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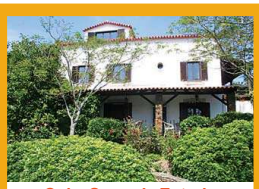

Coja, Serra da Estrela
- Centuries-old Quinta
- House, cassita, adega
- B&B for 8-9 guests
- 5 bedrooms, 4 bathrooms
- Roman well, spring & pool
- 10.000m² of land

Ref. V924
Price: € 550.000

São Brás de Alportel
- Spacious, unique property
- 5+ bedrooms, 4+ bathrooms
- Artists studio & gallery
- Ideal B&B guest house
- Many rooms, plunge pool
- Total 450m², plot 4700m²

Ref. C902
Price: € 550.000

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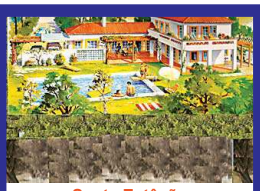


Santo Estêvão
Land with 1000 m2 in closed Condominium with approved project for 2 storey villa with swimming pool. Up market area.

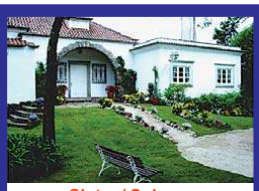
Price: € 90.000

Oeiras
5 bedroom villa in excellent condition, 915 m2 total area and 500 m2 covered area.

Price: € 600.000

Belas
Quinta with manor house, with total area of 6400 m2. Main villa V10 type.

Price: € 1.150.000



Sintra / Colares
1 storey traditional house, w/ covered area of 350 m2, servant quarters, various annexes, garage, + small house. Garden with various types of flowers and fruit trees, well with pump, land with 3000 m2 of pine trees totally enclosed. Quiet area.

Price: € 600.000

Cascais
Old Quinta in excellent area, composed of main house with swimming pool, servant quarters, annexes, well, river inside property, having 30 hectares completely enclosed.

Price: € 750.000

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Vilamoura
Studio apartment situated near the Marina composed of small bedroom, bathroom, lounge, kitchen and terrace. Construction area - 50 square metres.

Ref: A1182 Price: € 122.000

Vilamoura
One bedroom apartment composed of bathroom, lounge with fireplace, kitchen and terraces. Furnished and equipped. Communal swimming pool and garden area. Construction area.

Ref: A1183 Price: € 125.000

Vilamoura
Spacious apartment composed of 2 bedrooms, 2 bathrooms, lounge with fireplace, hallway, equipped kitchen, storages and 2 terraces. Two parking spaces in the garage. Communal swimming pool and garden.

Ref: V1186 Price: € 295.000

Vale Navio
Villa situated in a quiet location composed of 4 bedrooms, 3 bathrooms, lounge w/ fireplace, kitchen and laundry room, 3 terraces, double garage and roof terrace. Furnished and equipped.

Ref: V12500 Price: € 580.000

Vilamoura
Beautiful villa composed of 4 bedrooms, 4 bathrooms, lounge w/ fireplace, dining room, kitchen, laundry room and terraces. Garage for 4 cars. Swimming pool and garden. Plot area - 541 sq.m.

Ref: V12498 Price: € 750.000

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Near Vilamoura - Boliqueime
Various spacious T2 & T4 Townhouses under construction, completion 2nd half 2007. Nicely landscaped condo w/ pools, high quality finishing's, incl. fully fitted & equipped kitchen. Very good value for money!

Ref: FVB Prices from € 294.000

Vila Sol - Vilamoura
Recently built & fully furnished T2 Apartment, 2 bathrooms, large lounge, fully equipped kittchen, sth/west facing terrace, A/C, Alarm, CCTV, Elevator, Storage room, 118 m2, several Pools, Bar, Restaurant, Golf, Spa, must be seen.

Ref: MAC Price: € 340.000

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Almancil
Lovely T3 townhouse on small condo overlooking Almancil with only 6 units w/ communal pool, equipped kitchen, lounge w/ huge terrace, 3 bathrooms, roof terrace, stunning coastal views, A/C, garage, storage, 200m2. Sold fully furnished!

Ref: QNN Price: € 375.000

Near Vale do Lobo/ Almancil
Luxurious 5 bedroom villa w/ heated pool on 1.150m2 landscaped plot, large living/dining room, 5 en suite bathrooms, cloakroom, alarm, CCTV, central heating, A/C, garage, automatic gates. Top location.

Ref: NWT Price: € 1.065.000

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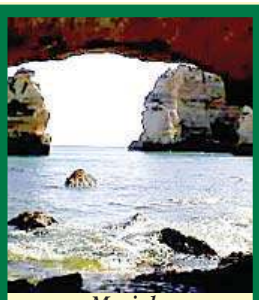

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Ref. V71837
Single storey four bedroom villa. 200 sq.m. 1.500 sq.m. plot. Prime location. Furnished and equipped. A/c. Central heating. Private garden with pool and barbecue. Directly facing the prestigious Old Course. Stunning golf views. Excellent letting potential.
Price: € 1.490.000

VILAMOURA
Ref. MB051369
Two bedroom townhouse. 120 sq.m. Complex w/ large green areas, reception, minimarket, coffee, restaurant & pool. Beside prestigious Old Course, 2 min walk. Furnished & equipped. Air/con. Completely refurbished. Excellent investment. Easy letting.
Price: € 235.000

VILAMOURA – MILLENNIUM
Ref. A71877
Two bedroom apartment. 120 sq.m. Inside the golf course. Complex w/ communal garden and swimming pool. Furnished and equipped. Pre installed for a/c. Private parking space and one storage. Great investment.
Price: € 230.000

VILAMOURA - MARINA
Ref. MB71817
Three bedroom townhouse. 136 sq.m. Prime location. Directly facing the Marina. Fabulous views over the Marina. Completely refurbished to a very high standard. Fitted kitchen. Electric Shutters. Pre installed for a/c. Excellent investment.
Price: € 550.000

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LAGOS / Albardeira
Recently quality built apartment with pool, minutes walk from the beach and Marina.
Price: €230,000 (Ref. 210A)

LAGOS
Apartment just outside city walls, near all historical sites & commercial facilities. Stunning town & sea views.
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LAGOS / Bensafrim
Country villa with pool set in large plot with lovely views.
Price: €580,000
(Ref. 428V)

LAGOS / Meia Praia
Detached family villa with pool, good location only minutes from town, beach and golf.
Price: €575,000 (Ref. 412V)

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Lagos, Algarve
Magnificent villa overlooking Meia Praia beach. 4 studios, T2, cottage (T1), very large (16m x 7m) pool, air conditioning. Spectacular sea views! **A VERY SPECIAL PROPERTY.** SIZES: 1,000 m² and 419 m². Ref.: 1001 - 345

Monte Judeu, Algarve
Excellent family home next to Penina Golf Course. 3 bedr., 2 bathr., large living/diningr.,office, lounge, pool, (partly) c/ heating, double glazing, bore hole, landscaped mature gardens, garage. SIZES: 5,000 m² and 192,29 m². Ref.: 1001 - 344

Loulé, Algarve
Restored country house in secluded location North of Loulé, with 3 bedr., office, living room (f/ place), equip. kitchen. pool, c/ heating, air-cond., double glazing, SAT TV, etc. Sizes: 3,760 m² & 250 m². Ref.: 1001 - 309

Ferragudo, Algarve
Unique & cosy studio in the 'very heart' of the well known fishermen's town. Walking distance to all facilities & beach. Mezzanine, kitchen, bath, garden (96m²), refurbished '06, sold furnished & equipped. Sizes: 143 m² and 47 m². Ref..: 1001 - 341

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Apartment with 3 bedrooms (one en suite), 2 bathrooms, living and dining room with wood burner, pantry, kitchen and 4 balconies. Central heating in all rooms.

Apartment comprising 2 bedrooms both with built in wardrobes, living & dining room, kitchen, bathroom, entrance hall, pantry and 2 balconies. Situated close to schools, super markets, health centre, etc..

House comprising 2 bedr., 2 bathr., living/ dining room with fireplace, equip. kitchen & covered terrace. Fully furnished & equipped apartment with 2 bedr., 2 bathr., living/dining room, kitchen & covered terrace. Carport, 2 storage rooms, sauna & jaccuzzi. Pool, BBQ & central heating. 2,840 m² land with fruit trees and automatic irrigation system. Water from borehole.

Villa comprising 4 bedrooms, 2 bathrooms, living/dining room with fireplace, kitchen, entrance hall, pantry, large garage, terraces and garden. Land with fruit trees. Water from borehole. Air conditioning. Quiet area and close to the beaches. Plot with 5,460 m².

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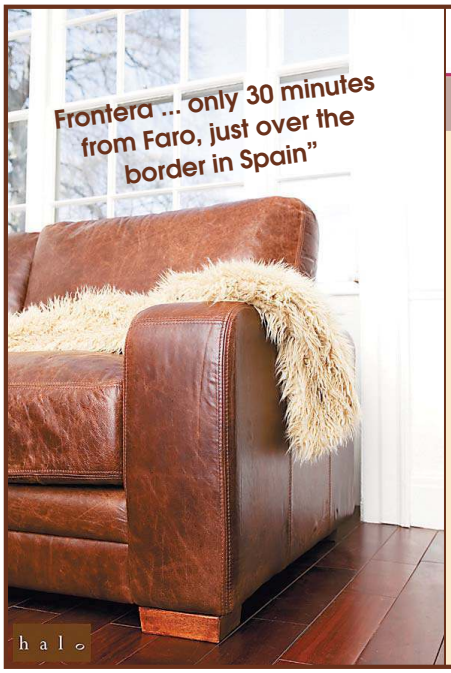

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Ref. M – 471

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€597,000 / £411,800

Ref. A – 557

LAGOS – Meia Praia
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Jazz up your patio for parties

Warm summer evenings are an ideal time to have a few friends round, light the barbecue and do some socialising, especially if your annuals are in full bloom and the garden is a riot of colour.

But how do you perk up your patio for a social occasion? It's amazing how, with a little forethought, you can have your garden looking even better and with clever lighting and carefully-placed pots you can create a warm, inviting and sweet-smelling atmosphere.

If your social gathering is imminent, have a look around your beds and borders and fill in any gaps with summer bedding which is already in bloom when you buy it. Check out your indoor plants, which can also add drama if you bring them outside. Many orchids in particular benefit from being outdoors in a shady spot at this time of the year.

Create scented corners in seating areas - pots of stocks, nicotiana and lavender will provide delicious scents in the evening. Flower fragrances tend to be stronger in the evening, when the air is warm and humid and there isn't any breeze to waft it away. Some plants increase their perfume production at night to attract moths to pollinate them. The tobacco plant Nicotiana alata actually folds up its petals during the day and comes to life at night.

If you have a low wall where people may sit, plant some species with scented leaves which they may well brush against or run their hand through to release their fragrant oils. Good choices include scented-leaved pelargoniums, lemon-scented verbena, thyme, sage and mint.

Lighting can also make all the difference to the look of a patio and garden. After dark, it can create shadows, highlight interesting architectural plants such as cordylines and low growing palms and bringing the garden to life for dining and entertaining.

If you have a small space, invest in a low-voltage garden lighting kit which operates several lights off one transformer. Solar lighting is okay for providing subtle light to mark a path or steps but it won't light up your garden.

Don't kill the atmosphere of the patio with too bright a light. If you have a fairly small area, large lanterns, citronella candles to keep the bugs away and nightlights in a variety of outdoor casings can create an intimate mood. If you need more light, try switching your inside lights on, which will illuminate the exterior and make the house look warm and inviting.

If you are having an evening party, use marker lights to illuminate paths and steps for safety. Spotlights can be used to highlight focal points in the garden, but avoid using them on the patio or they will kill the atmosphere.

A few days before the event, trim the hedge, mow and edge the lawn and give beds and containers a last tidy-up, deadheading and tying in plants as necessary. Most importantly, have fun with your friends on the night!

Hannah Stephenson

Best of the Bunch

Peony

Peonies are the blousiest blooms on the block, producing huge pom-pom flowers which are hard to beat, even though their flowers tend to be shortlived. And while most peonies flower here in spring, some bloom later and make great cut flowers, if you can bear to snip them off.

Herbaceous peonies are best grown in borders among other perennials. Many grow to around 1m, their weighty flowers appearing over the deep green leaves. Good companions include bearded irises, and they can be given a stunning backdrop of passion-flowers growing up a trellis fence.

Newly-planted peonies may not flower the first year as they hate being moved. But give them a chance and it will be worth it. They should be planted in a sunny spot in rich, fertile, well-drained soil. If you need to move one that's already in your garden, do it in October when the plant has lost its leaves.

What's in store

Colourful additions to your garden are readily available in garden centres at present, but remember that with the hotter weather the plants do need tender loving care when planting out. Evening is a good time to put them into their new situation after making sure that the root ball is saturated before planting in the prepared hole. This gives them a little time to acclimatise before the heat of the following day.

Cestrum fasciculatum 'Newellii' is a delightful, delicate looking shrub with fine curving branches with dark green leaves up to ten centimetres long. Funnel shaped cerise flowers about two centimetres long are formed in panicles of up to 12cm across and are borne for many of the summer months followed by reddish purple berries. The plant reaches a height and width of about three metres. It needs a well drained fertile soil mixture and to be grown in sun or dappled shade. Avoid windy sites and give protection in the winter if the temperature is likely to drop below -5ºC.

Hydrangea macrophylla is divided into two groups, Lacecaps and Hortensias or mopheads. Hortensias are the group most commonly seen in Portugal. They have large leaves with the flower heads reaching up to twenty centimetres across. These hardy shrubs need a fertile soil mixture, the acidity of the soil having influence on the colour with acid soils ideal for the blue and alkaline for pink. They will grow well in partial shade but do need protection from cold winds. They are shrubs that eventually reach a height and spread of about 2m, but can be pruned back in spring.

Impatiens or Busy Lizzies as they are commonly known, flower profusely during many months of the year. They need a fairly rich soil mixture that is well drained, preferably in partial shade with little wind. Water on a regular basis and liquid fertiliser every three to four weeks. They are usually used as annuals, but in areas with no frost they often continue to flower throughout the winter but do become rather 'leggy'. We have found that, although they are supposed to be intolerant of frost some of ours have survived for several years after they have been given a 'tidy up' with secateurs, but they are never as floriferous as newly obtained plants.

Madge and John Measures

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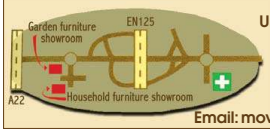

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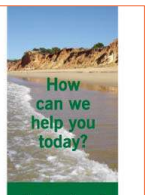

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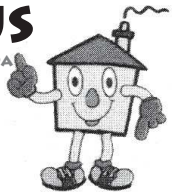

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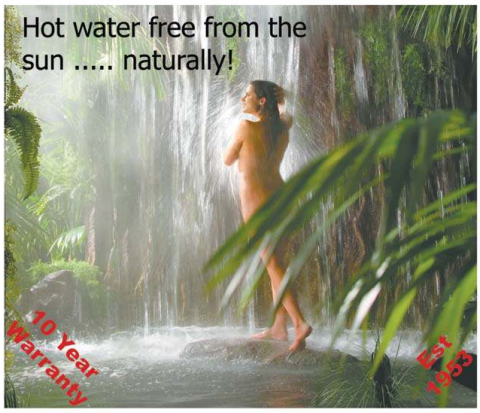

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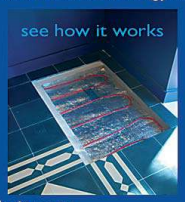

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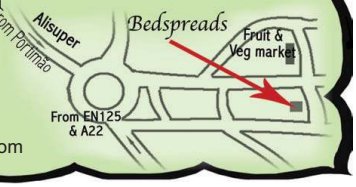

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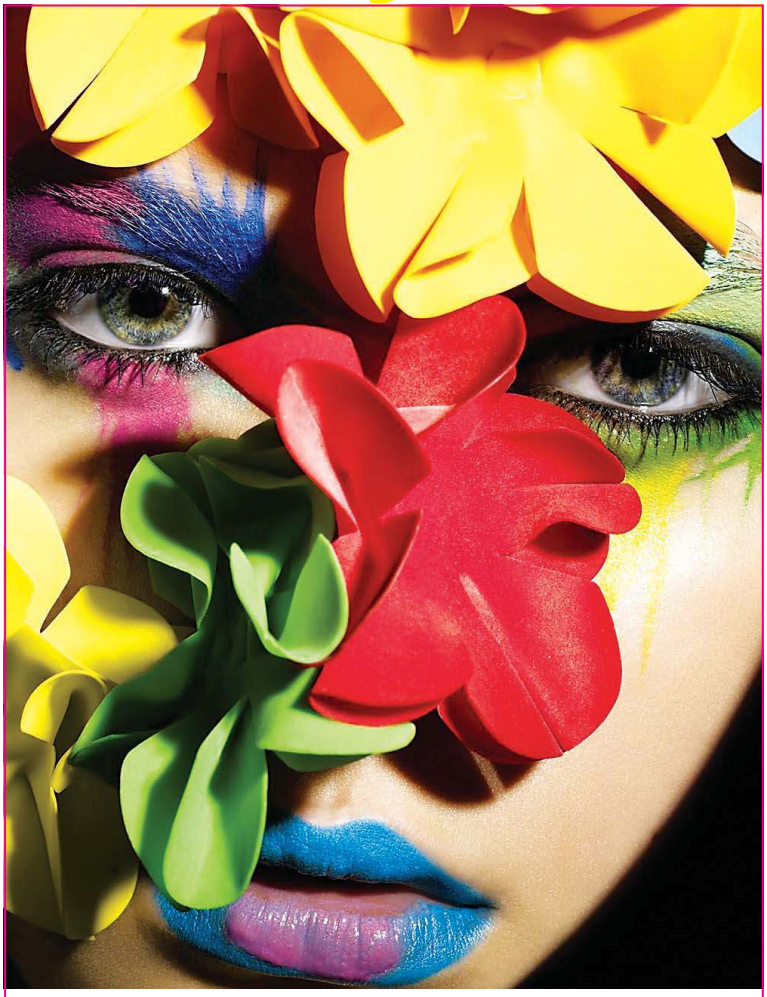

The new palette is for the bold, the bad and the wildly daring, and beauty wimps and style wusses will surely feel left out. This is definitely the time to be adventurous with colour. (Photo: Press Association)

Summer days and nights are brightening up with the hot vivid colours in make-up at the moment. We check out how to wear these exciting hues without looking like an 80s throwback.

Nuke the neutrals and banish the beige. Summer's make-up colours are brazenly bright, voraciously vivid and definitely not for the faint-hearted.

The new palette is for the bold, the bad and the wildly daring, and beauty wimps and style wusses will surely feel left out. This is definitely the time to be adventurous with colour.

"This season, bright neon colours have made the translation from the catwalk to the high street," says Jerrod Blandino, founder of Too Faced cosmetics.

"These can be quite difficult to wear, so my top tip to wearing vibrant colours is to pick one feature and go for it! For example, if you want to wear the season's must-have bright pink or deep red lips, you must balance that intense shot of colour with a more neutral eye and cheek.

"Don't make the mistake of going too natural, though, on the rest of your features - the look must be cohesive. A hot pink lip would look silly combined with a matte beige-brown."

He adds a word of caution, saying: "Please don't try more than one of these bright colours at a time, or you could end up looking more like a circus clown than a fashionista!"

Eye-catching Eyes

If you decide to accentuate your peepers with a brightly coloured shade, then steer clear of recreating the same look on your cheeks and lips.

Givenchy Prismissime Eyes Arty Palette contains six radiant hues, which will liven complexions up, while Stila Mimosa eyeshadow is an orange psychedelic odyssey for eyes or cheeks.

Luminous Lips

Tanned skins are the perfect accompaniment to vibrant lips, so you can pucker up colourfully. This is also the easiest way to get down with the neon trend, without overdoing it.

Be bold and beautiful with YvesSaintLaurentLips Lip Twins No9 in Fuchsia Orange, B's new Bobo Lipgloss in striking fuchsia pink and RMK Gloss Lips in RX-O1 (bright pink).

Neon Nails

With summer looking like it has been and gone, bring a hint of hotness with a flash of acid brights added to nails.

Go Mediterranean with a vivid orange such as Nails Inc Ibiza Orange from www.nailsinc.com, POP Nail Glam in Orange (fluoro orange) at www.popbeauty.com, and Creative Nail Design Nail Enamel in Souvenir Junkie at www.creativenaildesign.com.

Hot fuchsia pink is one of the season's must-have hues. It's the perfect goes-with-everything summer shade, and looks fabulous on toes or fingers.

With yellow making a comeback in fashion, it's also returning in beauty. It's not the easiest colour to wear, but you can get away with it if you've caught some colour on your holidays.

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Deliveries or collection
All enquiries telephone 93 9536347

North

PORTO

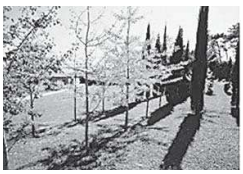
Daily

Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 • Tickets can be bought until 10 minutes before the visit • Price: €2; Free for children under 12 • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com

Daily

Serralves Foundation: Visits to the exhibitions • Sat: 17h-20h; Sun: 12h-13h • to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h • to the park Sun: 11h-12h • Visits are free on the purchase of an entrance ticket to the museum • Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt

Until 15 July



Exhibition by Maria Nordman - 'Proto-Spective: A Changing Exhibition in Real Time' - 'Specific to the Museum', 'Places in Oporto' and 'Other Cities' & 'Transmutações Melódicas' • The Museu Serralves celebrates Maria Nordman's work development in cities and their neighbourhoods - where people live and work • Serralves Museum on Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt

14 July

Concert 'Nordic Music Days' by Remix Ensemble conducted by Rolf Gupta • Music from Norwegian, Finalnd and Denmark and also from Portuguese composers Miguel Azguime and João Madureira • Soloists Peter Herresthal and Angel Gimeno (violinists) and Trevor McTait (violetist) • 21h00 Sala Suggia of Casa da Música • €10 • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com

GUIMARÃES

Every Friday

Coffee & Jazz Concert • Centro Cultural Vila Flor • Av. D. Afonso Henriques, 701 • Tel: 253424700 • Fax: 253424710 • www.aoficina.pt

www.the-news.pt

Centre

CASCAIS

Until 1 Aug

Art show by two American artists: a painter, Liz Lirette and a wood sculptor, Laurel Lear • Albatroz Hotel on the waterfront of Cascais from July 13 to August 1.

Daily

Cascais Sea Museum – Rei D. Carlos • The museum has a vast range of exhibits related to the sea. There are sections on natural history, ethnology and underwater archaeology. The collection includes old maps, fishermen's clothing, models of boats and treasures salvaged from ships wrecked in the sea around Cascais and in the Tagus estuary • Guided tours: 214825081 • R. Júlio Pereira de Mello in Cascais • Open: 10h00-19h00; closed Mondays & Public Holidays • 214825400

Daily

Cascais Cultural Centre • Housed in a magnificent old building 'A Casa Cor-de-Rosa' (The Pink House) • Concerts, shows, exhibitions, & other events • 10h00-18h00 (Closed Mondays) • Av. Rei Humberto II de Itália • 214848900

ESTORIL

Until 27 Sep

Great Concerts '07 of the Casino • Du Arte Lounge Thursdays at 23h30 • Info.estoril@estoril-sol.com 214667700 • 214825400

Daily

National Coach Museum • Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family • 10h00-17h30 (Closed Mondays & holidays) • Praça Afonso de Albuquerque • 213610850

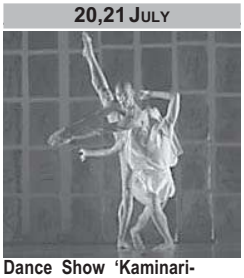
FOZ DO ARELHO

Until 31 July

"SUMMER COLOURS": Art Exhibition by H. Fejgl and A. Van Nooij • Restaurant/Gallery Adamastor (pink building at end of restaurant row) • 11h-15h / 19h-23h • Helena or Adrian at 262824022 or at UrbanZoom@yahoo.com

LISBOA

20,21 July



Dance Show 'Kaminari-Trovão' by the Kamu Suna Ballet Company • 21h00 • Teatro Camões • Park of Nations, Passeio de Neptuno• 218923470 • Tickets: www.ticketline.sapo.pt

Until 26 Aug

Paintings from the Museum Sakip Sabanci, Istambul 'Evocations, Passages, Atmospheres' • Calouste Gulbenkian Foundation • Avenida de Berna, 45A • 217 82 3000 • www.gulbenkian.pt

Until 30 September

Bodies Exhibition 'The Human Body as you have never seen before' • For information: 707234234 or 213466255 (Monday to Friday from 10h00 to 19h00) • or email ocorpohumano@energysplash.com • Palácio dos Condes do Restelo on Rua da Escola Politécnica, 42 - Príncipe Real • www.ocorpohumano.net

SINTRA

Daily

Pena Palace • The Palace dates back to 1839 • Visits info: Sintra City Hall on Largo Dr. Vergílio Horta • 219238500 • geral@cm-sintra.pt

Daily

Leal da Câmara Museum • Calçada da Rinchoa, 67, Rinchoa • Also has access through Alguei-rão Velho, Fitares and Meleças • Tel: 219164303 • Fax: 219236150

South

ALBUFEIRA

22 July

Concert 'Sons Ardentes' (Warm Sounds) by the Algarve and North Orchestras conducted by Cesário Costa in a co-production with LusoEvents • On stage 88 musicians interpreting Tchaikovsky's 1812 Overture among other works • Praia dos Pescadores (Fisherman's Beach) at 22h00 • 289860890 • www.orquestradoalgarve.com

ALMANCIL

Every Sunday

Summer Jazz • Every Sunday afternoon from 16h30 to 19h30 • free entrance to pateo • Ermitage (restaurant with outdoors entertainment) • Tel: 289355271

ARMAÇÃO DE PERA

Monthly

Monthly Writing Circle by Jenny Grainer • Hotel Garbe • The Monthly Writing Circle is on the first ***Thursday*** of the month from 10h30 to 12h30 • All welcome! • For info ring Jenny on 963518184

LAGOA

16 September

9th Scruffts Dog of the Year Show • FATACIL Showground • Organized by A.P.A.A., Apartado 101, Mexilhoeira Grande • Anyone or any company interested in sponsoring or taking a trade stand at the show are welcome to email for more information • E-mail: scruffts2007@yahoo.co.uk

LAGOS

28 July

Summer Mini-fayre (St Vincent's Anglican Church) • The Greens, Quinta da Boavista Golf Resort • 10h30 to 15h00 • Free

VALE DO LOBO

14 July

Concert by *Orquestra do Algarve* conducted by Hans-Rainer Förster • Vale do Lobo, Resort Turístico de Luxo, S.A.• Welcome cocktail at 19h30 followed by the concert at 20h00 on an open air stage with the golf course as scenery • 289860890 • www.orquestradoalgarve.com

TAVIRA

Daily

Cachopo Museum • Centro Paroquial de Cachopo • 289844191 • www.cm-tavira.pt

VILA DO BISPO

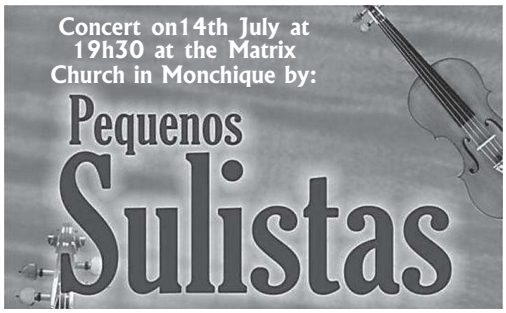
Until 22 July

Painting Exhibition "Capricious Irregularities" by Julie Rosa-do Gunderson • Daily from 9h00 to 18h00 • Vila do Bispo Cultural Center (across from Câmara Building) • Free admission • Info: 282630300

International Algarve Fair
Fatacil grounds in Lagoa
The Fair dates have changed from the 29th and 30th to **22nd and 23rd July**

Ferragudo Festivities
Every Saturday & Sunday until 1st September
www.regiao-sul.pt

Semana Gastronómica do Gaspacho e da Tomatada
23 a 29 de Julho de 2007
Gastronomy Week 'Gaspacho and many more tomato dishes'
Aljustrel | Almodôvar | Alvito | Beja
Castro Verde | Ferreira do Alentejo | Mértola
Moura | Odemira | Ourique | Serpa | Vidigueira



Almancil Summer Jazz
Every Sunday afternoon from 16h00 to 20h00 - Free entrance - Monte de Vale D´Eguas (behind Apolónia carpark) -
Contact: almanciljazz@yahoo.com
- Duncan Kinell (vibrafhone), former Marvin Gay & Charles Aznavour musician
- Duncan Kinell jr (piano&bass)
- Matt Lester (tenor-clarinete & flute)
- Ricardo Stuani (drumms)

FINE ART

Arte Viva 14 And 15 July 2007 In São Brás Museum

The Algarve's biggest festival of live art and music takes place between the hours of 18h00 and 24h00 on both days. This year over 40 artists will be on site demonstrating their work. Live music is provided on Saturday by the great show band, Oo-Boop-I-Do (complete with gangster gear) playing hot dance music (19h30). Showing on our catwalk at the same time we are proud to present yet again Jouk Harris and her *real woman* fashion models. Later Bandoojah (22h00) will continue the party, playing lively reggae/hip hop/funk. On Sunday, Amar Guitarra, led by João Cuña, will perform music especially chosen to highlight the sound of the Portuguese guitar (including jazz, bossa nova and tango) at 19h30 and Veredas da Memória (22h00) will play out to the end of the Festival with their traditional Portuguese music. There will also be another opportunity to spot Jouks designer clothes. During the evening of both nights there will also be unusual and exciting displays of street theatre - fire eating, trick cycling, juggling and more. There will be a supervised childrens play area with traditional games, face painting and young ones can enjoy opportunities to try out their artistic talents. Over both evenings there will be a wide selection of food available, ranging from the traditional barbeque to Moroccan cakes. Information: administrator@amigos-museu-sbras.org 966 329 073/ lua azul 289 845 452 www.amigos-museu-sbras.org

Fernando Clement & Brendan West

Exhibition at Armazém Militar in Lagos until July 28th. Book signing of Bica and the Dolphin, the new illustrated children book from Vista Iberica. The exhibition will feature paintings by Brendan West and friends, which can also be viewed at Retiro do Marujo in Almádena. Call 966 903 244 or e-mail brendanwest @ yahoo.co.uk .

See Cape Verde through the eyes of artist Clotilde Fava

It is obvious by artist Clotilde Fava's works of art that she is vividly passionate about Cape Verde. Her wonderfully eccentric paintings portray colourful day-to-day life on an island where chaos is an unknown word and routine is all about watching the rest of the world languish by.

Cape Verde is renowned for its exotically beautiful people, a mixture of African and Northern European, resulting in women of milky-coffee coloured skin, almond-shape eyes as turquoise as the sea, and hair that can be a wild, tight-curled afro or as straight as a dye.

Clotilde Fava steals moments of the island's daily life as inspiration for her art. Describing Cape Verde as her second home, Clotilde is a frequent traveller to São Vicente and urges anyone to see it at least once in a lifetime.

To some, her paintings may appear rather abstract. Animals take on human forms and often substitute the male role in a story that is left to each person's own imagination.

Using acrylic and coal on canvas the paintings are bold and thought provoking.

Born in Lisbon in 1941, Clotilde has achieved international acclaim for her art, having exhibited in Lisbon, Paris, Macau, Glasgow, and, of course, Cape Verde.

Her latest collection can be seen in the Vila Sol hotel lobby and gallery, until August 3rd.

SPORT

Tour of Portugal Beach Tennis - Lagos

For the second year running, the Portuguese tour of beach tennis is stopping at the Lagos Praia da Batata from July 20th until 22nd.

CIRCUS

Lisbon Casino new acts

Every month Lisbon Casino changes their circus acts. This months acts are Athemis in 'AcroDance & Vertical Rope', which is a tango dance act on rope until July 15 and Sylvain in 'Vertical Rope' until July 31st. For legal reasons under 18 are not permitted. Call 214 667 700 for more information.

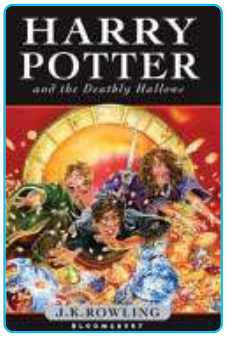
BOOK

Win a signed Harry Potter copy

The author of the famous Harry Potter stories, J.K. Rowling, very rarely signs copies of her books however the Griffin Bookshop in Almancil has persuaded her publisher to provide a hardcover copy of book number 6, Harry Potter and the Half-Blood Prince signed by J.K. Rowling plus a free copy of book number 7, Harry Potter and the Deathly Hallows. They will be raffled on behalf of A.C.C.A, the Algarve Childrens' charity.

The lucky winner of the raffle will be drawn on the night of the Deathly Hallows launch at the Griffin Bookshop, Friday July 20th, when the book will be on sale at one minute past midnight. The Griffin will be open from 11pm to 1am and serving wine and maybe some muggle beer! Raffle tickets are €5 each and all proceeds will be donated to the Associação de Solidariedade com as Crianças Carenciadas do Algarve and a member of the charity committee will draw the winner and present this fantastic prize on the launch night.

You can buy your Harry Potter raffle tickets from the Griffin Bookshop in Almancil. Phone 289 393 904 or griffin@mail.telepac.pt or visit website www.griffinbookshop.com for more information.



BOX OFFICE

COMING SOON COMING SOON COMING SOON COMING SOON

JULY

Music of the World – July 25th until 28th in Sines Avenida da Praia. July 25th: Oki Dub Ainu Band + Kasai All Starts + Sétima Legião from 2.30am. July 26th – Tartir + Carlos Bica Trio Azul + Sly + Robbie + Bitty McLean. July 27th: Señor Coconut + Richard Taha. July 28th: Gogol Bordello + Salif Keita + K'Naan. Entrance is free.

Music of the World – July 25th until 28th Sines Castle from 9.30pm. July 25th: Kasai Allstars + Bellowhead + Triolok Gurtu & Ankè String Quartet + Reena Bhardwaj. July 26th: Hahmoud Ahmed + Tartit + Carlos Bica & Trio Azul + DJ Ill Vibe. July 27th: Rachid Taha + World Saxophone Quartet + Hamilton de Holanda Quintet. July 28th: Gorgol Bordello + K'Naan + Erika Stucky + Roots of Communication. Entrance €10.

AUGUST

Sudoeste Festival – August 2nd until 5th at Herdade da Casa Branca in Zambujeira do Mar everyday from 5pm. Tickets: €70 with parking & camping included. Performances: Aug 2nd: Damien Marley + Editors + I'm From Barcelona + Gilberto Gil + Mayra Andrade + Cassius + Rui Vargas + Camera Obscura + Noisettes + Ojos de Brujo. Aug 3rd: Cypress Hill + The Cinematics + Just Jack + Outlandish + Armandinho + Buraka Som Sistema + Mary Ann Hobbs + Bonde do Relê + Datarock + Balla + Os Lambas + Nastio + General Levy & Robboo Ranx + Steel Pulse + Soldier of Jah Army + Manif3stos. Aug 4th: Goove Armada + The Streets + Sam The Kid + Sérgio Godinho + Koop+ The Australian Pink Floyd Show + Nature of Human Art + Air Traffic + Patrick Wolf + Sondre Lerche + Sonic Junior + Vanessa da Mata + Tiago Bettencourt + Eta Carinae + Sounds Portugueses + Saian Supa Crew + Martin Jondo + Stepacide. Aug 5th: James + Mika + Phoenix + Razorlight + Babylon Circus + The National + Of Montreal + Trail of Dead + Tara Perdida + 2008 + Rui Vargas + Stereo Addiction + Pow Pow Movement + Tiken Jah Fakoly . Further info TBA. Dates still to be confirmed: Mika+ The Streets. Tickets: €40 to €70.

Intercéltico de Sendim – Two day festival in Sendim. Performances: Aug 3rd – Solas, Tradere, Trasga. Aug 4th – Four Men and a Dog, Kepa Junkera, Dazkaried. Further info TBA.

Anti-Pop Music Festival – Viana do Castelo, Forte Santiago da Barra. August 9th – Ellen Alien + Apparat + Matthew Dear + Paul Kalkbrenner + Dezperados + Expander + Thinkfreak + Nuno Di Rosso + Hustley E Gunz + Alex Vieira + Minimal Hospital Crew + Pedro Ricciardi. Aug 10th – Richie Hawtin + Magda + Troy Pierce + Heartthrob + Gaiser + Freshkitos + Hustley & Gunz + Minimal Hospital Crew + Pedro Ricciardi. Aug 11th – Ata + Octave One and Random Noise Generation + Extrawelt + Gui Boratto + Rui Vargas + Magazino + Miguel Rendeiro + Invaders + Hustley & Gunz & Alex Vieira + Minimal Hospital Crew + Pedro Ricciardi. Further info TBA.

Festival Paredes de Coura – August 12th until 15th at Praia Fluvial do Tubarão in Paredes de Coura. Performances: Aug 13th: Mando Diao. Aug 14th – New York Dolls + Mao Morta + Spoon + Gogol Bordello + Architecture in Helsinki. Aug 15th – Sonic Youth + Cansei de Ser Sexy + Electrelane + Sunshine Underground. Tickets: €40 to €70.

Super Bock Surf Fest – August 14th and 15th in Sagres Praia do Tonel. Aug 14th: Jamaram + Midnite + João Maria + Mary B. Aug 15th – Gentleman + Lily Allen+ Dub Incorporation+ Mad Caddies+ Culcha Candela. Further info TBA.

Festival Maré de Agosto – Aug 23rd until Aug 26th at Santa Maria Praia Formosa in Açores. Aug 23rd: Buraka Som Sistema + Luís Leite + Double Face. Aug 24th: Gocoo + Miss Blondie. Aug 25th: Pimpstress Rah. Aug 26th: Marcelo D2 + Tânia Pascoal.

SEPTEMBER

Festa do Avante! – September 7th until 9th at Quinta da Atalaia in Amora.

Caos Emergente Open-Air Fest – September 7th until 9th at Paredes (Recarei) Margends do Rio Sousa. Sep 7th – Mata-Ratos+ Maglignant Tumour, Web, Altas of Giallo, Distrofia. Sep 8th – Dead Infection, Aborded, Decayed, Holocausto Canibal, Disaffected, Psychofagist, The Ransack, Alcolocaust. Sep 9th – Benediction, Leng Tch'e, Sacred Sin, In The Umbra, God, Pitch Black, Goldenpyre.

MUSIC FESTIVALS

LIVE CONCERTS

JULY

Kiss Forever, Pat Savage, Blasted Mechanism – July 22nd at the Motorbike concentration in Faro.

Aimee Mann – July 25th at Lisbon Coliseu from 9pm. Tickets: €20 to €50.

Type O Negative – July 27th at Coliseu in Lisbon.

Nelly Furtado – July 27th at Albufeira Municipal Stadium €35 - €40 and July 29th at Cantanhede. €17.50 to €37.50

Ziggy Marley – July 29th at Lisbon's Coliseu from 10pm. Tickets €25.

Elvis Costello – July 31st at Vilamoura The Lake Resort from 10pm.

AUGUST

Lionel Richie – August 1st at Hotel Sheraton Pine Cliffs in Albufeira. Further info TBA.

Keane – August 3rd at Oporto's Parque da Cidade. Further info TBA.

Lloyd Cole – August 3rd at Royal Golf Course in Vale de Lobo. Further info TBA.

SEPTEMBER

GNR, The Guft, Boss AC, Blasted Mechanism, DJ Henrique Amaro, Dezperados – September 7th at Pavilhão Atlântico in Lisbon. Further info TBA.

LIVE SHOWS

DECEMBER

Noddy Live - Noddy is returning to Portugal for a Christmas special on December 8th and 9th with daily sessions at 11am 3.30pm and 7.30pm on December 8th. Minimum age of 3.

TICKETS: Most tickets are available at FNAC outlets across the country, ATM machines, Abreu agencies, El Corte Inglès, Casa Viola, Ticketline or at the event itself on the night.
Websites: ww.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline); 213 240 580 (Lisbon Coliseu)

Events on these pages are published in good faith and in accordance with information given to us. We regret that we cannot accept responsibility for events which are cancelled, delayed or fail to live up to their billing. Send your events to copy@the-news.net

LIVE CONCERTS

Rockstock tribute to Beatles

A show where about 30 Beatle songs will be perfomed. The band Rockstock have described the concert as a musical journey taking spectators back to 1962 when the famous British band released 'Love me Do' to 'Let it Be' in 1970, finishing with 'Free as a Bird' written by John Lennon in 1977.

The concert will be accompanied by images from the worlds most famous band of all times.

July 19th, 10pm at Guarda Municipal Theatre. Tickets: €4.

Da Weasel

The well known Portuguese rap group Da Weasel is coming to the Algarve for a once in a lifetime experience. Fans of 'Dialectos de Ternura' will be happy to know that they can dine and dance at the Vilamoura Casino this weekend for only €50 on Friday, July 13th from 8.30pm. Those that just want to enjoy the music can attend the concert at the Blackjack club part of the Casino with DJ King Bizz. Tickets are €10 and doors open at 8pm, concert begins at 10pm. Call 289 310 000 for more information.

July 13th & 14th at Vilamoura Casino. Tickets: €10.

Arctic Monkeys

Arctic Monkeys are an English indie rock/rock band from High Green, a suburb of Sheffield. Formed in 2002, the band currently consists of Alex Turner on lead vocals and guitar, Jamie Cook on guitar, Matt Helders on drums and backing vocals, and Nick O'Malley on bass guitar, a position formerly held by Andy Nicholson.

July 18th, 9pm at Coliseu in Lisbon. Tickets: €27.

Nights in the auditorium with GNR – Lagos

On July 19th the Lagos council is holding an important evening with the Portuguese band GNR in celebration of their 25 years in the business. After this concert, the band are expected to carry on their tour throughout Portugal. Tickets on sale at the Lagos Cultural Centre, information centre and at the event. Under 6 go free.

July 19th, 10pm at Lagos Auditorium. Tickets: €10.

Sunset concert on the golf course

The Algarve Orchestra returns to Vale do Lobo for the resort's annual midsummer concert, in the spectacular setting of the 18th hole of the Ocean Golf Course on Saturday, July 14th. This year's special guest will be famous German conductor Hans-Rainer Förster.

In the ultimate example of blending the beauty of art and the splendour of nature, the concert will feature extracts from Brahms' beautiful Serenade No. 1, Op. 11 and Hungarian Dances, with the magical backdrop of the landscaped gardens and golf courses of Vale do Lobo at sunset. Cocktails at 7.30pm, concert begins at 8pm and lasts approximately an hour. Tickets from Vale do Lobo Resort Reception: €30 (€15 for under 16s). Call 289 353 322 or e-mail: events@vdl.pt.

July 14th, 7.30pm at Vale do Lobo. Tickets: €30.

FESTIVAL

26th Faro motorbike gathering

The yearly event that everyone has been waiting for is here again. From July 19th until 22nd Faro will become a bikers paradise. With everything from food stands, wet shirt competitions, tattoo competitions, bike shows, and more...the event is one of the most exciting festivals to occur in the Algarve. This years line up includes Blasted Mechanism (19th), Orishas (20th) and Joe Cocker and Rui Veloso (21st).

July 19th - 22nd, Vale das Almas Faro. Tickets: €40.

Blasted Mechanism

Xico Barata

Arraial Lagoa Invites

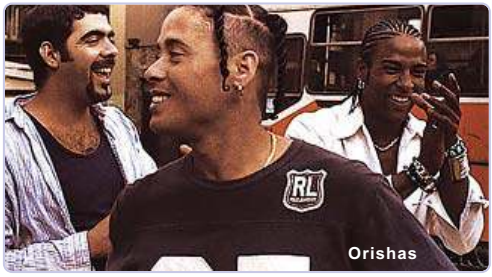
What could be better than good food, good music and good company? Lagoa is holding a series of nights at Fatacil from 18.30pm until 1am with several food stands from some of the best restaurants around and live music to dance along to. The line up includes: Saturday 14th – Banda Sudoeste; Sunday 15th – Micaela; Monday 16th – Ágata; Tuesday 17th – Xico Barata and dancers; Wednesday 18th – Ruth Marlene; Thursday 19th – Fado night with Maria Armanda; Friday 20th – Fernando Correia Marques; Saturday 21st – Pedro Migueis and Sunday 22nd – Claudisabel. A true Portuguese experience.

July 14th - 22nd, 6.30pm at Lagoa Fatacil. Entrance is free.

Delta Tejo

Imagine having the pleasure to listen to your favourite music. Now imagine the taste of a good coffee. That is what Delta Tejo festival aims to offer: good music and good coffee. The Lisbon University Polo in Alto da Ajuda campus will be transformed into a festival ground. The line up includes: July 20th: Daniela Mercury; Os Mutantes; André Sardet; Papas na Língua; Bebel Gilberto; Los Abajo. July 21st: Carlinhos Brown; João Gil; Luís Represas; João Pedro Pais; Mafalda Viega; Lila Downs; Olodum; DJ Marcelinho da Lua. July 22nd: Orishas; Sizzla; Macaco; Marcos Sacramentos; Bei Gua; Mercado Negro.

July 20th - 22nd, 6pm at Lisbon University Polo in Alto da Ajuda. Tickets: €25 for one day; €40 for all days.


Orishas

Rão Kyao

Music of the World - Sines

The acclaimed Festival of Music of the World is among us once again. From July 20th until 22nd, thousands are expected to gather at Porto Covo in Sines for the great line up which is: July 20th: Etran Finatwa; Darko Rundek; Galandum Galundaina. July 21st: Deti Picasso; Mamani Keita; Nicolas Repac; Don Byron. July 22nd: Haydamaky; Rão Kyao; Karl Seglem; Djabe.

July 20th - 22nd, Porto Covo in Sines. Tickets: €5.
July 25th - 28th, Sines Avenida da Praia. Entrance free.
July 25th - 28th, 9pm Sines Castle. Tickets: €5.

FAIRS

Go back in time – VRS António

During three days (from July 19th until July 21st) Cacela Velha in Vila Real de Santo António is going back in time to centuries X through to XIII during the 'Noites da Moura Encantada' festival. Visitors will get to know more about the tradicional Arab market (souk) and be enchanted by oriental music, dance, belly dancing workshops, exhibitions and food stands. For more information, call 281 510 001.

Loulé XVI Artisan Fair

Knowledge, taste, arte and tradition is the slogan for the yearly Loulé artisan fair held until July 22nd at the 'Largo do Tribunal' (near the tribunal). The event open daily from 8pm and makes a good family outing in a typical Portuguese surrounding fair featuring live music, mainly fado and folklore, hand-made items for your home, paintings, children's area, traditional liqueur and cake area and plenty of food stands.

Advertise your company on the radio!

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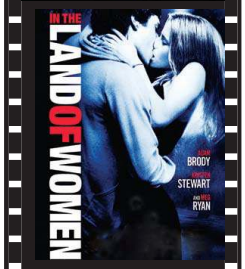
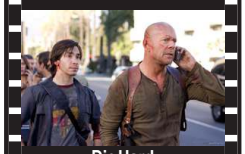
Tel.: 289 414 000 ● *Fax:* 289 412 400




Die Hard

Shrek

Fantastic Four

Ocean's Thirteen

Pirates of the Caribbbean: At World's End

Zodiac

ALGARVE

SBC FORUMALGARVE
TEL: 289 887 212
12 JUL-18 JUL

1
Die Hard 4.0
Bruce Willis, Justin Long
13.00-15.45-18.35-21.25-00.15
2
Bordertown
Jennifer Lopez, Antonio Banderas
14.25-17.00-19.35-22.10-00.45
3
Transformers
Josh Duhamel, Tyrese Gibson
14.50-17.55-21.00-00.05
4
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
13.05-16.00-19.00-22.00
Shrek the Third
Animation OV
00.50
5
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
12.10-15.10-18.10-21.10-00.10
6
Transformers
Josh Duhamel, Tyrese Gibson
12.20-15.25-18.30-21.40
7
Shrek the Third
Animation PV
12.35-14.50-19.15
Shrek the Third
Animation OV
(10.20 Sat & Sun) 17.05-21.30
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
23.45
8
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
12.15-17.50-23.35
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
15.40-21.20
9
Ocean's Thirteen
George Clooney, Brad Pitt
13.35-16.20-19.05-21.50-00.35

CASTELLO LOPES CINEMAS PORTIMÃO
TEL: 707 220 220
12 JUL-18 JUL

1
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
(13.20 Sat & Sun) 15.55-18.40-21.20-00.05
2
Transformers
Josh Duhamel, Tyrese Gibson
(13.20 Sat & Sun) 16.05-19.00-22.00
3
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(13.25 Sat & Sun) 16.40
Ocean's Thirteen
George Clooney, Brad Pitt
21.30-00.00
4
Die Hard 4.0
Bruce Willis, Justin Long
(13.40 Sat & Sun) 16.15-19.05-21.45-00.25
5
Shrek the Third
Animation PV
(13.30 Sat & Sun) 15.30-17.40-19.45-21.45
Transformers
Josh Duhamel, Tyrese Gibson
23.50
6
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
(13.50 Sat & Sun) 16.25-19.10-21.50-00.30

CASTELLO LOPES CINEMAS ALGARVESHOPPING
TEL: 707 220 220
12 JUL-18 JUL

1
Transformers
Josh Duhamel, Tyrese Gibson
15.00-18.05-21.10-00.10
2
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
12.45-15.30-18.15-21.15-00.00
3
Die Hard 4.0
Bruce Willis, Justin Long
13.35-16.20-19.00-21.35-00.20
4
Transformers
Josh Duhamel, Tyrese Gibson
12.50-15.50-18.50-21.50
5
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
13.40-15.40-17.40-19.40
Shrek the Third
Animation OV - 21.40-23.50
6
Shrek the Third
Animation PV
13.30-15.35-17.35-19.35-22.00-00.15
7
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
13.15-16.00-18.45-21.45-00.30
8
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
13.15-16.00-18.45-21.45-00.30
9
Bordertown
Jennifer Lopez, Antonio Banderas
13.50-16.30-18.55-21.30-23.40

LUSOMUNDO VILAMOURA
TEL: 289 302 277
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
15.30-18.30-21.30

CENTRE

LUSOMUNDO ALMADA FORUM
TEL: 707 246362
12 JUL-18 JUL

Shrek the Third
Animation OV & PV
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Die Hard 4.0
Bruce Willis, Justin Long
Taxi 4
Samy Naceri, Frédéric Diefenthal
Ocean's Thirteen
George Clooney, Brad Pitt
Belle Toujours
Michel Piccoli, Bulle Ogier
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Trust the Man
David Duchovny, Julianne Moore
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Bordertown
Jennifer Lopez, Antonio Banderas

MILLENIUM ALVALÁXIA
TEL: 21 754 9000
12 JUL-18 JUL

1
Shrek the Third - Animation PV
The Abandoned
Anastasia Hille, Karel Roden
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
2
Transformers
Josh Duhamel, Tyrese Gibson
3
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
4
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
5
In the Land of Women
Adam Brody, Meg Ryan
6
Bordertown
Jennifer Lopez, Antonio Banderas
7
Die Hard 4.0
Bruce Willis, Justin Long
8
Shrek the Third
Animation OV
9
Ocean's Thirteen
George Clooney, Brad Pitt
10
The Dead Girl
Toni Collette, Piper Laurie
11
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
12
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
13
Zodiac
Jake Gyllenhaal, Robert Downey Jr
14
Taxi 4
Samy Naceri, Frédéric Diefenthal
15
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
16
Fracture
Anthony Hopkins, Ryan Gosling

LUSOMUNDO AMOREIRAS
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Belle Toujours
Michel Piccoli, Bulle Ogier
Shrek the Third
Animation OV & PV
Die Hard 4.0
Bruce Willis, Justin Long
La Faute à Fidel
Julie Depardieu, Stefano Accorsi

LUSOMUNDO CASCAISHOPPING
TEL: 707 246362
12 JUL-18 JUL

Shrek the Third
Animation OV & PV
Transformers
Josh Duhamel, Tyrese Gibson
Meet the Robinsons
Animation
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Die Hard 4.0
Bruce Willis, Justin Long
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers

LUSOMUNDO COLOMBO
TEL: 707 246362
12 JUL-18 JUL

Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Dead Girl
Toni Collette, Rose Byrne
Ocean's Thirteen
George Clooney, Brad Pitt
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Shrek the Third
Animation OV & PV
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Die Hard 4.0
Bruce Willis, Justin Long
Bordertown
Jennifer Lopez, Antonio Banderas
Transformers
Josh Duhamel, Tyrese Gibson

LUSOMUNDO DOLCE VITA MIRAFLORES
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Die Hard 4.0
Bruce Willis, Justin Long
Shrek the Third
Animation PV
Transformers
Josh Duhamel, Tyrese Gibson

UCI CINEMAS EL CORTE INGLÉS
TEL: 707 23 22 21
12 JUL-18 JUL

1
The Dead Girl
Toni Collette, Piper Laurie
2
Ocean's Thirteen
George Clooney, Brad Pitt
3
Shrek the Third
Animation PV
Zodiac
Jake Gyllenhaal, Robert Downey Jr
4
Fracture
Anthony Hopkins, Ryan Gosling
5
Bordertown
Jennifer Lopez, Antonio Banderas
6
Transformers
Josh Duhamel, Tyrese Gibson
7
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Trust the Man
David Duchovny, Julianne Moore
8
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
9
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
10
La Faute à Fidel
Julie Depardieu, Stefano Accorsi
11
Shrek the Third - Animation OV
12
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
13
Die Hard 4.0
Bruce Willis, Justin Long
14
In the Land of Women
Adam Brody, Meg Ryan

LUSOMUNDO FORUM MONTIJO
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Die Hard 4.0
Bruce Willis, Justin Long
Transformers
Josh Duhamel, Tyrese Gibson
Shrek the Third
Animation PV
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Ocean's Thirteen
George Clooney, Brad Pitt

LUSOMUNDO ODIVELAS PARQUE
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Die Hard 4.0
Bruce Willis, Justin Long
Transformers
Josh Duhamel, Tyrese Gibson
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Ocean's Thirteen
George Clooney, Brad Pitt
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Shrek the Third
Animation PV
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom

LUSOMUNDO OEIRAS PARQUE
TEL: 707 246362
12 JUL-18 JUL

Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Ocean's Thirteen
George Clooney, Brad Pitt
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Shrek the Third
Animation OV & PV
Die Hard 4.0
Bruce Willis, Justin Long

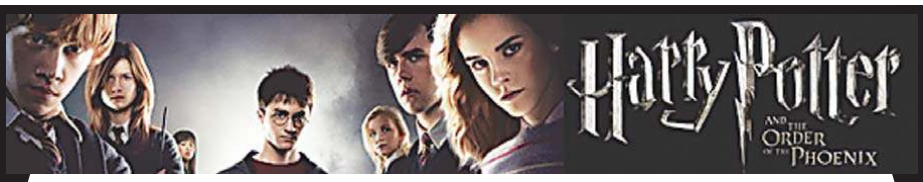
LUSOMUNDO OLIVAISHOPPING
TEL: 707 246362
12 JUL-18 JUL

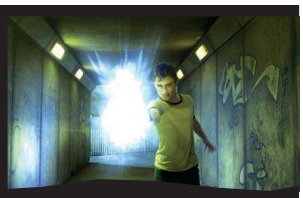
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Taxi 4
Samy Naceri, Frédéric Diefenthal
Shrek the Third
Animation PV
Die Hard 4.0
Bruce Willis, Justin Long

LUSOMUNDO VASCO DA GAMA
TEL: 707 246362
12 JUL-18 JUL

In the Land of Women
Adam Brody, Meg Ryan
La Faute à Fidel
Julie Depardieu, Stefano Accorsi
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Shrek the Third
Animation OV & PV
Transformers
Josh Duhamel, Tyrese Gibson
Meet the Robinsons
Animation
Die Hard 4.0
Bruce Willis, Justin Long
Belle Toujours
Michel Piccoli, Bulle Ogier
Ocean's Thirteen
George Clooney, Brad Pitt

OV = Original Version
PV = Portuguese Version



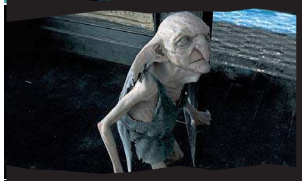


In *Harry Potter and the Order of the Phoenix*, it has been a long, lonely summer for Harry Potter as he awaits his fifth year of study at Hogwarts School of Witchcraft and Wizardry. It's bad enough that he must endure living with the odious Dursleys, but he hasn't received even a note from his classmates and closest friends, Ron Weasley and Hermione Granger. And there has not been any word from anyone in the aftermath of his confrontation with the evil Lord Voldemort. The letter that does arrive is not the kind for which he was hoping, pronouncing that Harry is about to be expelled from Hogwarts for illegally using magic outside of school and in the presence of a Muggle, namely his obnoxious cousin, Dudley. Never mind that it was in defence against an unprovoked and inexplicable attack by two Dementors.

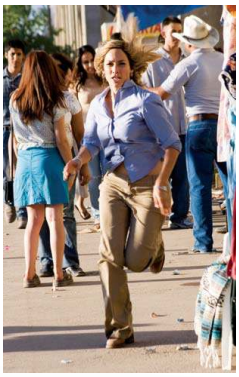
Harry's only hope is to defend himself at what amounts to hardly more than a kangaroo court orchestrated by the Minister of Magic, Cornelius Fudge, who has his own reasons for wanting the young wizard to be gone for good. Much to Fudge's chagrin, Harry is acquitted, thanks largely to the intervention of Hogwarts' venerable Headmaster, Albus Dumbledore, but his return to Hogwarts is, for the first time, apprehensive and uncomfortable. Harry has learned that much of the wizarding community has been led to believe that the story of the teenager's recent encounter with Voldemort is an outright lie, putting Harry's integrity in question.

Feeling ostracized and alone, Harry is beset by nightmares that seem to foretell sinister events. Worse, the one person whose counsel he needs most, Professor Dumbledore, is suddenly acting strangely distant from the confused and hurt young wizard.

Meanwhile, in an effort to keep an eye on Dumbledore and keep the Hogwarts students, especially Harry, in line, Fudge has appointed a new Defence Against the Dark Arts teacher, the duplicitous Professor Dolores Umbridge. But Professor Umbridge's "Ministry-approved" course of defensive magic leaves the young wizards woefully unprepared to defend themselves against the Dark Forces threatening them. So, at the prompting of Hermione and Ron, Harry is convinced to take matters into his own hands. Meeting secretly with a small group of students who name themselves "Dumbledore's Army," Harry teaches them how to defend themselves against the Dark Arts, preparing the courageous young wizards for the extraordinary battle that he knows lies ahead.

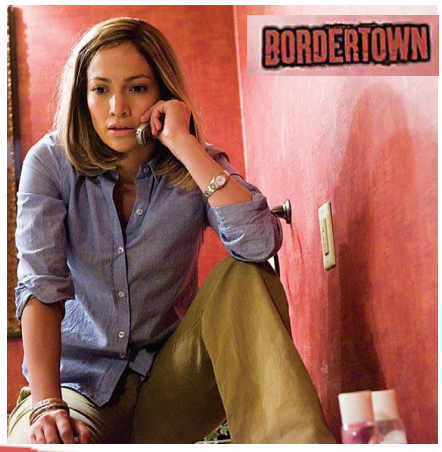


Since 1993, almost 400 women have been murdered in Juarez, Mexico, a factory town that is home to people who toil away at "maquiladoras" (border factories) making cheap consumer goods for the US market.



Bordertown tells the story of Lauren Fredricks (Jennifer Lopez), an ambitious newspaper reporter, who has been sent to Juarez by her editor (Martin Sheen) to investigate what has happened to these hundreds of women and how the local police and authorities have been covering up the brutal rapes and murders.

Lauren looks up her former colleague (and lover) Alfonso Diaz (Antonio Banderas), who now runs the local paper, and they soon uncover one of the hottest stories of the year when they come across the only known survivor of one of these mysterious attacks. The victim is reluctant to speak, but Lauren convinces her to break the silence; yet the real danger is not the murder, but the larger forces who don't want the story told.



La faute à Fidel

Blame it on Fidel

Blame It on Fidel, based on the Italian novel Tutta colpa di Fidel by Domitilla Calamai, also deals with political events from a child's viewpoint.

For nine-year-old Anna (Nina Kervel), life consists of order and routine peacefully unfolding between her religious private school, her home with her parents and her bourgeois maternal grandparents' vineyard in France.

Her father Fernando de la Mesa (Stefano Accorsi) who is Spanish and her mother Marie (Julie Depardieu), learn about Allende's victory in Chile and decide to change their way of living. They leave their big house and move to a small apartment so Fernando can go to Chile. Marie continues working to provide funds, but starts a documentary study on women and childbirth. Anna has to give up her nanny and she and her little brother François (Benjamin Feuillet) are minded by political refugees, first one from Greece, then one from Vietnam.

For Anna, the shift in her parents' world resumes to moving house, changing nannies, a smaller apartment, new faces. So she resists, and fights with her meagre weapons, but her parents change is inexorable, but Anna grows up and her understanding of the world deepens. Like her mother and father, she changes, but differently. She now casts her own gaze upon the world.

La Doublure (The Valet) tells the story of Pierre Levasseur (Daniel Auteuil), an important CEO who is photographed with his lover, Elena (Alice Taglioni), a world-famous model. In an attempt to save his marriage, he tries to convince his wife that Elena is not his lover, but that of François Pignon (Gad Elmaleh), a valet who was passing by and ended up being in the photograph.

To make the story believable, Levasseur convinces Pignon and Elena to move in together and pretend to be a couple. Things get complicated with Pignon's love interest Émilie (Virginie Ledoyen) and former flatmate Richard (Dany Boon). On top of all this, Levasseur's wife discovers the truth and decides to play games with her husband.

CELEB NEWS

Academy Award-winning actor **Russell Crowe** will team up with director **Ridley Scott** for the fifth time in a movie thriller with an Al Qaeda plot. **Leonardo DiCaprio** will also star in *Body Of Lies* which has been written by *The Departed*'s William Monahan and will be directed by Scott. The *Gladiator* star will play a CIA boss who teams up with DiCaprio as an operative trying to trap an Al Qaeda leader. According to Moviehole.net, producers have been desperate to cast Crowe for months, and although he is on board, he wants to read "a polished rewrite" before committing to a contract. DiCaprio is currently shooting the literary drama *Revolutionary Road* alongside *Titanic* co-star **Kate Winslet**, while Crowe will appear later this year with fellow Oscar winner **Denzel Washington** in *American Gangster*. «(»» Singer/actress **Jennifer Hudson** has triumphed at the seventh annual Black Entertainment Television (BET) awards. The Oscar-winning star picked up two prizes at the ceremony at Los Angeles' Shrine Auditorium on June 26th, where she was named Best Actress and Best New Artist for her role in *Dreamgirls*. After performing alongside original Broadway *Dreamgirls* star **Jennier Holliday** on "And I Am Telling You I'm Not Going" from the musical-turned-movie, Hudson was shocked to have been given the awards, telling the audience, "I can't believe I'm still winning awards!" Hudson's *Dreamgirls* co-star **Beyoncé** also picked up two awards for "Irreplaceable", which was named Video of The Year, and Best Female R&B Artist, despite being nominated in six categories. O'Jays singer **Eddie Levert** paid a moving tribute to his late son, Gerald, who died in November last year, by performing "Wind Beneath My Wings" alongside **Gladys Knight**, **Patti LaBelle** and **Yolanda Adams**. An emotional LaBelle later described Gerald as "one of the best voices around." Hip hop star **Ne-Yo**, who was named Best Male R&B Artist, dedicated his win to the late singer, who was also nominated in the same category. Legendary performer **Diana Ross** was given a Lifetime Achievement award, with **Stevie Wonder**, **Erykah Badu** and **Chaka Khan** paying individual tributes to the star. Ross told the crowd of her career, "I have tried to keep the standards high. We do not have to say the f-word, we do not have to pump and grind, we do not have to do some of these things to have longevity in our career. ... I will do the diva master class for you!" «(»» **George Clooney** is so impressed with the amount of cash his Not On Our Watch fundraisers have raised in Cannes, France and Las Vegas, he's planning to turn every film festival into a charity drive for Darfur aid groups. The actor and his *Ocean's Thirteen* co-stars staged dinners and galas at the Cannes Film Festival in May and recently at the film's Las Vegas premiere, raising almost $10 million in the process. Now Clooney, who has become a leading celebrity advocate for action against the genocide in Sudan after filming a documentary about the crisis last year, wants to turn every starry film event into a fundraiser. He says, "I have every intention of doing this in other places. Film festivals sound like good spots." Clooney admits the money he, **Brad Pitt** and **Don Cheadle**, among others, have helped to raise for the cause so far has made him feel he is doing something truly worthwhile. He adds, "There are only a few things we can do, protect them where we can, and provide food, water, health care and counselling. We're just trying to get them to live long enough to get to the next step." «(»»

NORTH

UCI CINEMAS ARRÁBIDA SHOPPING
TEL: 707 23 22 21
12 JUL-18 JUL

1
Shrek the Third
Animation PV
2
Die Hard 4.0
Bruce Willis, Justin Long
3
Ocean's Thirteen
George Clooney, Brad Pitt
4
The Dead Girl
Toni Collette, Piper Laurie
5
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
6
Fracture
Anthony Hopkins, Ryan Gosling
7
Taxi 4
Samy Naceri, Frédéric Diefenthal
The Abandoned
Anastasia Hille, Karel Roden
8
Zodiac
Jake Gyllenhaal, Robert Downey Jr
9
Die Hard 4.0
Bruce Willis, Justin Long
10
Ocean's Thirteen
George Clooney, Brad Pitt
11
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
12
Transformers
Josh Duhamel, Tyrese Gibson
13
Shrek the Third
Animation OV
14
Bordertown
Jennifer Lopez, Antonio Banderas
15
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
16
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
17
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
18
In the Land of Women
Adam Brody, Meg Ryan
19
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
20
Transformers
Josh Duhamel, Tyrese Gibson

LUSOMUNDO DOLCE VITA COIMBRA
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Shrek the Third
Animation OV & PV
Die Hard 4.0
Bruce Willis, Justin Long
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Transformers
Josh Duhamel, Tyrese Gibson
Trust the Man
David Duchovny, Julianne Moore
The Bridge
Documentary
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Ocean's Thirteen
George Clooney, Brad Pitt

LUSOMUNDO DOLCE VITA DOURO
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Taxi 4
Samy Naceri, Frédéric Diefenthal
The Abondoned
Anastasia Hille, Karel Roden
Die Hard 4.0
Bruce Willis, Justin Long
Transformers
Josh Duhamel, Tyrese Gibson
Shrek the Third
Animation PV
The Dead Girl
Toni Collette, Piper Laurie

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TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Meet the Robinsons
Animation
Shrek the Third
Animation PV
Die Hard 4.0
Bruce Willis, Justin Long
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Ocean's Thirteen
George Clooney, Brad Pitt
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom

LUSOMUNDO FERRARA PLAZA
TEL: 707 246362
12 JUL-18 JUL

Trust the Man
David Duchovny, Julianne Moore
Transformers
Josh Duhamel, Tyrese Gibson
Shrek the Third
Animation PV
Die Hard 4.0
Bruce Willis, Justin Long
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson

LUSOMUNDO FORUM AVEIRO
TEL: 707 246362
12 JUL-18 JUL

Transformers
Josh Duhamel, Tyrese Gibson
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Ocean's Thirteen
George Clooney, Brad Pitt
Shrek the Third
Animation PV
The Dead Girl
Toni Collette, Piper Laurie
Die Hard 4.0
Bruce Willis, Justin Long
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson

LUSOMUNDO FORUM COIMBRA
TEL: 707 246362
12 JUL-18 JUL

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Ocean's Thirteen
George Clooney, Brad Pitt
Die Hard 4.0
Bruce Willis, Justin Long
Transformers
Josh Duhamel, Tyrese Gibson
Shrek the Third
Animation PV
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson

LUSOMUNDO FORUM VISEU
TEL: 707 246362
12 JUL-18 JUL

Die Hard 4.0
Bruce Willis, Justin Long
Transformers
Josh Duhamel, Tyrese Gibson
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Ocean's Thirteen
George Clooney, Brad Pitt
Teresa, the body of Christ
Paz Vega, Leonor Watling
Shrek the Third
Animation PV

LUSOMUNDO FORUM VIZELA
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Shrek the Third
Animation PV
Transformers
Josh Duhamel, Tyrese Gibson

LUSOMUNDO FOZ PLAZA
TEL: 707 246362
12 JUL-18 JUL

Ocean's Thirteen
George Clooney, Brad Pitt
Shrek the Third
Animation PV
Transformers
Josh Duhamel, Tyrese Gibson
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Die Hard 4.0
Bruce Willis, Justin Long

LUSOMUNDO GAIA SHOPPING
TEL: 707 246362
12 JUL-18 JUL

Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe
Wild Hogs
Tim Allen, John Travolta
Teresa, the body of Christ
Paz Vega, Leonor Watling
Shrek the Third
Animation PV
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Die Hard 4.0
Bruce Willis, Justin Long
Ocean's Thirteen
George Clooney, Brad Pitt

LUSOMUNDO GLICÍNIAS
TEL: 707 246362
12 JUL-18 JUL

Shrek the Third
Animation PV
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Taxi 4
Samy Naceri, Frédéric Diefenthal
Die Hard 4.0
Bruce Willis, Justin Long
Shrek the Third
Animation PV
Transformers
Josh Duhamel, Tyrese Gibson
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba

LUSOMUNDO MAIA SHOPPING
TEL: 707 246362
12 JUL-18 JUL

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Shrek the Third
Animation PV
Trust the Man
David Duchovny, Julianne Moore
Wild Hogs
Tim Allen, John Travolta
The Messengers
Kristen Stewart, Dylan McDermott
The Abandoned
Anastasia Hille, Karel Roden
Taxi 4
Samy Naceri, Frédéric Diefenthal
Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Die Hard 4.0
Bruce Willis, Justin Long
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom

LUSOMUNDO NORTE SHOPPING
TEL: 707 246362
12 JUL-18 JUL

In the Land of Women
Adam Brody, Meg Ryan
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Ocean's Thirteen
George Clooney, Brad Pitt
Transformers
Josh Duhamel, Tyrese Gibson
Shrek the Third
Animation OV & PV
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Die Hard 4.0
Bruce Willis, Justin Long

LUSOMUNDO PARQUE NASCENTE
TEL: 707 246362
12 JUL-18 JUL

Fantastic Four: Rise of the Silver Surfer
Ioan Gruffudd, Jessica Alba
Shrek the Third
Animation PV
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Transformers
Josh Duhamel, Tyrese Gibson
Die Hard 4.0
Bruce Willis, Justin Long
It's a Boy Girl Thing
Samaire Armstrong, Kevin Zegers
Bordertown
Jennifer Lopez, Antonio Banderas
The Abandoned
Anastasia Hille, Karel Roden
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Ocean's Thirteen
George Clooney, Brad Pitt

OV = Original Version

PV = Portuguese Version

Kids under pressure

The number of children with mental health problems like depression, anxiety and anorexia has doubled in a generation, according to new research. We ask the experts if modern life is to blame for the increase in youngsters' emotional problems, and look at what parents can do to protect their children from mental harm.

More than a million youngsters - or one in 10 - are suffering from problems ranging from depression and anxiety to anorexia, and experts say that stresses from issues such as family breakdown, drink and drugs, increased testing at school and pressure to look good are directly linked to their troubles.

A study by the Institute of Psychiatry has shown that the number of teenagers with emotional and behavioural problems doubled between 1974 and 1999, the latest figures available.

The study was funded by the Nuffield Foundation, whose adolescent mental health programme director Ann Hagell says: "Modern life must be responsible in some way, and part of the problem is that the transition into being a full adult takes a lot longer than it did 30 years ago."

She points out that most 16-year-olds don't go out and get a job as there's no youth labour market, and the average age to leave home is 23 to 24 years.

She adds: "In some ways they grow up younger, but they don't have the rights and responsibilities until they're older."

Another struggle for adolescents is how they deal with their emotions, an aspect of life that's clearly linked to potential mental problems, says the children's charity NCH.

It will soon launch a campaign to improve children's emotional well-being, and Paul Moore, director of Children's Services at the charity, says: "There's a clear link between emotional well-being, mental health and social mobility.

"It's a major concern for us that children's mental health problems are increasing, and we want to help parents tackle it by showing them how to see children as children, and not mini-adults.

"It's clear that the problems are connected to changes in our lifestyles that have impacted on children and increased the pressure on them."

He says parents shouldn't be afraid to ask for help if they feel their child is struggling, a point echoed by consultant child and adolescent psychiatrist Dr Sebastian Kraemer, who puts the blame for adolescents' increasing troubles firmly at the door of social inequality.

The only thing parents can do, he says, is to take their troubled teenagers in hand.

"This gets increasingly difficult the older the child gets, so it's best to start early.

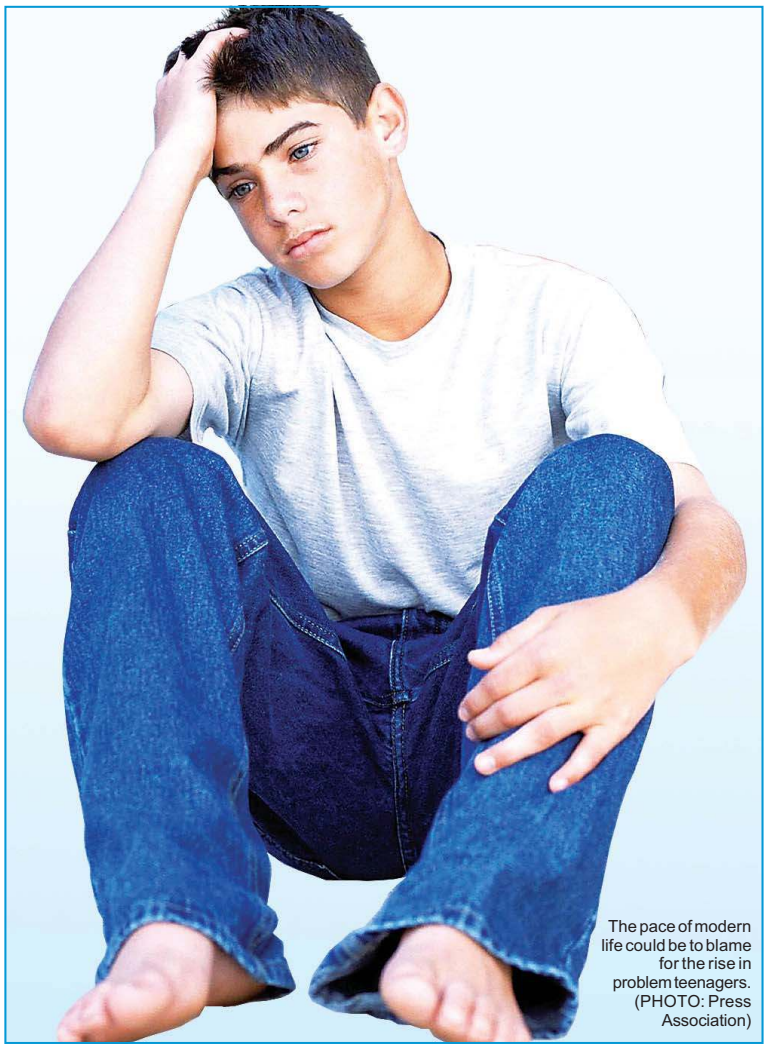
"Parents need not feel ashamed at asking for help, the earlier the better. The message is don't suffer alone - ask for parenting help and support.

"It's never too late, just harder the longer you leave it. So precocious teenagers who can outwit their parents aren't winning at all.

"They need boundaries like they need to eat and sleep."

Lisa Salmon

The number of teenagers with emotional and behavioural problems has doubled between 1974 and 1999. (PHOTO: Press Association)



The pace of modern life could be to blame for the rise in problem teenagers. (PHOTO: Press Association)

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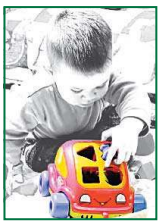

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Sun Protection for your dog or cat

Due to popular demand we are expanding on our brief mention of this subject in an earlier article, we take a look at what protection is available for our dogs as the weather heats up.

"Should I have my dog clipped close for the hot summer months?" is a question asked by many dog owners at this time of year. This is area of disagreement among professional groomers. Some experts advise short clips for heavy-coated dogs; others are opposed to close clipping and refuse to do it. Close clipping is advised in the interest of your dog's health, but usually only if your dog's coat is badly matted. A matted coat will trap heat and moisture and cause discomfort and skin problems. Frequent brushing is better, preventing the coat from matting. Hair on a well-brushed dog can actually help keep him cool by acting as insulation against the heat. It also provides protection from sunburn and from parasites. If you do decide to clip your dog then make sure that you protect it's skin from the sun with an appropriate sunscreen. There are coats available that reflect the sun – Cooler Coats – these are excellent for dogs that suffer from thinning of their fur. They are made of a special Heat Reflective material with a very lightweight lining making this coat a definite "must have" for the welfare of your dog. It is also waterproof and reversible providing a warming coat in the winter.

I clip my bearded collies coat every summer and keep it quite short, but I do this mainly to keep her mat free as we live in a field and she likes lying under the orange trees with all the burrs and grass seeds. A shorter coat makes it easier for me to keep an eye on grass seeds and mats.

Sunscreen is available which is specially formulated for your pet's skin. Light coloured – especially white – cats and dogs are prone to sunburn, and they do not realise that if they sit in that nice cosy warm spot on the terrace for more that 10 minutes, that they will get sun burn. There are quite a few sunscreens available for pets, which are non-oily and easy to apply. Sunburn starts as redness and hair loss on the ear tips, bridge of the nose, or abdomen and can lead to skin ulceration, infection, and carcinoma.

Make sure that you leave a visor of fur over your dogs eyes if you clip it's coat. You need to protect your dog's eyes from the sun, just as we protect ours. The natural way is with a visor of fur. Although you can get anything for your dog nowadays. Baseball hats, bonnets and Doggles (dog sunglasses). These have a practical benefit of protecting your dog's eyes from the sun, dirt, bugs, dust and rocks. They are used by working dogs, i.e. search and rescue dogs, over the world. They are also of great benefit if your dog has undergone eye surgery

In hot weather, sensible precautions should be taken for all breeds, not just hairy ones. Curtail exercise in the middle of the day, and provide shade, access to a cool spot, possibly leaving your pets indoors where it is cooler. Make sure that you provide them with plenty of fresh, clean water. Check their food and water for insect invasions. Do not leave food down, if your pet doesn't finish it within 15 mins then remove it and dispose of the uneaten food. If it is left down then it will attract insects and vermin and will go off quickly in the heat.

Please remember **DO NOT LEAVE YOUR PET IN A PARKED CAR FOR ANY LENGTH OF TIME DURING THE HOT SUMMER MONTHS** and remember that even if you parked it in the shade – the shade can move!

Protect your pet with knowledge

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Julie Pickering

If you are or know the owner of this dog or if you would like to keep him, please call one of these numbers below:

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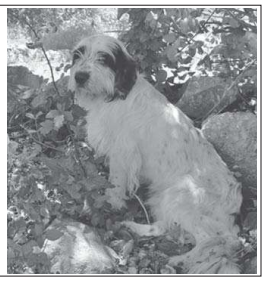

SCRUFFTS 2007

The Association for Protection of Animals in the Algarve area are pleased to announce that the **9th Scruffts Dog of the Year Show** has now been confirmed for Sunday, 16th September.

The venue will be in the same place as last year's show, at the FATACIL showground in Lagoa, Algarve.

"I am delighted", says APAA President Linda Pixley, "that after last year's very successful show we can return to the same venue again... and we are looking forward to an exciting Algarve event."

Details of judging classes and other features of the show will be announced shortly.

Anyone or any company interested in sponsoring or taking a trade stand at the show are welcome to email for more information.

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Urgências - 964 192 251
email: ana_silva@netcabo.pt

Claudia Santos
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BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Ever Wondered About Food? (T) 12.00 BBC News; Weather. (T) 12.10 Sailing. (T) 12.40 Golf: The Scottish Open. The third day's play at Loch Lomond. (T)

5.10 BBC News; Regional News; Weather. (T)

5.30 Weakest Link. Heroes and villains of TV, including former Bill actress Trudie Goodwin, Bad Girls stars Antonia Okonma and Nicola Stapleton and Big Brother 2006 contestant Nikki Grahame, compete. (R) (T)

6.20 School's Out. Danny Wallace hosts the quiz based on school subjects, with Adrian Edmondson, Jenni Falconer and Nick Knowles competing. (T)

6.55 DanceX. New series. Choreographers Arlene Phillips and Bruno Tonioli scour the country for sassy singers and dance-floor divas to form a new show-stopping group. Ben Shephard hosts. (T)

7.55 The National Lottery Draws. Singer Natalie Imbruglia performs and Tim Vincent sets the balls rolling to reveal the results of the all-important Thunderball, Dream Number and Lotto draws. (T)

8.10 Casualty. Nadia catches Stitch gambling on the Internet and the maverick consultant's distraction from his duties puts a patient's life at risk. Dixie's confession of love for Cyd leads to a tense atmosphere between them, while Josh grows concerned Maggie wants more than friendship. Tess tells Abs she feels too old to enter the dance contest. (T)

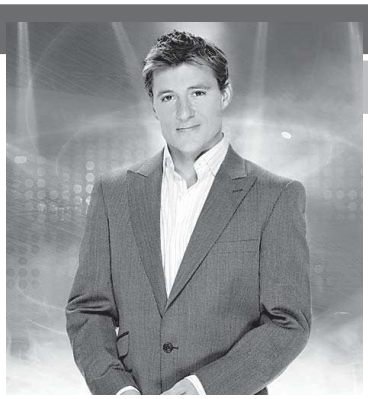
9.00 Jekyll. Desperate to discover the whereabouts of her children and find out why her claustrophobic husband is locked inside a box, Claire visits Syme to demand answers. Flashbacks reveal the circumstances behind Claire and Tom's first meeting. James Nesbitt, Gina Bellman and Denis Lawson star. (T)

9.55 Would I Lie to You? Former Men Behaving Badly stars Leslie Ash and Neil Morrissey join comic Jason Manford and musician Myleene Klass as guests on the comedy panel show. They join captains Lee Mack and David Mitchell as each team attempt to mislead their opponents with absurd facts and plausible lies. Angus Deayton oversees proceedings. (T)

10.25 BBC News; Weather; (T) National Lottery Update.

10.45 FILM: Man on Fire (2004). Premiere. Thriller, starring Denzel Washington. (T)

1.00 FILM: Prime Cut (1972). Crime drama, starring Gene Hackman and Lee Marvin; (T) Weatherview. 2.30 BBC News 24. (T)



Pick of the Day

DanceX (BBC1, 6.55pm)
The next series of Strictly Come Dancing may be a little way off yet, but judges Arlene Phillips and Bruno Tonioli aren't going to spend the next few months just sitting at home working on their pithy putdowns. Instead, the choreographers are getting to work on this series, which sees them searching for talented people to make up a new dancing and singing group. In the first edition, they join forces with presenter Ben Shephard to search for would-be hoofers at open-air auditions across the UK. As anyone who's ever seen a talent show would expect, a startling array of acts turn up, including a few surprisingly limber pensioners. There's also a wide range of dance styles on display, including bhangra, break-dancing, and ballet. It's up to Bruno and Arlene not to get distracted by the occasionally terrible weather and focus on weeding out the genuinely gifted from the slightly deluded via a series of gruelling callbacks. However, while the two experts may be working together this week, expect sparks to fly in the next edition when they'll be battling against each other to ensure their personal favourites make it to the next stage.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. (T) 9.40 Planet Sketch. (T) 9.50 Tricky TV. 10.20 The Giblet Boys. (R) (T) 10.50 The New Worst Witch. (R) 11.20 My Parents Are Aliens. (R) (T) 11.50 ITV News and Weather; Weather. (T) 11.55 London Today; Weather. (T) 12.00 FILM: Small Soldiers (1998). Family adventure, with Kirsten Dunst. (T) 2.00 FILM: K-9 (1989). Fast-moving police comedy, starring James Belushi. (T) 3.55 London Tonight; Weather. (T) 4.10 ITV News and Sport; Weather. (T) 4.25 FILM: Crocodile Dundee (1986). Smash-hit adventure, starring Paul Hogan. (T)

6.10 Harry Potter: The Costume Drama. Presenter Ben Shephard goes behind the scenes of the schoolboy wizard's latest film The Order of the Phoenix, to find out how the characters' outfits are made. (T)

6.40 Sing It Back: Lyric Champion 2007. Another set of contestants try their luck at filling in the missing words from popular songs, hoping to win a dream holiday and be crowned Lyric Champion 2007. Tone-deaf players need not fear, because they will be judged on how accurately they remember the lyrics, not how well they sing them. Radio 1 DJs JK and Joel present, while adjudicator Paul Gambaccini has the last word on any disputes. (T)

7.40 All-New You've Been Framed! Zany comedian Harry Hill narrates a selection of home-video howlers captured by viewers on camcorders and mobile phones. Clumsy children, sporting slip-ups and connubial calamities feature among the comedic clips.

8.10 Who Wants to Be a Millionaire? More contestants take the hot-seat and have a go at answering 15 questions in the hope of winning the life-changing cash prize. Presenter Chris Tarrant invites the hopefuls to take advantage of lifelines Ask the Audience, Phone a Friend and 50-50 if they get stuck. (T)

9.10 Amir Khan: The Big Fight Live. Amir Khan v Willie Limond. Coverage of Commonwealth Lightweight title bout from the O2 Arena in London. Plus, Heavyweights Matt Skelton v Michael Sprott. (T)

11.10 ITV News and Weather; Weather. (T)

11.30 TV's Naughtiest Blunders. X-rated outtakes. (T)

12.00 Glitterball; ITV News Headlines. 4.10 Boot Sale Treasure Hunt. (R) (T) 4.35 Boot Sale Treasure Hunt. (R) (T) 5.00 ITV Nightscreen.

BBC2

6.00 CBeebies: 6.00 Teletubbies; (R) (T) CBeebies Birthdays. (T) 6.30 Balamory. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Dogstar. (T) 7.25 The Batman. (R) (T) 7.45 Dennis the Menace; (R) (T) The Likeabalts. (T) 8.20 ChuckleVision. (R) (T) 8.30 The Story of Tracy Beaker. (R) (T) 9.00 The Sorcerer's Apprentice. (T) 9.30 The Slammer. (R) (T) 10.00 Beat the Boss. (R) (T) 10.25 Best of Friends. (R) (T) 10.55 The Story of Tracy Beaker. (R) (T) 11.20 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 Animal Park. (R) (T) 1.00 FILM: Trapeze (1956). Circus drama. Burt Lancaster stars. (T) 2.40 FILM: Solomon and Sheba (1959). Biblical drama, with Yul Brynner. (T) 4.55 Flog It! (R) (T) 5.55 Natural World. (R) (T) 6.45 Dad's Army. (R) (T) 7.15 FILM: Two Men Went to War (2002). Premiere. During World War Two, a pair of Army dentists decide to do their bit for king and country - so launch their own invasion of occupied France. Comedy drama, starring Kenneth Cranham. (T) 9.00 Coast. The team explore Ireland's west coast between Galway Bay and Fastnet Rock. Alice Roberts travels to Skellig Michael Island and Neil Oliver examines the area's links with Columbus. (R) (T) 10.00 The Thick of It Special: Spinners and Losers. Second of a two-parter. Malcolm Tucker's career hangs in the balance. (T) 11.00 Glastonbury Highlights. (T) 1.00 FILM: Wise Blood (1979). Offbeat drama, starring Brad Dourif. (T) 2.45 Farscape. An operation leaves Crichton virtually speechless. (R) (T) 3.30 Farscape. (R) (T) 4.15 Close.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.55 T4: Big Brother's Little Brother. (T) 9.25 T4: Friends. Phoebe's half-brother makes an announcement. (R) (T) 10.00 T4: iTunes Festival: London. 10.35 T4: Popworld. (R) (T) 11.45 T4: Big Brother. (R) (T) 12.50 T4: Big Brother. (R) (T) 1.25 T4: Harry Potter and the Order of the Phoenix: T4 Movie Special. (T) 2.00 Channel 4 Racing from York, Chester and Ascot. Including the 3.45 John Smith's Cup (H'cap) (1m 2f 88yds). (T) 4.05 Location, Location, Location. (R) (T) 4.40 FILM: The Dam Busters (1954). World War Two epic, starring Michael Redgrave. (T) (bw) 7.00 Channel 4 News. (T) 7.30 The Iraq Commission. Jon Snow presents a live programme, in which the Commission, chaired by former Liberal Democrat leader Paddy Ashdown, one-time leader of the House of Lords and ex-Conservative Defence Secretary Tom King present their recommendations for Britain's future role in Iraq. After hearing evidence from more than 50 witnesses, their findings will eventually be presented to Prime Minister Gordon Brown. Last in series. (T) 9.00 FILM: Bride and Prejudice (2004). Premiere. Romantic Bollywood-style comedy, loosely based on Jane Austen's classic Pride and Prejudice, about a mother hoping to find suitable husbands for her daughters. Aishwarya Rai stars. (T) 11.05 FILM: Heartbreakers (2001). Comedy, starring Sigourney Weaver. (T) 1.20 4Music: TBA: Maximo Park. (R) (T) 2.10 4Music: Road to V 2007. (R) (T) 2.25 Big Brother Live. 4.25 The War on Britain's Jews? (R) (T) 5.25 Countdown. (R) (T)

FIVE

6.00 Sunrise. 6.55 Milkshake!: Sailor Sid. (R) (T) 7.00 The Milkshake! Show. (R) (T) 7.30 Little Princess. (R) (T) 7.45 Roary the Racing Car. (R) (T) 8.00 Make Way for Noddy. (R) (T) 8.15 Say It with Noddy. (R) (T) 8.20 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.35 The Book of Pooh. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Super Tornado: Perfect Disaster. (R) (T) 11.00 Nick Baker's Weird Creatures. (R) (T) 12.05 FILM: Rear Window (1998). Remake of the classic thriller. Christopher Reeve stars. (T) 1.40 FILM: Columbo: Blueprint for Murder (1972). Crime drama, starring Peter Falk. 3.10 Danielle Steel's The Ring. (T) 6.00 FILM: Spies Like Us (1985). Comedy, starring Chevy Chase and Dan Aykroyd as incompetent US State Department officials unwittingly used as decoys to thwart Soviet activity in Pakistan. (T) 7.40 five news and sport. (T) 8.00 NCIS. A Marine suspected of murdering a girl is killed in Iraq and a search of his personal belongings reveals her body. However, Gibbs thinks there's more to the case than meets the eye. (R) (T) 9.00 CSI: NY. Flack leads a raid to catch a notorious drugs lord but finds the criminal has been murdered, while his usurper launches an all-out attack on the crime lab. Last in series. (T) 10.00 Law & Order. Briscoe and Green probe several murders and a kidnap. (T) 11.00 Angela's Eyes. (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

LOCAL

RTP1
0630 Brinca Comigo 0900 Diário de Sofia 0930 O Planeta em 2100 1030 The Human Footprint 1130 Mudar de Vida 1200 Centro de Saúde 1230 Mr Bean 1300 News 1410 Top + 1530 Tour of France 1615 Special Unit 1715 Love Affair, film 1915 O Preço Certo 2000 News 2100 A Voz do Cidadão 2130 Prémios Talento 2007 2330 Apocalpse Now Reduz 0315 A Hora da Sorte 0400 Telesales

RTP2
0700 Euronews 0900 África 7 Dias 0930 Notícias de Portugal 1030 Animais Como Nós 1115 Placo: Jennifer Loez, Christina Aguilera 1300 The Simpsons 1300 entre Pratos 1400 Parlamentos 1500 Desporto 2 1900 Flip 1930 Indisciplinas 2000 National geographic 2030 Diário de Sofia 2100 Balanço e Contras 2145 A Hora da Sorte 2200 News 2240 Filmes: Before Sunset; A Filha 0130 Vidas 0300 Sport 0600 Euronews

SIC
0700 Sic Kids 0845 Disney Kids 1030 Beach Football 1200 Our world 1300 News 1400 Extase 1500 Ugly Betty 1600 Ghost Whisperer 1800 News TBA 2000 News 2115 Paraíso Tropical 2230 Amazónia 2330 Vingança 0030 Basic, film 0215 Igby Goes Down, film 0345 Rex, o Cão Polícia

TVI
0700 Childen TV 0900 Morangos com Açucar 1045 O Bando dos Quatro 1215 DeLuxe 1300 News 1400 Os Escolhidos 1600 Film TBA1800 Film TBA 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 The Bone Collector, film 0230 Kojak 0330 Dawsons Creek 0430 O Protector

Best of the Rest

BBC3
7.00 TV Gaffes Galore 7.10 The Real Hustle 7.25 The Real Hustle 7.55 Dance Xtra 8.25 Neighbours Revealed 8.55 Neighbours Revealed 9.25 Neighbours Revealed 9.55 Neighbours Revealed 10.25 Neighbours Revealed 10.50 Touch Me, I'm Karen Taylor 11.20 Little Britain 11.50 DanceX 12.50 Dance Xtra 1.20 Neighbours Revealed 1.50 Neighbours Revealed 2.20 Neighbours Revealed 2.50 Neighbours Revealed 3.20 Neighbours Revealed 3.50 Close

BBC4
7.00 Voyages of Discovery 8.00 Women's Institute 9.00 Children's TV on Trial 10.00 Film: Sawdust and Tinsel 18 (1953) 11.30 Bergman and the Cinema: Arena 12.30 Women's Institute 1.30 Children's TV on Trial 2.30 Voyages of Discovery 3.30 Bergman and the Cinema: Arena 4.30 Close

ITV2
2.35 Holiday Showdown 3.35 Holiday Airport: Palma 4.40 America's Got Talent 6.10 America's Got Talent: Results 7.10 Nanny 911 8.10 Film: Police Academy III: Back in Training PG (1986) 9.45 Film: LA Story 15 (1991) 11.40 Jack Osbourne - Adrenaline Junkie 12.40 Test Drive My Girlfriend 1.10 Glitterball: ITV Play 3.40 Emmerdale 6.00 Close

Sky One
2.00 Star Trek: The Next Generation 3.00 Relic Hunter 4.00 Pirate Master 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Brainiac: Science Abuse 7.00 The Simpsons 7.30 The Simpsons 8.00 Cold Case 9.00 Bones 10.00 Bones 11.00 Bones 12.00 Football Years 1.00 Brainiac: Science Abuse 1.50 Mark Williams' Big Bangs 2.40 Star Trek: The Next Generation 3.30 Star Trek: The Next Generation 4.20 Relic Hunter 5.10 Guilty!

UKTV Gold
1.20 Keeping Up Appearances 2.00 Last of the Summer Wine 2.40 Last of the Summer Wine 3.20 Last of the Summer Wine 4.00 Doctor Who 5.00 The Thin Blue Line 5.40 The Thin Blue Line 6.20 The Thin Blue Line 7.00 My Family 7.40 My Family 8.20 My Family 9.00 Film: Spy Hard PG (1996) 10.40 Jonathan Creek 11.45 The Catherine Tate Show 12.25 Two Pints of Lager and a Packet of Crisps 1.05 Men Behaving Badly 1.40 My Family 2.10 Keeping Up Appearances 2.40 Keeping Up Appearances 3.10 Keeping Up Appearances 3.45 Dallas 4.35 Dallas 5.30 Last of the Summer Wine

TCM
1.20 Murder Most Foul U (1964) 3.00 Murder at the Gallop U (1963) 4.30 The Cincinnati Kid PG (1965) 6.25 Kelly's Heroes PG (1970) 9.00 Taxi Driver 18 (1976) 11.05 The Screening Room 11.35 Get Carter 18 (1971) 1.45 Tribute to a Bad Man PG (1956) 3.25 Teleshopping 3.45 Terror on a Train PG (1953)

The Disney Channel
Kids' programmes from 7am, except: 4.00 Film: Cheetah Girls 2 U (2006) Drama, starring Raven-Symone.

MOVIES

Sky Movies Drama

6.00 Jackie, Ethel and Joan: The Women of Camelot 8.50 Loss of Faith PG (1997) 10.25 Pride and Prejudice U (2005) 12.35 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 3.00 Jackie, Ethel and Joan: The Women of Camelot 5.50 Pride and Prejudice U (2005) With Keira Knightley. 8.00 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 10.30 Crash 15 (2004) With Brendan Fraser. 12.25 Nil By Mouth 18 (1997) With Ray Winstone. 2.45 In the Line of Duty: Blaze of Glory 15 (1996) With Lori Loughlin. 4.25 Loss of Faith PG (1997)

Sky Movies Comedy

7.20 Max Rules: Adventures of a Superspy U (2005) 8.50 Rebound PG (2005) 10.35 Teen Wolf PG (1985) 12.25 Are We There Yet? PG (2004) With Ice Cube. 2.15 The Break-Up 15 (2006) With Jennifer Aniston. 4.15 Rebound PG (2005) With Martin Lawrence. 5.55 Teen Wolf PG (1985) With Michael J Fox. 7.40 Harry Potter and the Order of the Phoenix: The Making Of 8.00 Addicted to Love 15 (1997) With Meg Ryan. 9.45 The Break-Up 15 (2006) With Jennifer Aniston. 11.45 Bad Santa 15 (2004) With Billy Bob Thornton. 1.30 Preaching to the Perverted 18 (1997) With Christien Anholt. 3.15 An Alan Smithee Film: Burn, Hollywood, Burn 12 (1997) 4.45 Are We There Yet? PG (2004)

Sky Movies Action

6.25 SS Doomtrooper 15 (2006) 8.10 Volcano 12 (1997) 10.05 Flightplan 12 (2005) 11.50 Red Dawn 15 (1984) With Patrick Swayze. 1.50 SS Doomtrooper 15 (2006) With Corin Nemec. 3.35 Volcano 12 (1997) With Tommy Lee Jones. 5.25 Flightplan 12 (2005) With Jodie Foster. 7.10 The Ipcress File 15 (1965) With Michael Caine. 9.00 The Delta Force 18 (1986) With Chuck Norris. 11.15 Red Dawn 15 (1984) With Patrick Swayze. 1.15 Black Rain 18 (1989) With Michael Douglas. 3.25 I'll Sleep When I'm Dead 15 (2004) 5.15 The Ipcress File 15 (1965)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1

6.00 Aerobics Oz Style 6.30 World Sport 7.00 Soccer AM: The Best Bits 8.00 Soccer AM: The Best Bits 9.00 Cricket AM 10.30 Copa America Football 12.00 International Rugby Union 1.30 Live Cricket. Leicestershire Foxes v Kent Spitfires. 7.30 Live Masters Football. The Scottish Masters. 10.30 International Rugby Union 12.00 Premiership Years 2.00 Live Big Fight Special. Antonio Margarito v Paul Williams. 5.00 Moto Plus 5.30 Motor Racing

Sky Sports 2

6.00 Bass Fishing 7.00 Tight Lines 8.00 Live Rugby Union. New Zealand v South Africa (Kick-off 8.35am). 10.30 Super League 12.00 Friday Fight Night 2.00 Rally World 2.30 Live Athletics. The English Schools Championship. 5.30 Moto Plus 6.00 Live Speedway. The opening round of this year's World Cup. 9.00 Max Power 10.00 Live Copa America Football. Coverage of the third-place play-off (Kick-off 10.05pm). 12.00 Rally World 12.30 Live Motor Racing. The Firestone Indy 200. 3.00 Soccer AM: The Best Bits 4.00 Soccer AM: The Best Bits 5.00 Rally World 5.30 FIFA Futbol Mundial

Sky Sports 3

6.00 Sports Unlimited 7.00 Friday Fight Night 9.00 Racing News 10.00 WWE: Smackdown 12.00 WWE: Bottom Line 1.00 Moto Plus 1.30 World Sport 2.00 Soccer AM: The Best Bits 3.00 Soccer AM: The Best Bits 4.00 WWE: Bottom Line 5.00 WWE: Smackdown 7.00 Karting 7.30 International Rugby Union 9.00 Live Cage Rage. Tengiz Tedoradze v Eric 'Butterbean' Esch. 11.00 Extreme Championship Wrestling 12.00 WWE: Late Night - Smackdown 2.00 WWE: Late Night - Bottom Line 3.00 Cage Rage 5.00 Beach Volleyball

British Eurosport

7.30 Eurosport Buzz 8.00 Cycling: Tour de France 9.00 Live Beach Volleyball. The women's Berlin Grand Slam semi-finals. 11.00 Live Cycling: Tour de France. A look ahead to the seventh stage. 11.15 Live Cycling: Tour de France. Coverage of the seventh stage of this year's race. 1.00 Live MotoGP. The German Grand Prix MotoGP qualifying session. 1.45 Live Cycling: Tour de France. Coverage of the seventh stage of this year's race. 5.00 Rallying 5.15 euroCRASH! 5.30 Eurosport Buzz 6.00 Live Football. Werder Bremen v FC Basel (Kick-off 6.00pm). 8.00 Live International Football. A quarter-final encounter in the Under-20s World Cup. 9.15 Cycling: Tour de France 10.15 MotoGP 12.00 Rallying 12.15 Beach Volleyball 1.00 Close

Sky Sports Xtra

6.00 Poker Week 6.30 Beach Volleyball 7.30 Super League 9.00 Premiership Years 11.00 Beach Volleyball 12.00 FIFA Futbol Mundial 12.30 Premiership Years 2.30 Beach Volleyball 3.30 International Rugby Union 5.00 Copa America Football 6.30 Beach Volleyball 7.30 Sailing 8.00 Athletics 11.00 Masters Football 2.00 Speedway 5.00 Sailing 5.30 Wild Spirits

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BBC1

6.00 Breakfast. (T) 9.00 Sunday AM; (T) BBC News. (T) 10.00 Heaven & Earth with Gloria Hunniford. (T) 11.00 Countryfile. (T) 12.00 The Politics Show. (T) 1.00 'Allo 'Allo! (R) (T) 1.25 Cash in the Attic. (R) (T) 2.20 EastEnders. (T) 4.15 Dancing with the Stars. (T)

5.30 Lifeline. An appeal on behalf of Depaul Trust. (T)

5.45 Songs of Praise. Aled Jones looks back at highlights from the series. (T)

6.20 Last of the Summer Wine. New series. Eric Sykes guest stars as absent-minded Doggy, who is disappointed when his stag night doesn't live up to his expectations. With Peter Sallis and Frank Thornton. (T)

6.50 The Great British Village Show. Alan Titchmarsh, James Martin and Angellica Bell continue their search for Britain's village show champion, meeting experts in their chosen fields at Montacute House in Somerset. (T)

7.35 BBC News; Regional News; Weather. (T)

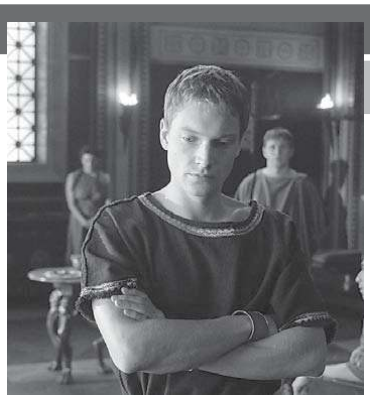
8.00 The Chase. Fiona is overjoyed when she receives a letter of acceptance from the University of Liverpool to study veterinary medicine. Her bubble is soon burst when Anna refuses to provide her with a reference. Meanwhile, Claudie and Liam are questioned by the police in connection with George's death. Heather Peace and Gaynor Faye star. (T)

9.00 How We Built Britain. David Dimbleby completes his journey through Britain, tracing the arrival of the bold new Modernist style at a glorious public swimming pool on the south coast. After assessing the effects the war had on what was built immediately after the hostilities, he travels to the capital and asks how many of the breathtaking towers of steel and glass will still be standing in a hundred years from now. Last in series. (T)

10.00 BBC News; Weather. (T)

10.20 Medium. Allison discovers a strange friendship between two ghosts, but is left shocked when one of them unexpectedly refuses her attempt to unmask his killer. Paranormal drama, starring Patricia Arquette as a woman plagued by visions of the dead, who uses her unique gift to solve murder cases. (T)

11.00 FILM: Lost (2004). Premiere. Thriller, starring Dean Cain; (T) Weatherview. 12.25 Sign Zone: Arena: Bob Marley - Exodus '77. (R) (T) 1.55 Sign Zone: Holby City. (R) (T) 2.55 Sign Zone: The Great British Village Show. (R) (T) 3.40 BBC News 24.



Pick of the Day

Rome (BBC2, 9pm)
This violent and impressive epic continues as Octavian proclaims a new era of virtue in the capital city and delivers a stern mandate to his people, declaring the need for strict family values and threatening severe punishment for adultery, promiscuity or vice. However, although his warnings are fierce, it seems his own family, not to mention his subordinates, could have trouble adhering to his new rules. Meanwhile, tragedy strikes for several individuals, including Pullo and Timon. As the latter dejectedly leads his family through Rome to Jerusalem, he is unable to answer his children's questions about the whereabouts of their Uncle Levi. Pullo also struggles to cope with recent events and channels his grief and anger toward Memmio, Omnipor and their henchmen. Elsewhere, after courting a much more 'appropriate' bride named Livia, Octavian focuses on punishing Atia and Octavia for their actions. He also issues Mark Antony with a stark ultimatum, which, for the latter, it could signify a whole new beginning.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 CITV: Art Attack. (R) (T) 9.45 Prove It! 10.10 Atomic Betty. (T) 10.20 Jim Jam & Sunny. (T) 10.30 Jim Jam & Sunny. (T) 10.45 Pocoyo. (T) 10.55 Jim Jam & Sunny. (T) 11.10 Jim Jam & Sunny. 11.25 Bernard. (R) (T) 11.40 FILM: Shalako (1968). Western, starring Sean Connery. (T) 1.45 ITV News and Weather. (T) 1.55 London Today; Weather. (T) 2.00 British Touring Car Championship. Live coverage of the sixth round of the season at Donington Park. (T) 3.30 British Superbike Championship. The eighth round of the season at Oulton Park. (T)

5.00 Dream Homes. A steel and glass house in Maida Vale. (T)

6.00 The Way We Were. New series. Nostalgic documentary featuring childhood stories of years gone by, including the wartime evacuation of three youngsters in 1939, and a small boy's famous flying father. (T)

6.25 London Tonight; Weather. (T)

6.40 ITV News and Weather. (T)

7.00 Emmerdale. Diane struggles to mask her feelings for Billy when he returns from holiday, while Eli continues to come between Marlon and Donna. Victoria sets her sights on an attractive teacher. (T)

7.30 Coronation Street. Derek threatens to tell Vernon the truth unless Liz agrees to carry on their affair. Claire and Ashley return to the Street, while Tyrone remains uneasy about Paul's presence. (T)

8.00 Heartbeat. Geoff and Phil bring two suspicious men into the station when they see them exchanging a large amount of money for a rucksack, but two others escape from the scene and the officers soon find themselves in danger and under siege. At the Aidensfield Arms the residents gather to watch the moon landing, but one guest gives Gina cause for concern when she appears upset and agitated and seems unimpressed by the historic event. Guest starring Jonny Phillips, Stephen Noonan and Heather Bleasdale. (T)

9.00 The Commander. Part two of two. The hunt for Eric Thornton intensifies following the murder of his mother, and an unexpected complication arises when it transpires the drug squad also have him in their sights. (T)

10.00 News Knight with Sir Trevor McDonald. (T)

10.30 ITV News and Weather; Weather. (T)

10.45 The South Bank Show. Melvyn Bragg presents an insight into the world of Ian McMillan as he takes his songs, poems, plays and stories on the road to village halls, schools and hospitals. (T)

11.50 Faith and Music. Cliff Richard discusses his career and beliefs. With an incredible string of hits through the past five decades, the singer has become known as one of the country's most famous Christians. Includes hits Devil Woman and Living Doll. (R) (T)

12.30 Motorsport UK. (T) 1.00 FILM: Krakatoa, East of Java (1968). Epic drama, starring Maximilian Schell; (T) ITV News Headlines. 3.15 The Jeremy Kyle Show. (R) (T) 4.10 ITV Nightscreen.

BBC2

6.00 CBeebies: 6.00 Teletubbies; (R) (T) CBeebies Birthdays. (T) 6.30 Balamory. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Batfink. (R) (T) 7.10 Legend of the Dragon. (R) (T) 7.30 Smile. (T) 11.00 Something for the Weekend. (T) 11.30 World Cup Rowing. (T) 12.30 Live MotoGP. The German Grand Prix. (T) 2.00 Golf: The Scottish Open. The fourth and final day's play at Loch Lomond. (T) 6.00 Live Athletics. Sue Barker introduces coverage of the British Grand Prix at the Don Valley Stadium in Sheffield, featuring many of the world's leading athletes as they prepare for the World Championships. (T) 9.00 Rome. Pullo faces personal tragedy and Octavian proclaims a new era of virtue in the empire, promising to punish adultery, promiscuity and vice. Ray Stevenson and Michael Nardone star. (T) 10.00 The Zimmers go to Hollywood. The popstar pensioners travel to America, hoping to take the country by storm with their version of My Generation and appearing on a talk show alongside Hollywood star George Clooney. (T) 10.30 Storyville: Once in a Lifetime. (T) 12.00 World Cup Rowing Highlights. (T) 1.00 FILM: Touch Me (1997). Drama, starring Amanda Peet. (T) 2.45 Farscape. Part one of two. Moya collides with an alien vessel. (R) (T) 3.30 Farscape. (R) (T) 4.15 Close.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Transworld Sport. (T) 8.00 Adrenalin Rush. 8.55 T4: Popworld. (R) (T) 10.00 T4: Hollyoaks. (T) 12.30 T4: Big Brother's Little Brother. (T) 1.40 T4: Lily Allen: Still Alright? (T) 2.45 T4: Big Brother's Diary Room Uncut. (T) 3.50 T4: The Simpsons. (T) 4.20 T4: The Simpsons. (T) 4.50 Supernanny. (T) 5.45 Deal or No Deal Classic. (R) (T) 6.30 Channel 4 News. (T) 6.45 Come Dine with Me. Amateur chefs from Belfast battle to be the best dinner party host. (R) (T) 8.00 Big Brother: On the Couch. Davina McCall is joined by a team of experts to analyse the social dynamic of the contestants and any problems that have arisen, with reference to the key events of the previous week. (T) 9.00 Big Brother. Highlights from the past 24 hours inside the most talked-about house in Britain. (T) 10.00 FILM: Bulletproof Monk (2003). A Tibetan monk acting as guardian of an ancient scroll battles modern-day Nazis while training a pickpocket to be his replacement. Martial arts thriller, starring Chow Yun-Fat. (T) 11.55 iTunes Festival: London. 12.30 Big Brother's Diary Room Uncut. The housemates share their thoughts with Big Brother. 1.30 Big Brother Live. 5.00 The Insider. (R) (T) 5.25 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Little Princess. (R) (T) 6.20 Roobarb and Custard Too. (R) (T) 6.25 Franny's Feet. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Harry and His Bucket Full of Dinosaurs. (R) (T) 7.00 The Milkshake! Show. (R) (T) 7.25 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.40 Roary the Racing Car. (R) (T) 7.55 Make Way for Noddy. (R) (T) 8.10 Say It with Noddy. (R) (T) 8.15 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.30 The Book of Pooh. (R) (T) 9.00 Funky Town. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 How to Be a Property Developer. (R) (T) 11.00 The Hotel Inspector. (R) (T) 12.05 Hidden Treasure Houses. (R) (T) 12.35 House Doctor. (R) (T) 1.05 five news update. (T) 1.10 FILM: Once Before I Die (1966). Wartime drama, starring John Derek. (T) 3.00 FILM: Cahill, US Marshal (1973). Western, starring John Wayne. (T) 4.55 five news and sport. (T) 5.15 FILM: 13 Going on 30 (2004). Premiere. Comedy, starring Jennifer Garner. (T) 7.10 Joey. The actor throws a Christmas party, but has to resolve conflicts with Alex first. Bobbie invites her domineering boyfriend, who soon spoils the mood. Matt LeBlanc stars. (T) 7.35 Joey. Gina thinks she is pregnant. (T) 8.00 FILM: Dirty Rotten Scoundrels (1988). Sparkling comedy, with Michael Caine and Steve Martin both hilarious as rival professional con-men who make a wager to decide which of them has the right to work the French Riviera. (T) 10.05 Vanished. (T) 11.05 Killer Instinct. (R) (T) 12.05 Disorderly Conduct. (T) 1.05 Major League Baseball. Philadelphia Phillies v St Louis Cardinals. 4.10 Kickboxing: Now Is the Time - Night of Combat. 5.00 Major League Soccer.

LOCAL

RTP1
0630 Brinca Comigo 0900 Baleias em Perigo 1000 Eucaristia Dominical 1100 Conversas ao Domingo 1130 Sentido do Gosto 1200 Contra 1230 Mr Bean 1300 News 1410 Só Visto 1530 Tour of France 1630 Sobrenaturak 1900 Elections 2000 News 2100 Elections 2200 A Herança 'De Verão' 2300 Cradle 2 the Grave, film 0100 Le Déclin L'Empire Amércain, film 0400 Telesales

RTP2
0700 Euronews 0730 Músicas de Áfirca 0830 África@global 0900 Caminhos 0930 70x7 1000 Nós 1100 Indisciplinas 1130 Consigo 1200 Vida Por Vida 1230 Olhar o Mundo 1300 The Simpsons 1330 Bombordo 1400 Discovery Hour 1900 Arte & Emoção 1930 Diga lá Excelência 2030 The Simpsons 2100 Entre Pratos 2130 A Alma e Gente 2200 News 2240 Câmanba Clara 2330 Britcom 0030 Onda Curta 0130 Parlamento 0200 A Alma e a Gente 0230 Euronews 0245 Sport 0600 Euronews

SIC
0645 Sic Kids 0845 Disney Kids 1100 Uma Aventura na Cidade 1300 News 1400 News 1645 News 1900 News 2145 Sic Reportagem 2145 Paraíso Tropical 2230 Amazónia 2330 Hora H 0015 CSi Las vegas 0115 Wrong Turn 0315 O cairro da Fonte

TVI
0645 Children's TV 0900 Morangos Com Açucar 1100 Missa Braga 1230 Oitavo Dia 1300 News 1400 Along Came Polly, film 1545 Já Viram Isto!?... 1900 News and Elections 2230 Doce Fugitiva 2330 Tu e Eu 0030 Hostage, film 0245 Double Dare, film

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Last Man Standing 9.00 The Visit 9.30 Touch Me, I'm Karen Taylor 10.00 Film: The Thomas Crown Affair 15 (1999) 11.45 Two Pints of Lager and a Packet of Crisps 12.15 Two Pints of Lager and a Packet of Crisps 12.45 Last Man Standing 1.40 Touch Me, I'm Karen Taylor 2.10 The Visit 2.40 Two Pints of Lager and a Packet of Crisps 3.10 Two Pints of Lager and a Packet of Crisps 3.40 Close

BBC4
7.00 Chelsea Pensioners: Once a Soldier 7.30 Proms on Four 2007 10.00 Britain in Pictures 10.30 Crisis at the Castle 11.30 Women's Institute 12.30 Britain in Pictures 1.00 Crisis at the Castle 2.00 Proms on Four 2007 4.30 Close

ITV2
2.15 Film: Police Academy III: Back in Training PG (1986) 4.00 Coronation Street 6.30 America's Got Talent 8.00 America's Got Talent: Results 9.00 Katie & Peter: The Baby Diaries 10.00 Film: Wimbledon 12 (2004) 12.00 Coronation Street 12.30 Katie & Peter: The Baby Diaries 1.30 America's Got Talent 3.00 America's Got Talent: Results 4.00 Teleshopping 6.00 Close

Sky One
2.00 Making of Hogfather - The Whole Hog 3.00 Robot Wars: The Sixth Wars 4.00 A Town Called Eureka 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 The Simpsons 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Film: You've Got Mail PG (1998) 11.15 Road Wars 12.15 Football Years 1.15 Deadwood 2.30 Star Trek: The Next Generation 3.25 Star Trek: The Next Generation 4.20 The Real Mile High 5.10 Guilty!

UKTV Gold
1.05 The Vicar of Dibley 1.45 The Vicar of Dibley 2.35 The Vicar of Dibley 3.30 The Vicar of Dibley 4.10 The Vicar of Dibley 5.05 Planet Earth 6.10 The Blue Planet 7.10 The Vicar of Dibley 8.05 The Vicar of Dibley 9.00 Dalziel & Pascoe 11.20 The Royle Family 12.00 Men Behaving Badly 12.40 Two Pints of Lager and a Packet of Crisps 1.20 Dalziel & Pascoe 3.25 Planet Earth 4.15 The Blue Planet 5.10 Jim'll Fix It Strikes Again 5.35 Neighbours

TCM
1.05 A Patch of Blue PG (1965) 3.00 Moonstruck PG (1987) 4.55 One, Two, Three U (1961) 6.55 The Wrong Man PG (1956) 9.00 Major Dundee PG (1965) 11.20 Cimarron PG (1960) 2.00 Battle Beneath the Earth U (1967) 3.35 Teleshopping 3.55 Mark of the Vampire PG (1935)

The Disney Channel
Kids' programmes from 7am, except: 4.00 Film: The Even Stevens Movie PG (2003) Family adventure, starring Shia LaBeouf.

MOVIES

Sky Movies Drama

6.00 The Patron Saint of Liars PG (1997) 7.35 Martha: Behind Bars PG (2005) 9.10 William Shakespeare's The Merchant of Venice PG (2004) 11.30 Diggity's Treasure PG (2001) With Andrew McCarthy. 1.10 Walk the Line 12 (2005) With Joaquin Phoenix. 3.30 Drama Close Up 4.00 Martha: Behind Bars PG (2005) With Cybill Shepherd. 5.40 William Shakespeare's The Merchant of Venice PG (2004) With Al Pacino. 8.00 Michael Collins 15 (1996) With Liam Neeson. 10.15 Walk the Line 12 (2005) With Joaquin Phoenix. 12.35 Cousins 15 (1989) With Ted Danson. 2.35 Bee Season 12 (2005) With Richard Gere. 4.35 The Patron Saint of Liars PG (1997)

Sky Movies Comedy

6.25 Emma U (1996) 8.40 Sixty Six 12 (2006) 10.30 Wedding Crashers 15 (2005) 12.45 Emma U (1996) With Gwyneth Paltrow. 2.50 Harold & Kumar Get the Munchies 15 (2005) With John Cho. 4.35 Bean PG (1997) With Rowan Atkinson. 6.15 Crazy People 15 (1990) With Dudley Moore. 8.00 Sixty Six 12 (2006) With Gregg Sulkin. 9.40 The Top 10 Show 10.00 Wedding Crashers 15 (2005) With Vince Vaughn. 12.05 Harold & Kumar Get the Munchies 15 (2005) With John Cho. 1.40 Crazy People 15 (1990) With Dudley Moore. 3.15 Surviving Christmas 12 (2004) 4.50 Bean PG (1997)

Sky Movies Action

7.15 Five Desperate Hours 15 (1997) 9.00 Homeland Security 15 (2004) 10.45 Kingdom of Heaven 15 (2005) 1.10 Five Desperate Hours 15 (1997) With Sharon Lawrence. 2.55 Homeland Security 15 (2004) With Scott Glenn. 4.35 The Dogs of War 18 (1980) With Christopher Walken. 6.35 Kingdom of Heaven 15 (2005) With Orlando Bloom. 9.00 Delta Force II: The Colombian Connection 18 (1990) With Chuck Norris. 11.00 Flesh and Blood 18 (1985) With Jennifer Jason Leigh. 1.10 Erotic Retreat 18 (2005) With Beverly Lynne. 2.40 The Dogs of War 18 (1980) With Christopher Walken. 4.45 Point Last Seen PG (1998)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1

6.00 Aerobics Oz Style 6.30 Premier League World 7.00 International Rugby Union 8.30 Copa America Football 9.30 Cricket Writers on TV 10.30 Big Fight Special 12.30 Copa America Football 1.30 Live Cricket. Lancashire Lightning v Essex Eagles. 7.30 Big Fight Special 9.30 Live Copa America Football. The final in Maracaibo, Venezuela (Kick-off 10.05pm). 12.00 Premiership Years 2.00 Close

Sky Sports 2

6.00 Masters Football 9.00 Premiership Years 11.00 Masters Football 2.00 Live Rugby League. Widnes Vikings v Whitehaven (Kick-off 2.15pm). 4.30 World Sport 5.00 Motor Racing 7.30 British Superbikes 11.00 Motor Racing 1.30 Close

Sky Sports 3

6.00 Watersports World 7.00 Max Power 8.00 Polo 9.00 WWE: Afterburn 10.00 WWE: Heat 11.00 Wild Spirits 11.30 Racing News 12.00 Polo 1.00 Wild Spirits 1.30 Motor Racing 4.00 Copa America Football 5.00 WWE: Experience 6.00 Watersports World 7.00 Copa America Football 8.00 Rugby League 9.30 World Sport 10.00 WWE: Late Night - Afterburn 11.00 WWE: Heat 12.00 Rugby League 1.30 Wild Spirits 2.00 Close

British Eurosport

7.30 Cycling: Tour de France 8.30 Rallying 8.45 Live MotoGP. The German Grand Prix warm-up session. 9.15 Live MotoGP. An introduction to the German Grand Prix. 9.45 Live MotoGP. The German Grand Prix 125cc race. 11.00 Live MotoGP. The German Grand Prix 250cc race. 12.15 Live MotoGP. The German Grand Prix MotoGP race. 2.00 Live Cycling: Tour de France. Coverage of the eighth stage of the race. 5.00 MotoGP 6.00 Live Athletics. Coverage of the British Grand Prix from Sheffield. 9.00 Cycling: Tour de France 10.00 Motorsports Weekend 10.30 International Football 12.00 Volleyball 12.30 Close

Sky Sports Xtra

6.00 Rally World 6.30 Wild Spirits 7.00 Speedway 10.00 Motor Racing 12.30 Sailing 1.00 Big Fight Special 3.00 Speedway 6.00 Premiership Years 8.00 World Motor Sport 10.30 Polo 11.30 Watersports World 12.30 World Sport 1.00 Polo 2.00 Close

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Choose the processor speed you need, right up to the newest dual core Pentium 3.4. Choose the RAM that's right for you. Choose a fast graphics card with plenty of on-board memory if you are an intensive graphics user. Go for security with 2 hard drives automatically backing up from one to the other so you never lose any data.

BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Animal Rescue Live; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 The Story of Tracy Beaker. (R) (T) 5.00 The Sorcerer's Apprentice. (T) 5.25 Newsround. (T)

5.35 Neighbours. Elle's scheme comes to fruition. (R) (T)
6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 Building Britain. Writer and broadcaster Peter Ackroyd examines how power and wealth are shaping London as the city's skyline undergoes its greatest change in 400 years. (T)
8.00 EastEnders. Ben finally tells Abi how Stella has been hurting him and the pair begin to suspect the same thing is happening to Lauren. A new arrival puts Denise in a difficult position at the post office and Peggy offers a solution when disaster strikes as Patrick struggles to clean up in time for Yolande's return. (T)
8.30 Panorama. Re-examining previous investigations to reveal developments, including how reporter John Sweeney gained unwanted international attention following his confrontation with members of the Church of Scientology and what NHS bosses did after Panorama filmed undercover in two maternity units. Jeremy Vine presents. (T)
9.00 Fight for Life. Exploring how children's bodies possess unique strengths that help them combat illness and injury and can bring them back from the brink of death. Including the stories of a two-year-old who fell under a train and a boy who underwent a heart transplant and then fought a fungal infection that took root following the operation. (T)
10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 Family Wanted. New five-part series exploring the issues surrounding adoption and foster care, beginning with the story of Kamlesh and Sejal, a couple of Indian heritage seeking a Hindu child in need of a new family. Continues tomorrow. (T)
11.05 The Tower. Two potential buyers are excited by the prospect of modern living. However, Saima must first decide whether life with Usman is what she really wants. Chiwetel Ejiofor narrates. (T)
11.55 FILM: Haunted Honeymoon (1986). Horror spoof, starring Gene Wilder; (T) Weatherview.
1.20 Sign Zone: Tagging Undercover: A Panorama Special. (R) (T) 2.20 Sign Zone: The Tower. (R) (T) 3.10 Sign Zone: How We Built Britain. (R) (T) 4.10 BBC News 24.

Pick of the Day

Empire's Children (C4, 9pm)
The new history series, which examines how the British Empire shaped our national identity, continues. Here, politician David Steel reveals how the post-Empire experiences of both colonisers and colonised shaped Britain's destiny in the second part of the 20th century. David was just 11 when his family moved to Kenya. More than 50 years later, he realises his father never revealed the whole truth about what happened there. When white settlers took over the country's fertile land, it was at the expense of the indigenous population. As a child, David was only vaguely aware of growing African protest, and of the emergence, in the early 1950s, of a secret society called Mau Mau. David meets members of this movement for the first time. While abhorring violence, his Presbyterian Minister father was equally infuriated by the British response. Huge numbers of Africans were rounded up and detained without charge. In a series of documents, David discovers how his father agitated to change British policy, but to no avail. He also finds out how information from a source at the heart of the colonial government drove his father to a dramatic public protest, and how he fought to obtain the release of members of his church from the camps.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Rosemary & Thyme. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)
6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Painful memories cause Victoria to attack her teacher during a school trip, and Eli comes close to telling Donna about the raid. Jamie tires of keeping his fling with Louise secret. (T)
7.30 Coronation Street. Ashley is horrified when Claire goes missing ahead of Freddie's birthday party, while Liz grows concerned about Vernon's whereabouts. Liam confronts Carla over Joanne's sacking. (T)
8.00 Olympic Backlash: Tonight. (T)
8.30 Coronation Street. An unforgiving Vernon snubs Liz's efforts to make amends and fails to respond to Lloyd's text message offering him a place to stay, much to the landlady's concern. Ashley is shocked to find Casey on his doorstep claiming she wants to apologise to Claire, while Liam offers Joanne her old job back. Paul encourages Jack to give up the wheelchair, while Cilla asks Leanne to take her on at the restaurant. (T)
9.00 The Time of Your Life. Kate is shaken up when she suffers hallucinations about Brian, and her attempt to let Pete know she still has feelings for him comes to nothing thanks to his continued interest in Emma. Joe sets Susan up on a blind date and Toby bumps into Sally, who offers him a place to stay. Phil makes a pass at a horrified Eileen, who decides to hand in her notice. Genevieve O'Reilly stars, with Mark Bazeley. (T)
10.00 Tycoon. The would-be tycoons feel the pressure as they struggle to meet their demanding targets. Justin hits a brick wall when his client takes a dislike to his customised version of the carrier-bag holder, while Lauren has a disappointing meeting with retail magnate Philip Green. Iain enjoys better results, managing to sell more than 1,000 helicopters - but not even this manages to impress the group's mentor, Peter Jones. (T)
10.30 ITV News; Weather. (T)
11.00 FILM: GI Jane (1997). Military adventure, starring Demi Moore. (T)
1.15 Make Your Play. (T) 4.10 The Jules and Lulu Show. (R) (T) 4.35 The Jules and Lulu Show. (R) (T) 5.00 ITV Nightscreen.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 Do Something Different. (T) 8.00 The Sorcerer's Apprentice Extra. (T) 8.30 CBeebies: In the Night Garden. (T) 8.55 CBeebies Birthdays. (T) 9.00 Mama Mirabelle's Home Movies. (R) (T) 9.15 Something Special. (R) (T) 9.30 Big Cook Little Cook. (R) (T) 9.50 Underground Ernie. (R) (T) 10.00 Lazy Town. (R) (T) 10.30 FILM: Billy the Kid (1941). Western, starring Robert Taylor. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Animal Park. (T) 1.30 Open Gardens. (R) (T) 2.00 Living in the Sun. (R) (T) 3.00 Escape to the Country. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Eggheads. (R) (T) 6.30 Nature's Calendar. (T) 7.00 Saving Planet Earth UK. Rory McGrath meets endangered bats. Last in series. (T) 7.30 Mastermind. Subjects include the films of Harrison Ford. (T) 8.00 University Challenge. The School of Oriental and African Studies, London v Magdalen College, Oxford. (T) 8.30 Indian Food Made Easy. Anjum Anand prepares an Indian feast. (T) 9.00 Peter and Dan Snow: 20th Century Battlefields. The Falklands invasion. (T) 10.00 Have I Got Old News for You. Jeremy Clarkson guest hosts. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 Family Wanted Appeal Films. (T) 11.25 Balderdash & Piffle. (R) (T) 11.55 Talking Movies. (T) 12.20 Kingdom Hospital. (R) (T) 1.35 BBC News 24. (T) 4.10 Close.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (R) (T) 8.30 Big Brother. (R) (T) 9.30 Will & Grace. (R) (T) 9.55 ER. (R) (T) 10.55 Without a Trace. (R) (T) 11.50 Proud Parents. (R) 12.00 News at Noon. (T) 12.30 Nigel's Place in France. (R) (T) 1.00 Nigel's Place in France. (R) (T) 1.30 3 Minute Wonder: Farewell, Darcey Bussell. (R) 1.35 FILM: Doctor in Distress (1963). Comedy, starring Dirk Bogarde. (T) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Political Slot. (T) 8.00 Dispatches: The Great Green Smoke Screen. Tom Clarke investigates the fight against global warming using tree-planting, carbon offsetting and green energy tariffs. (T) 9.00 Empire's Children. The conflict that arose when the colonists of the British Empire settled in Kenya and took over the country's fertile lands for their own purposes. Liberal Democrat peer David Steel describes the rise of the African secret society, Mau Mau, and the role his father, a Presbyterian Minister, played while trying to bring an end to the violence. (T) 10.00 Big Brother. The housemates find out about their weekly task. (T) 11.05 Shrink Rap. (T) 12.10 T4 on the Beach: The Build-Up Begins. 12.15 Rip Curl Boardmasters 2006. (R) (T) 1.15 Big Brother Live. 5.05 Triathlon. (R) 5.30 Freesports on 4. (R)

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Little Princess. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 FILM: The Jordan Chance (1978). Drama, starring Raymond Burr; (T) five news update. (T) 3.30 FILM: Perry Mason: The Case of the Desperate Deception (1990). Murder mystery, starring Raymond Burr. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Becker. (R) (T) 7.00 five news. (T) 7.15 Mean Machines of War. The development of the Apache helicopter; (R) (T) 7.15 five news update. (T) 8.00 Megastructures. The construction of the Queen Mary 2 superliner, the longest, tallest and broadest passenger ship in the world. The vessel was designed to withstand rogue waves on the Atlantic; (T) 8.00 five news update. 9.00 My Brilliant Brain. Chess grandmaster Susan Polgar. (T) 10.00 Sex, Lies and Hypnosis. Usula James meets a compulsive liar and an obsessive cleaner. (T) 11.05 FILM: At Close Range (1986). Fact-based drama, starring Sean Penn. (T) 1.15 NASCAR. 2.05 US PGA Golf. 2.55 Boxing USA. 4.10 Royal Windsor Triathlon. (R) 5.10 Motorsport Mundial. 5.35 Race and Rally UK.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo 1800 Portugal em Directo 1905 O Preço Certo 2000 News 2100 Notas Soltas 2120 A Herança 'De Verão' 2220 Paixões Proibidas 2315 Collateral Damage, film 0115 Greys Anatomy 0200 Grumpier Old Men, film 0400 Telesales
RTP2
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé dos Homens 1900 Eurodeputados 1945 Zig Zag 2045 Todos Contra o Chris 2115 National Geographic 2145 A Hora da Sorte 2200 News 2240 Em Reportage, 2300 Roma 2345 Mundos 0030 noites da 2 0115 Discovery Hour 0215 Diga lá Excelência 0300 Eurodeputados 0330 Vida por Vida 0400 Sociedade Civil 0615 Euronews
SIC
0700 Floribella 0830 Sic Kids 1100 Fátima 1300 News 1415 Eterna Magia 1445 O Profeta 1515 Contacto 1800 Pé Na Jaca 1900 Floribella 2000 News 2115 Paraíso Tropical 2215 Páginas da Vida 2315 Vingança 0015 Csi Las Vegas 0115 Operação Delta Force 4 0300 Sex and the City 0330 Olhar da Serpente
TVI
0700 Diário da Manha 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganah 1800 Morangos com Açucar – Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 Desaparecido 0115 Tremors II: Aftershock 0300 Toca a Ganhar 0430 Que Loucura de Familia VII 0500 Telesales

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.30 Conning the Conmen 9.00 Honey We're Killing the Kids 10.00 EastEnders 10.30 Touch Me, I'm Karen Taylor 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 Neighbours Revealed 12.30 Conning the Conmen 1.00 Touch Me, I'm Karen Taylor 1.25 Two Pints of Lager and a Packet of Crisps 1.55 Two Pints of Lager and a Packet of Crisps 2.25 Honey We're Killing the Kids 3.20 Make Me a Baby 4.20 Close
BBC4
7.00 World News Today 7.00 Weather 7.30 BBC Proms 2007 9.40 Sounds of the 70s 10.00 Life on Mars 11.00 The Cult Of 11.30 Masterpieces of the East 12.00 Office Tigers 12.30 Indian School 1.00 BBC Proms 2007 3.10 Masterpieces of the East 3.40 Indian School 4.10 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Superstar Weddings Gone Bad 8.30 Breaking Up with Shannen Doherty 9.00 Film: Wimbledon 12 (2004) 11.00 Coronation Street 11.30 Coronation Street 12.00 Film: Intolerable Cruelty 12 (2003) 1.50 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close
Sky One
1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Film: Grizzly Rage (2007) 10.35 Nip/Tuck 11.45 Las Vegas 12.45 Star Trek: The Next Generation 1.40 Star Trek: The Next Generation 2.30 Ibiza Uncovered 3.25 Hex 4.20 Dream Team 5.10 Guilty!
UKTV Gold
1.00 Last of the Summer Wine 1.40 The Good Life 2.20 My Family 3.00 Open All Hours 3.40 Porridge 4.20 dinnerladies 5.00 Dallas 6.00 Murder, She Wrote 7.00 My Family 7.40 My Family 8.20 My Family 9.00 New Adventures of Old Christine 9.30 New Adventures of Old Christine 10.00 Prison Break 11.00 Prison Break 12.00 New Adventures of Old Christine 12.30 New Adventures of Old Christine 1.00 Open All Hours 1.40 Porridge 2.15 dinnerladies 2.45 Friday Night with Jonathan Ross 3.45 Dallas 4.35 Merseybeat 5.35 Neighbours
TCM
3.00 Ivanhoe U (1952) 5.00 Blackboard Jungle PG (1955) 6.50 The Asphalt Jungle PG (1950) 9.00 Blow-Up 15 (1966) 11.05 Cannery Row 12 (1982) 1.20 Catlow PG (1971) 3.15 Teleshopping 3.35 The Sheepman U (1958)
The Disney Channel
Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama

6.10 Sam Churchill: Search for a Homeless Man PG (1998) 8.00 The Sign of Four PG (2001) 9.45 Hockey Mom PG (2003) 11.25 A Touch of Fate PG (2001) With Teri Hatcher. 1.10 Sam Churchill: Search for a Homeless Man PG (1998) With John Schneider. 2.50 The Sign of Four PG (2001) With Matt Frewer. 4.25 Hockey Mom PG (2003) With Jessalyn Gilsig. 6.05 A Touch of Fate PG (2001) With Teri Hatcher. 8.00 The New World 12 (2005) With Colin Farrell. 10.20 The Edge 15 (1997) With Anthony Hopkins. 12.20 See Arnold Run 12 (2005) With Jurgen Prochnow. 2.00 The Tie That Binds 18 (1995) With Daryl Hannah. 3.50 A Separate Peace 12 (2004) 5.30 The Sign of Four PG (2001)

Sky Movies Comedy

6.30 Saving Grace 15 (1999) 8.10 Romy and Michele's High School Reunion 15 (1997) 9.45 Millions 12 (2004) 11.25 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995) With Patrick Swayze. 1.15 Meet the Fockers 12 (2004) With Ben Stiller. 3.10 Romy and Michele's High School Reunion 15 (1997) With Mira Sorvino. 4.45 In & Out 12 (1997) With Kevin Kline. 6.20 A Very Brady Sequel 12 (1996) With Shelley Long. 8.00 Meet the Fockers 12 (2004) With Ben Stiller. 10.00 Millions 12 (2004) With Alex Etel. 11.40 In & Out 12 (1997) With Kevin Kline. 1.15 Twin Town 18 (1997) With Rhys Ifans. 3.00 Whiskey Down 15 (1995) With Sean Patrick Flanery. 4.30 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995)

Sky Movies Action

6.20 Terminal Error PG (2001) 8.00 Determination of Death 15 (2000) 9.40 Attack Force Z 15 (1981) 11.15 The Peacemaker 15 (1997) With George Clooney. 1.20 Stealth 12 (2005) With Jamie Foxx. 3.25 Attack Force Z 15 (1981) With John Phillip Law. 5.05 Blue Thunder 15 (1983) With Roy Scheider. 6.55 The Peacemaker 15 (1997) With George Clooney. 9.00 Stealth 12 (2005) With Jamie Foxx. 11.05 Blue Thunder 15 (1983) With Roy Scheider. 1.00 Inferno 18 (1999) With Jean-Claude Van Damme. 2.40 Domino 15 (2005) With Keira Knightley. 4.50 Terminal Error PG (2001)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1

6.00 Polo 7.00 WWE: Bottom Line 8.00 Copa America Football 10.00 Golf 11.00 Copa America Football 1.00 Golf 2.00 Rugby League 3.30 Live Cricket. Derbyshire Phantoms v Glamorgan Dragons. 9.00 Golf 10.00 Copa America Football 12.00 Speedway 3.00 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Darts 10.00 British Superbikes 1.30 Copa America Football 3.30 British Superbikes 7.00 Live Speedway. The second round of this year's World Cup. 10.00 Darts 12.00 Golf 1.00 World Motor Sport 3.30 Darts 5.30 Close

Sky Sports 3

7.30 Rugby League 9.00 Bowls 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Bass Fishing 1.00 Polo 2.00 Ocean 2.30 Moto Plus 3.00 Darts 5.00 WWE: Raw 7.00 Darts 9.00 Ocean 9.30 Wild Spirits 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE: Heat 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

British Eurosport

7.30 Mountain Bikes 8.00 Cycling: Tour de France 9.00 MotoGP 10.00 Beach Volleyball 10.30 Athletics 11.30 Rowing 12.45 Volleyball 2.00 Athletics 3.00 International Football 4.00 Football 5.00 Live International Football. Germany Under-19s v Russia Under-19s (Kick-off 5.00pm). 7.00 Live International Football. Austria Under-19s v Spain Under-19s (Kick-off 7.00pm). 9.00 MotoGP 11.00 WATTS 11.30 Athletics 12.30 Close

Sky Sports Xtra

1.30 Qashqai Urban Challenge 2.00 Bowls 4.00 Ocean 4.30 Qashqai Urban Challenge 5.00 Bass Fishing 6.00 Qashqai Urban Challenge 6.30 Wild Spirits 7.00 Copa America Football 9.00 Bass Fishing 10.00 Bowls 12.00 Bass Fishing 1.00 Qashqai Urban Challenge 1.30 Ocean 2.00 Wild Spirits 2.30 Bowls 4.30 Qashqai Urban Challenge 5.00 Close

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BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Animal Rescue Live; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 Roman Mysteries. (T) 5.00 The Sorcerer's Apprentice. (T) 5.25 Newsround. (T)

5.35 Neighbours. Mary knocks Pepper out and takes her prisoner in the nursery, while Paul resorts to threats as he realises the extent of Elle's deception. Frazer clears the air with Rosetta. (R) (T)
6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 EastEnders. Ben and Abi make their escape, taking the guinea pigs with them, and Yolande forces Patrick to work hard to get back in her good books. Denise reluctantly agrees to train up her boss Zainab's daughter Shabnam at the post office. As Gus mounts a leaflet campaign to find Wellard, the Walford dognapper is finally revealed. (T)
8.00 Holby City. Ric worries about the team's attitude towards Thandie as the day of Elliot's tribunal arrives, but he also begins to doubt her abilities when she struggles to diagnose a patient. Meanwhile, Chrissie's relationship with Anton takes a turn for the worse when he hits Sam, and Clifford continues in his efforts to reunite Louise with Alex. (T)
9.00 Waking the Dead. First of a two-part episode. A mummified body found on a derelict aeroplane leads Boyd and the team to a person already convicted of committing a similar crime, and Spence goes undercover in a bid to understand his motives. The victim's uncle reveals the dead man's connections with a corrupt businessman selling fake drugs - but a tragedy foils the detectives' work. Trevor Eve and Wil Johnson star. Concludes tomorrow. (R) (T)
10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 Family Wanted. Demystifying concerns that put some people off becoming adoptive parents, including whether it is necessary for applicants to meet the child's birth relatives. The documentary also examines how two adopted children's regular contact with their father affects their relationship with the couple who care for them. Continues tomorrow. (T)
11.05 FILM: Hearts in Atlantis (2001). Drama, starring Anthony Hopkins; (T) Weatherview.
12.45 Sign Zone: Who Do You Think You Are? Adoption Special. (R) (T) 1.45 Sign Zone: True Dare Kiss. (R) (T) 2.45 Sign Zone: Natural World. (R) (T) 3.35 BBC News 24.

Pick of the Day

CSI: Miami (five, 9pm)
Season four of this compelling crime drama was one of the best so far, and fans were on tenterhooks following its gripping cliffhanger. For newcomers: Horatio married Marisol, the sister of his colleague Delko, but she was was killed while her brother watched in disbelief, and our hero became prime suspect. The real assassin was South American drug lord Antonio Riaz, who was waging a vendetta against Caine. He was extradited to Rio de Janeiro, but as Horatio and Delko discover in this episode, a legal loophole means the murderous narcotics dealer can walk free. Attempting to bring Riaz down, Horatio visits his brother Ray, who lives in Rio. The CSI boss hopes he can help him find Riaz among the city's dangerous slums. Alas, things go from bad to worse when his sibling vanishes and is suspected of dabbling in drugs again. When Horatio finds a leaf on his brother's shoe, he sends an image of it to his lab for analysis. It turns out to be a rainforest plant, which could come from an inner-city park. Although it gives him enough of a lead to find his brother, he's stunned by what state he's in. David Caruso, Rex Linn, Eva LaRue Callahan and Khandi Alexander head the cast.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Rosemary & Thyme. (R) (T)

5.00 Golden Balls. Game show, hosted by Jasper Carrott. (T)
6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Jamie demands he and Louise end the secrecy over their relationship, but she calls his bluff and ends the fling instead. Jack grows concerned about Victoria's closeness to Billy and wonders how he can win back his daughter's trust, while an escaped goat from Jo's herd causes havoc in the village. (T)
7.30 The London Programme. A report on the increase in corner-shop robbery as the open-all-hours policy of many convenience stores leaves them vulnerable to criminals. Mark Jordan meets a shopkeeper who has been attacked more than 200 times and asks what can be done before the next fatality.
8.00 Guarding the Queen. New series. Behind the scenes at the royal palaces to reveal the hidden world of the Grenadier Guards, beginning with an invitation from the Queen to a party at Windsor Castle to celebrate 350 years of serving the monarch. The programme follows Steven Cooper, who comes close to freezing as he nears the end of his basic training, before donning the bearskin and taking his place Changing the Guard at Buckingham Palace. (T)
9.00 Victoria Beckham: Coming to America. Fly-on-the-wall documentary following Victoria as she arrives in Los Angeles to set up home for husband David and their children, offering a first-hand glimpse into the life of one of the world's most sought-after celebrities. Cameras capture the superstar away from the glare of the paparazzi, revealing insightful and humorous moments behind the facade of the singer and fashionista. (T)
10.05 Tarrant on TV. Chris Tarrant explores the wacky world of global television. (T)
10.30 ITV News; Weather. (T)
11.00 Bouncers. New series. The work of nightclub bouncers. (T)
11.35 Crimefighters UK. Northallerton officers embark on a series of drugs raids to combat increasing heroin use in the area and police in Scarborough find a family sleeping rough in a car. (R) (T)
12.00 Make Your Play; (T) ITV News Headlines. 4.10 Wedding Day. (R) (T) 4.30 Wedding Day. (R) (T) 5.00 ITV Nightscreen.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 Do Something Different. (T) 8.00 The Sorcerer's Apprentice Extra. (T) 8.30 CBeebies: In the Night Garden. (T) 8.55 CBeebies Birthdays. (T) 9.00 Mama Mirabelle's Home Movies. (R) (T) 9.15 Something Special. (R) (T) 9.30 Big Cook Little Cook. (R) (T) 9.50 Underground Ernie. (R) (T) 10.00 Lazy Town. (R) (T) 10.30 FILM: The Return of Frank James (1940). Western sequel, starring Henry Fonda. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Animal Park. (T) 1.30 Open Gardens. (R) (T) 2.00 Living in the Sun. (R) (T) 3.00 Escape to the Country. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Eggheads. (R) (T) 6.30 Nature's Calendar. (T) 7.00 Addicted to Cheap Shopping. How low-cost consumer goods have affected the world. (T) 8.00 James May's 20th Century. The presenter discovers the limits of his own body by experiencing high forces in a centrifuge, before examining how prosthetic limbs have changed the lives of disabled athletes. (T) 8.30 James May's 20th Century. Ideas that influenced warfare. (T) 9.00 The Truth About Food. How different foods can affect people's sex lives. (R) (T) 10.00 Sensitive Skin. Orlando surprises his mum with Cheryl. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Family Wanted Appeal Films. (T) 11.25 How to Be Ex-Prime Minister: BBC Four on BBC Two. (T) 12.25 Kingdom Hospital. (R) (T) 1.05 Kingdom Hospital. (R) (T) 1.45 BBC News 24. (T) 3.35 Close.

C4

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 Will & Grace. (R) (T) 9.55 ER. (R) (T) 10.50 Without a Trace. (R) (T) 11.50 Proud Parents. (R) (T) 12.00 News at Noon. (T) 12.30 Nigel's Place in France. (R) (T) 1.00 Nigel's Place in France. (R) (T) 1.30 FILM: Mrs Pollifax: Spy (1971). Espionage comedy, starring Rosalind Russell. (T) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Political Slot. (T) 8.00 The River Cottage Treatment. Hugh Fearnley-Whittingstall invites urban dwellers to spend a week at River Cottage to experience the "grow your own" way of life, beginning with a group of takeaway eaters. (R) (T) 9.00 Big Brother. Fly-on-the-wall highlights as the housemates decide who they would like to nominate for eviction on Friday. (T) 10.00 Cape Wrath. Jack's disappearance arouses suspicion among the residents. (T) 11.05 Derren Brown: Trick of the Mind. (R) (T) 11.35 Star Stories. (R) (T) 12.10 T4 on the Beach: The Build-Up Begins. (T) 12.15 Premier League Poker. 1.15 Big Brother Live. 3.25 The A-Z of Boxing. (T) 4.20 FIA GT Championship. 4.45 KOTV. (T) 5.10 FIVB Beach Volleyball.

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Little Princess. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.40 FILM: Firelight (1997). Period drama, starring Sophie Marceau. (T) 3.35 five news update. (T) 3.40 FILM: Too Young to Be a Father (2002). Emotional drama, starring Kathy Baker. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Becker. (R) (T) 7.00 five news. (T) 7.15 Tim Marlow on the National Gallery's Grand Tour. The art critic examines the 12-week exhibition; (T) 7.15 five news update. 8.00 Boudicca's Treasures: Revealed. An archaeological dig in Norfolk sheds light on Boudicca's life; (R) (T) 8.00 five news at 9. 9.00 CSI: Miami. New series. The hunt is on for Antonio Riaz. (T) 10.00 CSI: NY. A man is found dead on Brooklyn Bridge; (R) (T) five news update. 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Crime Scene Academy. (R) (T) 12.30 The Great Capital Run. 1.20 ITU Triathlon. 2.10 Ironman Triathlon. 3.00 Adventure Triathlon. (R) 4.00 The Partygammon.com Million. 4.30 IndyCar Series. 5.20 Rolex Grand American.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegira 1300 News 1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo 1800 Portugal Em Directo 1905 O Preço Certo 2000 News 2100 Centro de Saúde 2130 A Herança 'De Verão' 2230 Paixões Proibidas 2315 Blade, film 0115 Greys Anatomy 0200 The Road wo Wellville, film 0400 Telesales 0605 Nós
RTP2
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Siciedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A fé Dos Homens 1900 2010 1945 Zig Zag 2045 Todos Contas o Chris 2115 National Geographic 2200 News 2240 ER 2330 Animais Como nòs 0030 Nboites da 2 0115 Discovery Hour 0215 Câmara Clara 0315 2010 0400 Sociedade Civil 0615 Euronews
SIC
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Floribella 2000 News 2215 Páginas da Vida 2315 Vingança 0015 Desperate Housewives 0115 Csi Las Vegas 0215 Sex and the City 0330 Olhar da Serpente
TVI
0700 Diario Da Manha 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganha 1800 Morangos com Açucar 2000 News 2115 Olha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 Nip / Tuck II 0115 Robocop 3, film

Best of the Rest

BBC3
7.00 Doctor Who 7.50 Doctor Who Confidential 8.00 The Real Hustle 8.30 The Real Hustle 9.00 Last Man Standing 10.00 EastEnders 10.30 Family Guy 10.50 Family Guy 11.15 Last Man Standing 12.15 Two Pints of Lager and a Packet of Crisps 12.45 Two Pints of Lager Out-Takes 1.10 Neighbours Revealed 1.40 The Real Hustle 2.10 The Real Hustle 2.40 Two Pints of Lager and a Packet of Crisps 3.10 Two Pints of Lager Out-Takes 3.40 Close
BBC4
7.00 World News Today 7.00 Weather 7.30 BBC Proms 2007 9.35 Sounds of the Seventies 10.00 Life on Mars 11.00 The Book Quiz 11.30 Film: Au Hasard, Balthazar PG (1966) 1.05 The Book Quiz 1.35 BBC Proms 2007 3.40 The Book Quiz 4.10 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Film: Intolerable Cruelty 12 (2003) 10.00 Film: The Hand That Rocks the Cradle 15 (1991) 12.10 Big Day 12.40 Test Drive My Girlfriend 1.10 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close
Sky One
1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 Brainiac: Science Abuse 9.00 The 4400 10.00 Road Wars 11.00 Nip/Tuck 12.00 Las Vegas 1.00 Star Trek: The Next Generation 1.50 Star Trek: The Next Generation 2.40 Ibiza Uncovered 3.30 Hex 4.20 Dream Team 5.10 Guilty!
UKTV Gold
1.00 Last of the Summer Wine 1.40 The Good Life 2.20 My Family 3.00 Open All Hours 3.40 Porridge 5.00 Dallas 6.00 Murder, She Wrote 7.00 My Family 7.40 My Family 8.20 My Family 9.00 Doctor Who 10.00 New Tricks 11.20 Men Behaving Badly 12.00 My Family 12.40 My Family 1.20 The Good Life 1.55 Open All Hours 2.25 Porridge 2.55 dinnerladies 3.25 Yes Minister 3.55 Close Up 4.05 Close Up 4.15 Merseybeat 5.10 Neighbours 5.35 Neighbours
TCM
1.00 Kiss Me Kate U (1953) 3.00 Cat on a Hot Tin Roof PG (1958) 5.00 An American in Paris U (1951) 7.10 Key Largo PG (1948) 9.00 Pale Rider 15 (1985) 11.00 Hit Man 15 (1972) 12.40 Sweet Bird of Youth 15 (1962) 2.40 Teleshopping 3.00 The Loved One PG (1965)
The Disney Channel
Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama
7.00 Going for Broke PG (2003) 8.45 Undercover Angel PG (1998) 10.35 A Good Woman PG (2004) 12.15 Going for Broke PG (2003) With Delta Burke. 1.55 United 93 15 (2006) With Christian Clemenson. 3.50 Drama Close Up 4.20 Undercover Angel PG (1998) With Dean Winters. 6.10 A Good Woman PG (2004) With Helen Hunt. 8.00 United 93 15 (2006) With Christian Clemenson. 10.00 Kundun PG (1997) With Tenzin Thuthob Tsarong. 12.20 True Colors 15 (1991) With Imogen Stubbs. 2.20 The Price of Love 15 (1995) With Peter Facinelli. 4.00 Undercover Angel PG (1998)

Sky Movies Comedy
6.25 Home for the Holidays 15 (1995) 8.25 Just Friends 12 (2005) 10.15 Life 15 (1999) 12.15 Home for the Holidays 15 (1995) With Holly Hunter. 2.15 Bull Durham 15 (1988) With Kevin Costner. 4.15 The Honeymooners PG (2005) With Cedric the Entertainer. 5.55 The Birdcage 15 (1996) With Robin Williams. 8.00 Just Friends 12 (2005) With Ryan Reynolds. 9.40 The Top 10 Show 10.00 Life 15 (1999) With Eddie Murphy. 11.55 Bull Durham 15 (1988) With Kevin Costner. 1.45 The Birdcage 15 (1996) With Robin Williams. 3.50 Milk 15 (1998) 5.30 The Honeymooners PG (2005)

Sky Movies Action
6.30 In the Line of Duty: Siege at Marion PG (1992) 8.15 Bet Your Life 15 (2004) 10.00 The Escapist 15 (2001) 11.45 Highlander II: The Quickening 15 (1990) With Christopher Lambert. 1.30 Total Stranger 15 (1999) With Lindsay Crouse. 3.15 Bet Your Life 15 (2004) With Sean Carrigan. 5.00 The Constant Gardener 15 (2005) With Ralph Fiennes. 7.15 The Escapist 15 (2001) With Jonny Lee Miller. 9.00 Highlander II: The Quickening 15 (1990) With Christopher Lambert. 10.35 Running Scared 18 (2006) With Paul Walker. 12.40 Young and Seductive 18 (2002) With Julian Wells. 2.10 The Constant Gardener 15 (2005) With Ralph Fiennes. 4.25 In the Line of Duty: Siege at Marion PG (1992)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1
6.00 Bass Fishing 7.00 WWE: Afterburn 8.00 Golf 9.00 Speedway 12.00 Polo 1.00 Golf 2.00 World Motor Sport 4.30 Golf 5.30 Live Cricket: Twenty20 Cup. A quarter-final match. 9.00 Golf 10.00 Poker 11.00 Foot Brazil 11.30 Cricket: Twenty20 Cup 3.00 Foot Brazil 3.30 Close

Sky Sports 2
6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Darts 10.00 World Motor Sport 12.30 Moto Plus 1.00 Bass Fishing 2.00 Ocean 2.30 Speedway 5.30 European Challenge Tour Golf 6.00 Golf 7.00 Foot Brazil 7.30 Live Greyhound Racing. The Cock O'The North Final. 10.00 Darts 12.00 Golf 1.00 European Challenge Tour Golf 1.30 Golf Night 3.30 Darts 5.30 Close

Sky Sports 3
8.00 Polo 9.00 Bowls 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Ocean 12.30 Wild Spirits 1.00 Ocean 1.30 Max Power 2.30 Wild Spirits 3.00 Darts 5.00 WWE: Smackdown 7.00 Darts 9.00 Ocean 9.30 Motor Racing 10.00 Sports Unlimited 11.00 Rally Fever 12.00 Poker 1.00 Triathlon 2.00 Close

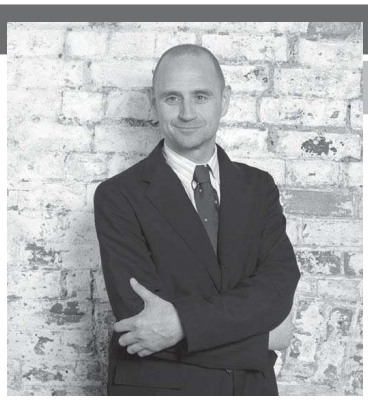
British Eurosport
7.30 Eurosport Buzz 8.00 Cycling: Tour de France 9.00 Motocross 10.00 Motocross 10.45 euroCRASH! 11.00 Live Cycling: Tour de France. Coverage of stage nine. 4.45 Cycling 5.15 Rowing 6.30 MotoGP 8.30 euroCRASH! 9.00 Cycling: Tour de France 10.00 Strongest Man 10.30 Rallying 11.00 Football 11.30 Cycling: Tour de France 12.30 Close

Sky Sports Xtra
1.30 Qashqai Urban Challenge 2.00 Bowls 4.00 Ocean 4.30 Qashqai Urban Challenge 5.00 Rally Fever 6.00 Qashqai Urban Challenge 6.30 Motor Racing 7.00 World Series of Golf 9.00 World Pool Masters 10.00 Bowls 12.00 World Pool Masters 1.00 Qashqai Urban Challenge 1.30 Ocean 2.00 Motor Racing 2.30 Bowls 4.30 Qashqai Urban Challenge 5.00 Close

BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Animal Rescue Live; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 Raven. (T) 5.00 The Sorcerer's Apprentice. (T) 5.25 Newsround. (T)

5.35 Neighbours. Mary ties Pepper to a chair and is enraged when she attempts to escape, while Rosetta tries to quell Frazer's doubts about their relationship. Susan and Tom are forced together. (R) (T)
6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 Building Britain: Wales. Griff Rhys Jones takes a personal and polemical journey through towns and villages to find out who makes decisions about the future of the country's built environment. (T)
8.00 The National Lottery Jet Set 2012. Eamonn Holmes hosts an Olympic-themed series of the quiz. Includes the Dream Number draw from Lottery HQ. (T)
8.30 Vet Safari. LJ encounters mechanical difficulties with his helicopter while pursuing zebra near Cape Town, in friendly competition with his father, who is hoping for a mass capture in the north of the country. They later join up to help planning the buildings on a plot of land in Central South Africa. Plus, the chase is on for a herd of giraffe. (T)
9.00 Waking the Dead. Part two of two. Boyd and the team's investigation of a shifty businessman leads them to uncover a pharmaceutical conspiracy involving fake drugs to treat Aids. A major company is implicated in the scandal - and its bosses are prepared to do whatever is necessary to ensure their secret remains safe. Meanwhile, the detectives interview Stella Goodman, the latest applicant for Mel's job. Trevor Eve stars. (R) (T)
10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 The National Lottery Draws. Jenni Falconer announces the all-important numbers. (T)
10.40 Family Wanted. A social worker attends an Adoption Exchange Day in an attempt to find a new family for a girl who came over from Tanzania unaccompanied when just five years old. The child was originally cared for by a Manchester woman, but the relationship broke down. Now, at the age of nine, finding a suitable carer proves difficult. Nicky Campbell presents. (T)
11.10 FILM: What's Love Got to Do with It (1993). Tina Turner biopic, starring Angela Bassett; (T) Weatherview.
1.10 Sign Zone: Coast. (R) (T) 2.10 Sign Zone: Mary, Queen of Shops. (R) (T) 3.10 Sign Zone: Paris. (R) (T) 4.10 BBC News 24. (T)



Pick of the Day

Dragons' Den: Where Are They Now? (BBC2, 8pm)
They were the hopeful and the deluded, the ambitious and the slightly odd. They were budding entrepreneurs who braved the fire of the Dragons' Den in their bid to make a mint. Ahead of the new series of the must-watch show, BBC2 catches up with some of the most memorable characters who presented their investment pitches to the snarling panel of business experts. Some were accepted, some didn't quite make the grade, and many were laughed out of the room with their inventions under their arms. This is a welcome chance for viewers to relive some of the highlights of seasons past, and find out what exactly happened to the optimists who thought some of the biggest brains in the business world would want to buy in to their idea for transparent wellies with colourful socks, or beach towels with pockets. It also looks at the success stories, who have turned their dreams into reality - sometimes with the help of the dragons and sometimes without. It's always nice to see somebody make it on their own, and this one-off special serves up a handful of people who failed to impress the dragons but have gone on to turn their ideas into bumper pay-days.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Rosemary & Thyme. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)
6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Louise humiliates Jamie in the Woolpack after being questioned about their fling, prompting him to confess he has fallen in love with her. Zak is challenged to a bare-knuckle fight by former opponent Mike O'Shea, while Bob grows concerned Viv will begin to favour Heath over Cathy when their son wins the beautiful baby contest. (T)
7.30 Coronation Street. Tyrone shares his suspicions about Paul with Molly and is upset when Jack chooses to play cards with his grandson instead of him. Carla sacks Joanne again and reminds Liam that, as the major shareholder in the factory, her decision is final. Claire decides to return to Yvonne's, where Casey pays her a visit, while Eileen introduces Pat to Jason and Sarah. (T)
8.00 The Bill. In the first of a two-part story, Lewis sinks deeper into trouble as his undercover operation spins out of control. Following a shoot-out with the East Street gang, he is ordered to act as courier when a hostage is exchanged for a gun the Skens are eager to get their hands on - and finds he is in danger from both sides. Back at the station, Mickey and Kezia work on a case in which explosives have gone missing from a contractor's depot. Concludes tomorrow. (T)
9.00 Wire in the Blood. The murder of two youngsters in ritual slayings lead the police into a case of black magic - and things soon become more incredible, from animal sacrifices and paintings in blood to two of the team apparently cursed by voodoo dolls. Tony remains sceptical throughout - until Alex and her son become the killer's next targets. Thriller, starring Robson Green and Simone Lahbib. (T)
10.30 ITV News; Weather. (T)
11.00 Victoria Beckham: Coming to America. Fly-on-the-wall documentary following Victoria as she arrives in Los Angeles to set up home for husband David and their children. (R) (T)
12.00 Make Your Play; (T) ITV News Headlines.
4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.15 Do Something Different. (T) 8.00 The Sorcerer's Apprentice Extra. (T) 8.30 CBeebies: In the Night Garden. (T) 8.55 CBeebies Birthdays. (T) 9.00 Mama Mirabelle's Home Movies. (R) (T) 9.15 Something Special. (R) (T) 9.30 Big Cook Little Cook. (R) (T) 9.50 Underground Ernie. (R) (T) 10.00 Lazy Town. (R) (T) 10.30 Abroad Again in Britain. (R) (T) 11.30 The Daily Politics. (T) 1.00 The Flying Gardener. (R) (T) 1.20 Lifeline. (R) (T) 1.30 Working Lunch. (T) 2.00 Living in the Sun. (R) (T) 3.00 Escape to the Country. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Eggheads. (R) (T) 6.30 Nature's Calendar. (T) 7.00 Oz and James's Big Wine Adventure. Oz Clarke teaches James May about wine. (R) (T) 8.00 Dragons' Den: Where Are They Now? New series. Revisiting past contestants. (T) 9.00 Rome. Mark Antony rejects Octavian's request for shipments of grain and is urged by Cleopatra to wage war on Rome. Atia and Octavia are sent to Alexandria for negotiations and Posca flees Egypt. (T) 10.00 Never Mind the Buzzcocks. With the Mighty Boosh's Noel Fielding. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 Golf: The Open Preview. (T) 11.50 Hyperdrive. Henderson joins the space-o-batics crew. (R) (T) 12.20 Mock the Week. (T) 12.50 Kingdom Hospital. (R) (T) 1.35 Kingdom Hospital. (R) (T) 2.15 BBC News 24. (T) 4.00 Close.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 Will & Grace. (R) (T) 9.55 ER. (R) (T) 10.50 Without a Trace. (R) (T) 11.40 Supporting Acts. (R) (T) 12.00 News at Noon. (T) 12.30 Nigel's Place in France. (R) (T) 1.00 Nigel's Place in France. (R) (T) 1.30 Grudge Match. (R) (T) 1.50 FILM: Support Your Local Gunfighter (1971). Western comedy. James Garner stars. (T) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Political Slot. (T) 8.00 Location, Location, Location. Kirstie Allsopp and Phil Spencer help a couple with a budget of #480,000 who are expecting a baby in 12 weeks to find a home in Surrey as quickly as possible. (T) 9.00 Big Brother. The latest action from the Big Brother house. (T) 10.00 Brothers & Sisters. The Walker family face humiliation as more of their secrets are publicly revealed. Calista Flockhart and Sally Field star. (T) 11.00 Will & Grace. (T) 11.30 Sugar Rush. (R) (T) 12.00 T4 on the Beach: The Build-Up Begins. (T) 12.05 KT Tunstall: Video Exclusive. (T) 12.10 Festival Postcards: Latitude. (R) 12.30 The Friday Night Project. (R) (T) 1.30 KT Tunstall: Video Exclusive. (R) (T) 1.35 Big Brother Live. 4.35 Dispatches: The Great Green Smoke Screen. (R) (T) 5.25 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Little Princess. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.10 Eric Carle Stories. (R) (T) 7.20 Hana's Helpline. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: Witch Hunt (1999). Fact-based drama, starring Jacqueline Bisset. (T) 3.35 five news update. 3.40 FILM: Hart to Hart: Old Friends Never Die (1994). Mystery, starring Stefanie Powers. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Becker. (R) (T) 7.00 five news. (T) 7.15 Game Ranger Diaries. The team attempt to tag white rhinos; (R) (T) 7.15 five news update. (T) 8.00 Diet Doctors: Inside and Out. The dangers of eating too many chocolate bars; (R) (T) 8.00 five news at 9. 9.00 FILM: Tears of the Sun (2003). Veteran lieutenant Bruce Willis leads a Navy Seal team on a dangerous mission to rescue a US doctor from crisis-torn Nigeria. Action drama, also starring Monica Bellucci. (T) 11.15 Celebrities Uncensored. (R) (T) 12.20 Poker World Open III. (T) 1.50 Major League Baseball. 4.50 Boxing Classic. (R) 5.35 Golf: The Challenge.

LOCAL

RTP1
0630 Bom dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo 1800 portugal em Idrecto 1905 O Preço Certo 2000 News 2100 Em Reportagem 2120 O Planeta Agradece 2130 A Herança de Verão 2315 Blade II, film 0115 Greys Anatomy 0200 The Time Machine (2002), film 0400 Telesales
RTP2
0700 euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 a Fé dos Homens 1900 Biosfere 1945 Zig Zag 2045 Todos Contra o Chris 2115 national Geographic 2200 News 2240 24 2315 Bastidores 2330 Clube de Jornalistas 0030 Noites da 2 0115 Discovery Hour 0215 Consigo 0245 Bastidores 0315 Biosfera 0400 Soceidade Civil 0600 Euronews
SIC
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Floribella 2000 News 2215 Páginas da Vida 2315 Vingança 0015 Shark, film 0115 CSI Las Vehas 0215 Sex and the City 0330 Olhar da Serpente
TVI
0700 Diario Da Manha 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Que Quer Ganha 1800 Morangos com Açucar – Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 Teatro: Memória da Agua 0230 Toca a Ganhar 0345 TVI Negocios 0400 O Portector IV 0500 Telesakes

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Anthea Turner: Perfect Housewife 9.00 Film: The Thomas Crown Affair 15 (1999) 10.45 Last Man Standing 11.45 Two Pints of Lager and a Packet of Crisps 12.15 Two Pints of Lager and a Packet of Crisps 12.45 Neighbours Revealed 1.15 Anthea Turner: Perfect Housewife 2.10 Two Pints of Lager and a Packet of Crisps 2.40 Two Pints of Lager and a Packet of Crisps 3.10 Honey We're Killing the Kids 4.10 Close
BBC4
7.00 World News Today 7.30 Indian School 8.00 Thoroughly Modern 8.30 Masterpieces of the East 9.00 Bombay Railway 10.00 Office Tigers 10.30 Storyville: Every Good Marriage Begins with Tears 11.30 Bombay Railway 12.30 Masterpieces of the East 1.00 Indian School 1.30 Office Tigers 2.00 Bombay Railway 3.00 Masterpieces of the East 3.30 Office Tigers 4.00 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Supersize Kids: Britain's Tallest Teens 9.00 Film: Young Guns 18 (1988) 11.10 Coronation Street 11.40 Katie & Peter: The Baby Diaries 12.40 Sally Morgan: Star Psychic 1.40 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close
Sky One
1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 Project Runway 9.00 Standoff 10.00 Law & Order 11.00 Bones 12.00 Nip/Tuck 1.00 Star Trek: The Next Generation 1.50 Star Trek: The Next Generation 2.40 Ibiza Uncovered 3.30 Hex 4.20 Dream Team 5.10 Guilty!
UKTV Gold
1.00 Last of the Summer Wine 1.40 The Good Life 2.20 My Family 3.00 Open All Hours 3.40 Porridge 4.20 dinnerladies 5.00 Dallas 6.00 Murder, She Wrote 7.00 My Family 7.40 My Family 8.20 My Family 9.00 Doctor Who 10.00 The Vicar of Dibley 10.40 The Catherine Tate Show 11.20 Men Behaving Badly 12.00 My Family 12.40 My Family 1.20 Friday Night with Jonathan Ross 2.25 Open All Hours 2.55 Porridge 3.25 dinnerladies 4.00 Close Up 4.10 Yes Minister 4.40 Merseybeat 5.35 Neighbours
TCM
1.00 High Society U (1956) 3.00 Madame Bovary PG (1949) 5.05 Seven Brides for Seven Brothers U (1954) 6.50 Arsenic and Old Lace PG (1944) 9.00 Crimes and Misdemeanors 15 (1989) 11.00 The Night of the Iguana 15 (1964) 1.15 Welcome to Hard Times PG (1967) 3.05 Teleshopping 3.25 Fury PG (1936)
The Disney Channel
Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama

6.00 In the Beginning 9.00 The Simple Life of Noah Dearborn PG (1999) 10.35 The Winning Season U (2004) 12.10 Desperate Justice PG (1993) With Lesley Ann Warren. 1.45 In the Beginning 4.45 Desperate Justice PG (1993) With Lesley Ann Warren. 6.25 The Winning Season U (2004) With Matthew Modine. 8.00 Cinderella Man 12 (2005) With Russell Crowe. 10.30 Get Rich or Die Tryin' 15 (2005) With Curtis "50 Cent' Jackson. 12.30 Laws of Gravity 18 (1992) With Peter Greene. 2.15 The Jack Bull 15 (1999) With John Cusack. 4.15 The Simple Life of Noah Dearborn PG (1999)

Sky Movies Comedy

7.05 Meatballs 15 (1979) 8.55 Surviving Christmas 12 (2004) 10.35 Deuce Bigalow: European Gigolo 15 (2005) 12.15 In Her Shoes 12 (2005) With Cameron Diaz. 2.25 Meatballs 15 (1979) With Bill Murray. 4.15 We're No Angels 15 (1989) With Robert De Niro. 6.05 Bewitched PG (2005) With Nicole Kidman. 8.00 Deuce Bigalow: European Gigolo 15 (2005) With Rob Schneider. 9.30 In Her Shoes 12 (2005) With Cameron Diaz. 11.40 We're No Angels 15 (1989) With Robert De Niro. 1.30 The Silence of the Hams 15 (1993) With Billy Zane. 2.55 Gridlock'd 18 (1997) With Tupac Shakur. 4.30 Bewitched PG (2005)

Sky Movies Action

6.05 In the Line of Duty: Smoke Jumpers PG (1996) 7.50 The Haunting of Helen Walker 15 (1995) 9.35 Above Suspicion 15 (2000) 11.20 Four Brothers 15 (2005) With Mark Wahlberg. 1.15 Red Dawn 15 (1984) With Patrick Swayze. 3.15 The Saint 12 (1997) With Val Kilmer. 5.15 Above Suspicion 15 (2000) With Scott Bakula. 7.00 Red Dawn 15 (1984) With Patrick Swayze. 9.00 Four Brothers 15 (2005) With Mark Wahlberg. 10.50 The Saint 12 (1997) With Val Kilmer. 12.50 A History of Violence 18 (2005) With Viggo Mortensen. 2.30 The Passion of Darkly Noon 18 (1995) With Brendan Fraser. 4.25 In the Line of Duty: Smoke Jumpers PG (1996)

(R)-repeat programme;
(T)-programme with teletext subtitles;
(S)-programme broadcast in stereo;
(bw)-black and white.

SPORT

Sky Sports 1

6.00 Poker 7.00 WWE: Heat 8.00 Golf 9.00 Cricket: Twenty20 Cup 12.30 Foot Brazil 1.00 Golf 2.00 World Series of Golf 3.00 World Series of Golf 4.00 European Challenge Tour Golf 4.30 Golf 5.30 Live Cricket: Twenty20 Cup. A quarter-final match. 9.00 Golf 10.00 Total Rugby 10.30 European Tour Weekly 11.00 FIFA Futbol Mundial 11.30 Cricket: Twenty20 Cup 3.00 FIFA Futbol Mundial 3.30 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Darts 10.00 Poker 11.00 Rally Fever 12.00 Tennis 1.00 Tennis 2.00 World Pool Masters 3.00 Tennis 4.00 Tennis 5.00 Foot Brazil 5.30 Total Rugby 6.00 Golf 7.00 FIFA Futbol Mundial 7.30 Live Winning Post. Races from Worcester, Leopardstown and Killarney. 9.30 FIFA Futbol Mundial 10.00 Darts 12.00 Golf 1.00 Poker 2.00 British Motocross Championship 3.00 Transworld Sport 4.00 Darts

Sky Sports 3

7.30 Foot Brazil 8.00 World Pool Masters 9.00 Bowls 11.00 Aerobics Oz Style 11.30 Racing News 12.00 European Challenge Tour Golf 12.30 Sports Unlimited 1.30 Wild Spirits 2.00 Ocean 2.30 Motor Racing 3.00 Darts 5.00 WWE: Bottom Line 6.00 WWE: Afterburn 7.00 Darts 9.00 Show Jumping 9.30 British Motocross Championship 10.30 Watersports World 11.30 Show Jumping 12.00 Transworld Sport 1.00 Total Rugby 1.30 European Tour Weekly 2.00 Tennis 3.00 Tennis 4.00 Show Jumping 4.30 Close

British Eurosport

7.30 Yoz Magazine 8.00 Cycling: Tour de France 9.00 Strongest Man 10.00 Triathlon 10.30 WATTS 11.30 Cycling: Tour de France 11.45 Cycling: Tour de France 1.15 Live Cycling: Tour de France. Coverage of the 10th stage of the race. 5.00 Live International Football. Spain Under-19s v Portugal Under-19s (Kick-off 5.00pm). 7.00 Live International Football. Germany Under-19s v France Under-19s (Kick-off 7.00pm). 9.00 Cycling: Tour de France 10.00 Wednesday Selection 10.05 Riders Club 10.10 Wednesday Selection 10.15 Golf Club 10.20 Sailing 10.50 Yacht Club 10.55 Wednesday Selection 11.00 WATTS 11.30 Cycling: Tour de France 12.30 Close

Sky Sports Xtra

1.30 Qashqai Urban Challenge 2.00 Bowls 4.00 Ocean 4.30 Qashqai Urban Challenge 5.00 Irish Greyhound Racing 5.30 Show Jumping 6.00 Qashqai Urban Challenge 6.30 World Ten Pin Masters 7.30 European Tour Weekly 8.00 Tennis 9.00 Tennis 10.00 Bowls 12.00 World Ten Pin Masters 1.00 Qashqai Urban Challenge 1.30 Ocean 2.00 Irish Greyhound Racing 2.30 Bowls 4.30 Qashqai Urban Challenge 5.00 Close

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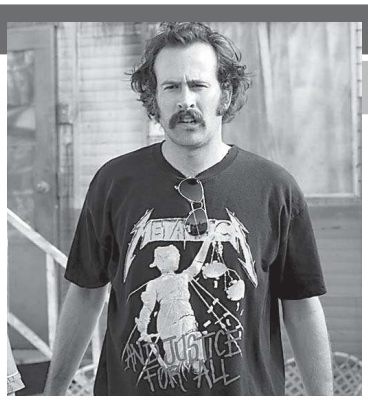
BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Animal Rescue Live; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: 3.25 Dennis the Menace; (R) (T) Bernard. (R) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.35 Dinosapien. (T) 5.00 The Sorcerer's Apprentice. (T) 5.25 Newsround. (T)

5.35 Neighbours. Susan resists temptation to give in to her feelings for Tom, but Lolly becomes convinced the couple have shared a kiss. Paul is reduced to squatting in Ned's old flat and attempts to bribe Charlotte into declaring him of unsound mind, while Steph pretends to be Swedish to impress Toadie's clients. (R) (T)
6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 EastEnders. Abi tries to convince Ben to reveal the truth before it's too late, leading to drama at Phil and Stella's wedding. Gus and Mickey's encounter with a dead animal brings them closer to the missing Wellard than they realise, while Zainab plots behind Denise's back. Jay is shocked by a face from the past. (T)
8.00 The Big Day. Norwegian-born Anneli met fiance Paul on holiday in Cyprus and relocated to Cheshire to be with him. The bride-to-be longs for a traditional Scandinavian wedding, but her partner would prefer a more British affair, leaving it to their families and experts Hannah Sandling and James Love to create the perfect cultural blend. However, a series of disputes, heavy snow and a disappointing wedding dress conspire to ruin the big day. Nick Knowles presents. (T)
9.00 True Dare Kiss. Vinny's dinner party is brought forward by two weeks, leaving Nita with no option but to bribe her catering team to get to work at short notice. Phil tries to make amends with Dennis, but loses out on buying the house, while Alice is disgusted by Bryce's behaviour as her flashbacks become clearer. Dark comedy drama, starring Dervla Kirwan and Pooky Quesnel. (T)
10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 Family Wanted. The work of an agency that gives children stability by providing foster carers who become adoptive parents to those who are unable to return home. The programme explores the system's impact on birth parents, volunteers and youngsters, looking at how it avoids the uncertainty created by multiple placements. (T)
11.05 This Week. (T)
11.50 FILM: Between (2005). Premiere. Thriller, starring Poppy Montgomery; (T) Holiday Weather. 1.20 Sign Zone: Panorama. (R) (T) 1.50 Sign Zone: Rain in My Heart. (R) (T) 3.30 Sign Zone: Peter and Dan Snow: 20th Century Battlefields. (R) (T) 4.30 BBC News 24. (T)



Pick of the Day

My Name Is Earl (C4, 10pm)
It has to be considered one of the most unlikely hits of recent years. Take one layabout slacker, expose him to the idea of karma, and have him try and make amends for past misdeeds. The result? Wonderful TV. Channel 4 bosses must still be dancing around the boardroom after signing up this popular programme, which each week sees the eponymous hero try to atone for things he has done wrong in the past. This being a sitcom, he usually ends up making things a good deal worse. Here, Joy wants to visit Millie Banks, a former trailer-park manager who has a restraining order against her. Earl looks at his list and discovers he once made her think he was God just to stop her from bothering him, so he vows to make amends. Fans can rest assured it's not long before the well-meaning buffoon complicates her life further, and finds himself trying to solve more problems than he had to begin with. Making a welcome return to the small screen after some ill-advised ventures in recent years is Roseanne Barr, who shows what she does best in a scene-stealing cameo role.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Rosemary & Thyme. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)
6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Louise enlists Donna's help in making amends with Jamie, before publicly declaring her feelings for him in the Woolpack. Andy consents to Emily taking a job at Sarah's playgroup when he sees how happy his daughter is, while Zak's tales of bare-knuckle fights inspire Belle to take a swing at Val. (T)
7.30 Luton Airport. The team gear up to deal with a German football team and their entourage. Meanwhile, out on the airfield some of the airport firefighters feel the pressure as they begin their specialised fire behaviour training. (T)
8.00 The Bill. In the tense conclusion of the two-part story, Heaton briefs the team on the Skens' plan to ambush a cash van, but Lewis alerts them to a last-minute change of plan - the stolen explosives are to be used to rescue gang leader Wayne Jackson from a prison vehicle on the courthouse run. A high-speed car chase through the London streets ensues, observed from the air by Jack until the getaway car enters a tunnel. The trail goes cold, leaving Lewis in the hands of the increasingly suspicious gangsters. (T)
9.00 Blue Murder. An engraved hip flask found beside human remains in a lake leads Janine to a once successful architect who is now confined to an institution. The ensuing investigation uncovers male rivalries that indicate the man may have good reason to hide his fear behind the pretence of madness. Crime drama, guest starring Jeremy Sheffield, with Caroline Quentin and Ian Kelsey. (R) (T)
10.30 ITV News; Weather. (T)
11.00 News Knight with Sir Trevor McDonald. (R) (T)
11.35 Kim Ryder's Playlist. The singer-turned-actress chats about her musical taste with presenter Jayne Middlemiss and chooses five tracks that represent the soundtrack of her life. She selects a song from her past, present and future before making a dedication to someone special and revealing her all-time favourite. (T)
12.00 Glitterball; (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. Rain puts paid to a boat trip. (R) (T) 7.00 CBBC: Arthur. DW needs an ear operation. (R) (T) 7.15 Do Something Different. (T) 8.00 The Sorcerer's Apprentice Extra. (T) 8.30 CBeebies: In the Night Garden. Igglepiggle sleeps in Upsy Daisy's bed. (T) 8.55 CBeebies Birthdays. (T) 9.00 Golf: The Open. Live coverage of the opening day at Carnoustie. (T) 7.15 Golf: Today at The Open. The opening day's play at Carnoustie. (T) 8.00 RHS Flower Show at Tatton Park. An insider's view of the horticultural event. Concludes tomorrow. (T) 8.30 The Hairy Bikers' Cookbook. Simon King and David Myers travel to the Isle of Man to attend the annual TT Races. Along the way, they prepare crab souffles and a feast of lamb and scallops for fellow riders. (R) (T) 9.00 Mock the Week. Quiz show, with Dara O'Briain. (T) 9.30 Hyperdrive. Henderson walks into a trap set by the Supreme Ruler. (T) 10.00 Still Game. Jack and Victor pretend to be socialites. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Rome. Octavian proclaims a new era of virtue in the empire. (R) (T) 12.15 Rome. Cleopatra urges Mark Antony to declare war. (R) (T) 1.15 Kingdom Hospital. A prank goes horribly wrong. (R) (T) 2.00 BBC News 24. (T) 4.30 Close.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 Will & Grace. (R) (T) 9.55 ER. Luka receives important news. (R) (T) 10.50 Without a Trace. (R) (T) 11.45 Proud Parents. (R) (T) 12.00 News at Noon. (T) 12.30 Nigel's Place in France. (R) (T) 1.30 Supporting Acts. (R) (T) 1.50 FILM: City Beneath the Sea (1970). Sci-fi adventure, starring Robert Wagner. (T) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Political Slot. (T) 8.00 How Clean Is Your House? A civil servant who lives with mountains of dust. (T) 8.30 It's Me or the Dog. Victoria Stilwell comes up with a radical solution to curb the amorous antics of an English bull terrier who has been making life uncomfortable for anyone entering his owner's home. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 My Name Is Earl. A guilty Earl sets out to help a former trailer-park manager who drove him to pretend to be the voice of God, just to stop her from bothering him. Roseanne Barr guest stars. (T) 10.30 Nazi Pop Twins. (T) 11.35 8 Out of 10 Cats. (R) (T) 12.10 T4 on the Beach: The Build-Up Begins. (T) 12.15 4Music: Road to V 2007. (T) 12.35 4Music: 4Play: Unkle. (T) 12.50 Big Brother Live. 3.55 FILM: Innocents in Paris (1953). Comedy, starring Alastair Sim. (T) (bw) 5.25 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Little Princess. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: Buckskin (1968). Western, starring Barry Sullivan. (T) 3.25 five news update. (T) 3.30 FILM: Cosmic Shock (1997). Thriller, starring Connie Sellecca. 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Becker. (R) (T) 7.00 five news. (T) 7.15 Cricket on five. England v India. Mark Nicholas introduces highlights from the opening day's play in the First Test at Lord's, the first of three matches between the sides; (T) 7.15 five news update. 8.00 Build a New Life in the Country. A home conversion project in South Wales; (T) 8.00 five news at 9. 9.00 House. Cuddy and House tackle a contagious disease on a plane. (T) 10.00 Shark. Stark and Raina become embroiled in a courtroom standoff. (T) 11.00 CSI: Crime Scene Investigation. (R) (T) 12.00 Quiz Call. 4.00 European Drag Racing. 4.30 NHRA Drag Racing.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo 1800 Portugal em Directo 1905 O Preço Certo 2000 News 2100 A Herança de Verão 2200 Paixoes Proibidas 2250 Debate da Nação 2350 Holloywood Homicide, film 0130 Greys Anatomy 0230 Little Giants, film 0430 Telesales
RTP2
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé dos Homens 1900 Iniciativa 1945 Zig Zag 2045 Todos Contra o Chris 2145 National Geographic 2200 News 2240 My Name is Earl 2330 Animais Como Nós 0030 Noites da 2 0130 Roma 0230 Iniciativa 0415 Sociedade Civil 0545 Euronews
SIC
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Floribella 2000 News 2215 Páginas da Vida 2315 Vingança 0015 CSI New York 0115 CSI Las Vegas 0215 Cartaz Cultural 0245 Sex and the City 0315 Rex , o Cão Policia
TVI
0700 Diario Da Manha 1000 Você na TV 1300 News 1400 Tarde de Julia 1700 Quem Quer Ganha 1800 Morangos Com Açucar 2000 News 2115 Ilha dos Amores 2215 Doce Fugitiva 2330 Tu e Eu 0100 Escritorio 0200 Cartaz das Artes 0230 Toca a Ganhar 0345 TVI Negocios 0400 Protector IV 0445 Telesales

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Honey We're Killing the Kids 9.00 Spendaholics 10.00 EastEnders 10.30 The Visit 11.00 Drunk and Disorderlies 12.00 Two Pints of Lager and a Packet of Crisps 12.30 Two Pints of Lager and a Packet of Crisps 12.55 Neighbours Revealed 1.25 The Visit 1.55 Spendaholics 2.50 Anthea Turner: Perfect Housewife 3.50 Close
BBC4
7.00 World News Today 7.00 Weather 7.30 In Concert: Donovan 8.10 The Avengers 9.00 Bombay Railway 10.00 The Book Quiz 10.30 Lead Balloon 11.00 Children's TV on Trial 12.00 Bombay Railway 1.00 The Book Quiz 1.30 Lead Balloon 2.00 Bombay Railway 3.00 Children's TV on Trial 4.00 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Victoria Beckham: Coming to America 9.00 Katie & Peter: The Baby Diaries 10.00 Film: Mad Max Beyond Thunderdome 15 (1985) 12.10 Katie & Peter: The Baby Diaries 1.10 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close
Sky One
1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Las Vegas 10.00 Cold Case 11.00 Bones 12.00 Nip/Tuck 1.05 Star Trek: The Next Generation 1.55 Star Trek: The Next Generation 2.45 Interrogation Room 3.15 Ibiza Uncovered 4.05 Footballers' Pads 4.20 Dream Team 5.10 Guilty!
UKTV Gold
1.00 Last of the Summer Wine 1.40 Keeping Up Appearances 2.20 My Family 3.00 Open All Hours 3.40 Porridge 4.20 dinnerladies 5.00 Dallas 6.00 Open All Hours 6.40 Porridge 7.20 dinnerladies 8.00 New Adventures of Old Christine 8.30 New Adventures of Old Christine 9.00 The Catherine Tate Show 9.40 Only Fools and Horses 11.00 Men Behaving Badly 11.40 Prison Break 12.40 Prison Break 1.40 Friday Night with Jonathan Ross 2.45 The Bill 3.30 Dallas 4.20 Merseybeat 5.10 Neighbours 5.35 Neighbours
TCM
1.05 The Time Machine U (1960) 3.00 Little Women U (1949) 5.15 The Stratton Story U (1949) 7.15 Ride the High Country PG (1962) 9.00 Unforgiven 15 (1992) 11.25 Westworld 15 (1973) 1.05 Dark of the Sun 12 (1968) 2.55 Teleshopping 3.15 The Liquidator PG (1965)
The Disney Channel
Kids' programmes from 7am, except:

MOVIES

Sky Movies Drama

6.00 Too Close to Home (1997) 7.35 The Story of an African Farm PG (2004) 9.20 The Clinic PG (2004) 10.55 Wilder Days PG (2003) 12.30 Drama Close Up 1.00 Just Like Heaven PG (2005) With Reese Witherspoon. 2.40 Too Close to Home (1997) With Judith Light. 4.25 The Story of an African Farm PG (2004) With Richard E Grant. 6.15 Wilder Days PG (2003) With Peter Falk. 8.00 Just Like Heaven PG (2005) With Reese Witherspoon. 9.40 The Top 10 Show 10.00 Brokeback Mountain 15 (2005) With Heath Ledger. 12.15 The Players Club 18 (1998) With LisaRaye. 2.00 My Kingdom 18 (2001) With Richard Harris. 4.00 Boys 15 (1996) 5.30 The Clinic PG (2004)

Sky Movies Comedy

6.15 The Marrying Man 15 (1991) 8.15 The Break-Up 15 (2006) 10.10 The Brady Bunch in the White House 12 (2002) 11.55 The Air Up There PG (1994) With Kevin Bacon. 1.55 The Marrying Man 15 (1991) With Kim Basinger. 3.55 Roseanna's Grave 12 (1997) With Jean Reno. 5.45 Pleasantville 12 (1998) With Tobey Maguire. 8.00 The Break-Up 15 (2006) With Jennifer Aniston. 9.50 The Brady Bunch in the White House 12 (2002) With Shelley Long. 11.25 Pleasantville 12 (1998) With Tobey Maguire. 1.35 Woo 15 (1998) With Jada Pinkett Smith. 3.05 Roseanna's Grave 12 (1997) 4.45 The Air Up There PG (1994)

Sky Movies Action

6.10 The Fourth Angel 15 (2001) 8.00 Paparazzi 15 (2005) 9.40 The Top 10 Show 10.00 Revolver 15 (2005) 12.00 Captive 15 (1998) With Richard Grieco. 1.55 Red Eye 12 (2005) With Rachel McAdams. 3.35 Paparazzi 15 (2005) With Cole Hauser. 5.15 Revolver 15 (2005) With Jason Statham. 7.15 The Fourth Angel 15 (2001) With Jeremy Irons. 9.00 Highlander III: The Sorcerer 15 (1994) With Christopher Lambert. 10.45 Red Eye 12 (2005) With Rachel McAdams. 12.15 Sin City 18 (2005) With Mickey Rourke. 2.25 Running Cool 18 (1993) With Andrew Divoff. 4.25 Point Last Seen PG (1998)

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SPORT

Sky Sports 1

6.00 British Motocross Championship 7.00 WWE: Experience 8.00 FIFA Futbol Mundial 8.30 Total Rugby 9.00 European Tour Weekly 9.30 FIFA Futbol Mundial 10.00 Live Test Cricket. England v India. 7.00 Premier League World 7.30 Live Rugby League. Rochdale Hornets v Dewsbury Rams (Kick-off 7.35pm). 10.00 Test Cricket 12.00 Premier League World 12.30 Transworld Sport 1.30 Test Cricket 3.30 Premier League World 4.00 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Darts 10.00 World Ten Pin Masters 11.00 British Motocross Championship 12.00 Total Rugby 12.30 Transworld Sport 1.30 British Motocross Championship 2.30 FIFA Futbol Mundial 3.00 Watersports World 4.00 World Ten Pin Masters 5.00 Transworld Sport 6.00 Live Speedway. The World Cup race-off. 9.00 IAAF Athletix Weekly 9.30 ATP Tennis 10.00 Darts 12.00 Speedway 3.00 IAAF Athletix Weekly 3.30 Darts 5.30 Close

Sky Sports 3

8.00 Watersports World 9.00 Bowls 11.00 Show Jumping 11.30 Racing News 12.00 Watersports World 1.00 European Tour Weekly 1.30 Ocean 2.00 Show Jumping 2.30 Total Rugby 3.00 Darts 5.00 WWE: Heat 6.00 Ocean 6.30 ATP Tennis 7.00 Darts 9.00 WWE: Late Night - Raw 11.00 Extreme Championship Wrestling 12.00 Rugby League 2.30 Race World 3.30 Close

British Eurosport

7.30 Football 8.00 Cycling: Tour de France 9.00 International Football 10.00 International Football 11.30 Live Cycling: Tour de France. A look ahead to the 11th stage. 11.45 Cycling: Tour de France 1.15 Live Cycling: Tour de France. Coverage of the 11th stage of the race. 5.00 Cycling 5.30 Strongest Man 6.00 International Football 7.00 Boxing 9.00 Cycling: Tour de France 10.00 Fight Night UK 11.00 MotoGP 12.30 Close

Sky Sports Xtra

1.30 Qashqai Urban Challenge 2.00 Bowls 4.00 Ocean 4.30 Qashqai Urban Challenge 5.00 ATP Tennis 5.30 Sports Adventure 6.00 Qashqai Urban Challenge 6.30 IAAF Athletix Weekly 7.00 Race World 8.00 Test Cricket 10.00 Bowls 12.00 Race World 1.00 Qashqai Urban Challenge 1.30 Ocean 2.00 Sports Adventure 2.30 Bowls 4.30 Qashqai Urban Challenge 5.00 Sports Adventure 5.30 Close

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BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Animal Rescue Live; (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Dennis the Menace. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 Harry Potter: A Blue Peter Special. (T) 5.00 The Sorcerer's Apprentice. (T) 5.25 Newsround. (T)

5.35 Neighbours. Carmella's strange behaviour upsets Rosetta. (R) (T)
6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 Building Britain: The Clyde by Muriel Gray. Muriel Gray examines the waterfront regeneration taking place along the banks of the River Clyde in Glasgow and discusses the controversy surrounding the project. (T)
8.00 EastEnders. Ben's dramatic revelations send Stella into a panic as she flees from the wedding to avoid Phil's wrath. Peggy makes it clear to her son that his abusive fiancee should pay for the pain she's inflicted on the youngster, leading to a dramatic rooftop confrontation. Jase tries to convince Jay he's ready to be a proper parent and Gus is reunited with Wellard. (T)
8.30 DIY SOS. Nick Knowles and the team help a single mother from Ipswich, who began demolition work on her kitchen but had to give up her efforts before finishing the job because of a bad back. (T)
9.00 New Tricks. A dog is found killed in a manner that matches a series of animal slayings from 30 years ago. The team reopen the case, but the cruelty of the crimes affects Lane's judgement - especially when his own pet dies. Halford's deteriorating health causes concern for his colleagues and a visit to a museum leads to an alarming discovery. Richard Briers guest stars. (R) (T)
10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 Family Wanted. A 38-year-old's search for his parents and four older siblings reveals his biological mum has died, while a 32-year-old learns his mum never told anyone about his birth. Last in series. (T)
11.05 Would I Lie to You? Former Men Behaving Badly stars Leslie Ash and Neil Morrissey join comic Jason Manford and musician Myleene Klass as guests on the comedy panel show. They join captains Lee Mack and David Mitchell as each team attempt to mislead their opponents with absurd facts and plausible lies. Angus Deayton oversees proceedings. (R) (T)
11.35 FILM: Another Stakeout (1993). Comedy adventure, starring Richard Dreyfuss. (T)
1.20 FILM: Just Can't Get Enough (2001). Saucy thriller, starring Jonathan Aube; (T) Weatherview. 2.55 BBC News 24. (T)

Pick of the Day

EastEnders (BBC1, 8pm)
The Mitchells may be obsessed with family, but so far no one seems to have noticed little Ben (Charlie Jones) is suffering - or that Stella (Sophie Thompson) is the one who's been making his life misery. However, in this dramatic edition, the deranged lawyer finally gets her comeuppance when Phil (Steve McFadden) halts the wedding ceremony after a bleeding Ben stands up and begins babbling about being found dead in the morning. The concerned dad takes his son out of the room, while the supposedly highly qualified solicitor has to ask the registrar whether she's legally married yet, before rushing off in hot pursuit. As she catches up with Phil, she explains that she didn't want to say anything before but Ian (Adam Woodyatt) has been abusing Ben. However, while the ruddy-faced garage owner may not have a very high opinion of his former stepson, he does know he would never hurt his little brother and finally sees what has been in front of him for months - Stella's been hurting his son. Of course, Peggy (Barbara Windsor) won't stand for anyone mistreating a Mitchell and gives Phil her blessing to exact his revenge. But when Stella plunges off a rooftop following a heated confrontation with her furious fiancÊ, is it merely a tragic accident, or has Phil's temper got the better of him?

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Rosemary & Thyme. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find the jackpot hidden inside one of a set of Golden Balls. The two surviving players face the choice of splitting the cash prize or trying to steal it all. (T)
6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Carrie's sister Lexi turns up in the village and causes a stir by breaking into Home Farm, where the Kings find her dressed in just her underwear. Terry struggles to contain his jealousy when he sees Louise kissing Jamie, while Jo secures a buyer for her goat's milk. (T)
7.30 Coronation Street. Leanne has a stressful day at the restaurant and feels guilty when Janice reveals Roger has invested all his savings in the venture. Casey helps Ashley by looking after the shop and taking care of Josh, prompting him to invite her for a drink, while Joanne threatens Carla and Liam with a tribunal. Liz is devastated to learn Vernon plans to move to Spain. (T)
8.00 Reclaim, Reclaim, Reclaim: Tonight. (T)
8.30 Midsomer Murders. Sergeant Troy is promoted to Inspector, but before he can consider his future he has to help Barnaby investigate the collapse of a tunnel which has exposed a collection of ancient skeletons - and more recent remains among the bones suggest links to a nearby double shooting. Murder mystery, starring John Nettles, Daniel Casey, Cherie Lunghi and David Bradley. (R) (T)
10.30 ITV News; Weather. (T)
11.00 Supernatural. After the events at the hospital, the brothers go in search of the demon that killed their mother, and investigate murders committed by a killer clown. Fantasy drama, starring Jensen Ackles and Jared Padalecki. (T)
12.00 Glitterball; (T) ITV News Headlines. 4.10 Cruise Ship. (R) (T) 4.35 Cruise Ship. (R) (T) 5.00 ITV Nightscreen.

BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. Josie looks after a dog. (R) (T) 7.00 CBBC: Arthur. Elwood City suffers a drought. (R) (T) 7.15 Do Something Different. (T) 8.00 The Sorcerer's Apprentice Extra. (T) 8.30 CBeebies: In the Night Garden. (T) 9.00 Golf: The Open. Live coverage of the second day at Carnoustie. (T) 7.15 Golf: Today at The Open. The best moments from the second day at Carnoustie. (T) 8.00 RHS Flower Show at Tatton Park. Conclusion. Coverage of this summer's last major horticultural event. Joe Swift sees a Wallace and Gromit made entirely of flowers. Carol Klein discovers top tips from regular visitors and Rachel de Thame finds out how to grow and enjoy herb tea at home. (T) 8.30 Gardeners' World. Monty Don keeps the vegetable garden cropping. (T) 9.00 Wainwright: The Man Who Loved the Lakes. Profile of fell walker Alfred Wainwright. (T) 10.00 QI. Graeme Garden, Johnny Vaughan and Phill Jupitus join regular contributor Alan Davies and host Stephen Fry in the quiz show with a difference. (R) (T) 10.30 Newsnight. (T) 11.00 Newsnight Review; (T) Weather. (T) 11.35 Soul Britannia. (T) 12.35 Kath & Kim. (R) (T) 1.05 Kath & Kim. Kel's domestic efforts irritate Kath. (R) (T) 1.30 Star Trek. (R) (T) 2.20 Star Trek. Two feuding aliens board the Enterprise. (R) (T) 3.10 FILM: Secret Beyond the Door (1948). Melodrama, starring Joan Bennett. (T) (bw) 4.45 Close.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.30 Will & Grace. (R) (T) 9.55 ER. Pratt uncovers a church's risky drug exchange programme. (R) (T) 10.50 Without a Trace. (R) (T) 11.45 Proud Parents. (R) 12.00 News at Noon. (T) 12.30 Life Begins Again. (T) 1.30 FILM: The Thief of Bagdad (1940). Arabian Nights adventure, starring Sabu. (T) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.30 The Insider. (T) 8.00 A Place in Spain: Costa Chaos. Dawn remains in Barcelona while Rocco returns to London to play a gig - just as their mortgage finally comes through. The only problem is, Rocco then goes missing. (T) 8.30 Big Brother. Davina McCall presents highlights of the past 24 hours in the house, then reveals the name of the next evictee. (T) 9.30 8 Out of 10 Cats. Topical panel show. Last in series. (T) 10.00 Big Brother. Eviction interview. (T) 10.30 The Friday Night Project. (T) 11.35 Big Brother's Big Mouth. 12.05 4Music: T4 on the Beach: The Build-Up Begins. 12.15 4Music: The Album Chart Show. 12.45 4Music: The JD Set Presents. (T) 1.15 Big Brother Live. 3.40 Goalissimo. 4.35 Transworld Sport. (R) (T) 5.25 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: Blindfold (1965). Spy spoof, starring Rock Hudson. (T) 3.30 five news update. (T) 3.40 FILM: Danielle Steel's Full Circle (1996). Drama, starring Teri Polo. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Becker. (R) (T) 7.00 five news. (T) 7.15 Cricket on five. England v India. Mark Nicholas introduces highlights from the second day's play in the First Test at Lord's, one of three matches between the sides; (T) 7.15 five news update. 8.00 Nigel Marven's Bull Shark: Search for the Deadliest Shark. Looking for the world's most lethal shark; (R) (T) 8.00 five news at 9. 9.00 NCIS. A seaman's body is discovered. (R) (T) 10.00 Law & Order. A shop owner is murdered. (R) (T) 11.00 The Shield. Vic's job hangs in the balance. (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 So Visto e amigos 1715 Lingo 1800 Portugal em Directo 1900 O Preço Certo 2000 News 2100 Cuidado com a Língua 2115 Avenida Europa 2145 Contra 2215 A Herança de Verão 2315 Tears of the Sun, film 0130 Greys Anatomy 0230 Dead End, film 0400 Só Visto 0500 Telesales
RTP2
0700 EuroNews 0715 Zig Zag 1000 Assembleia da República 1300 Zig Zag 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1715 national geographic 1815 A Fé dos Homens 1900 A Alma e a Gente 1945 Zig Zag 2045 Todos Conta o Chris 2115 national Geographic 2200 News 2240 Irmãos e Irmãs 2330 Vidas 0030 Noites da 2 0130 Bastidores 0200 Flip 0230 Arte & emoção 0300 Sociedade Civil 0430 Euronews
SIC
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Laca 1900 Floribella 2000 News 2215 Páginas da Vida 2315 Vingança 0015 CSI Las Vegas 0115 Silente Trigger 0300 Sex and the City 0330 Olhar da Serpente
TVI
0700 Diario Da Manha 1000 Você na TV 1300 News 1400 Mundialito de Futebol de Praia 1700 Quem Quer Ganha 1745 Morangos com Açucar – Ferias de Verão 2000 News 2115 Euromilhoes 2130 Ilha dos Amores 2215 Doce Fugitiva 2330 Tu e Eu 0030 Film TBA 0230 Encounters, film

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.30 EastEnders Vixens: The Rise and Fall of Stella 9.30 Gavin and Stacey 10.00 EastEnders 10.25 EastEnders Vixens: The Rise and Fall of Stella 11.25 Touch Me, I'm Karen Taylor 11.55 Family Guy 12.15 Family Guy 12.40 Two Pints of Lager and a Packet of Crisps 1.10 Two Pints of Lager and a Packet of Crisps 1.40 Neighbours Revealed 2.10 Gavin and Stacey 2.40 Touch Me, I'm Karen Taylor 3.10 Sex - with Mum and Dad 3.40 Close
BBC4
7.00 World News Today 7.00 Weather 7.30 Wainwright's Walks 8.00 Andrew Marr's History of Modern Britain 9.00 Rageh Inside Iran 10.30 BBC Four Sessions 11.30 The Avengers 12.20 Wainwright's Walks 12.50 Rageh Inside Iran 2.20 BBC Four Sessions 3.20 Wainwright's Walks 3.50 Close
ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Big Day 8.30 America's Got Talent 10.00 America's Got Talent: Results 11.00 Katie & Peter: The Baby Diaries 12.00 Coronation Street 12.30 Entourage 1.00 Entourage 1.30 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close
Sky One
1.00 Cold Case 2.00 24 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 Futurama 9.00 A Town Called Eureka 10.00 Film: Grizzly Rage (2007) 11.35 Bones 12.35 Pirate Master 1.35 Star Trek: The Next Generation 2.30 Star Trek: The Next Generation 3.25 Hex 4.20 Dream Team 5.10 Guilty! 5.35 Malo Korrigan
UKTV Gold
1.00 Last of the Summer Wine 1.40 Keeping Up Appearances 2.20 My Family 3.00 Open All Hours 3.40 Porridge 4.20 dinnerladies 5.00 Dallas 6.00 New Adventures of Old Christine 6.30 New Adventures of Old Christine 7.00 My Family 7.40 My Family 8.20 My Family 9.00 Keeping Up Appearances 9.40 Open All Hours 10.20 EuroMillions: Boom Bang a Bang 10.30 Only Fools and Horses 12.10 Men Behaving Badly 12.50 Keeping Up Appearances 1.30 Open All Hours 2.10 Friday Night with Jonathan Ross 3.10 Yes Minister 3.40 Dallas 4.35 Merseybeat 5.25 Close Up 5.35 Neighbours
TCM
1.15 On the Town U (1949) 3.00 The Wizard of Oz PG (1939) 4.50 Where Were You When the Lights Went Out? PG (1968) 6.35 The Prize PG (1963) 9.00 The Exorcist 18 (1973) 11.15 Whatever Happened to Baby Jane? 18 (1962) 1.45 San Antonio PG (1945) 3.35 Teleshopping 3.55 Ride Him, Cowboy U (1932)
The Disney Channel
Kids' programmes from 7am, except: 6.00 Film: Johnny Kapahala: Back on Board (2007) Premiere. Comedy sequel, starring Brandon Baker. 9.35 Film: Johnny Kapahala: Back on Board (2007) Premiere. Comedy sequel, starring Brandon Baker.

MOVIES

Sky Movies Drama

7.05 What Love Sees PG (1996) 8.45 Kissed by an Angel PG (2000) 10.45 Between Love and Honor PG (1995) 12.30 What Love Sees PG (1996) With Richard Thomas. 2.15 Kissed by an Angel PG (2000) With Adam Trese. 4.15 Between Love and Honor PG (1995) With Grant Show. 6.00 Driven to Succeed PG (2004) With Cybill Shepherd. 7.30 Drama Close Up 8.00 Walk the Line 12 (2005) With Joaquin Phoenix. 10.20 Jarhead 15 (2005) With Jake Gyllenhaal. 12.30 Johnny Handsome 18 (1989) With Mickey Rourke. 2.20 Piccadilly Jim 15 (2004) With Sam Rockwell. 4.10 The Top 10 Show 4.30 Driven to Succeed PG (2004)

Sky Movies Comedy

6.35 On the Nose 15 (2000) 8.35 Max Rules: Adventures of a Superspy U (2005) 10.10 A Young Connecticut Yankee in King Arthur's Court PG (1994) 12.00 Meet the Fockers 12 (2004) With Ben Stiller. 2.00 Keeping Mum 15 (2005) With Rowan Atkinson. 4.00 A Young Connecticut Yankee in King Arthur's Court PG (1994) With Philippe Ross. 5.40 The Producers 12 (2005) With Matthew Broderick. 8.00 Keeping Mum 15 (2005) With Rowan Atkinson. 9.50 Meet the Fockers 12 (2004) With Ben Stiller. 11.50 On the Nose 15 (2000) With Robbie Coltrane. 1.40 The Most Fertile Man in Ireland 15 (2000) With Kris Marshall. 3.20 The Producers 12 (2005) 5.35 Max Rules: Adventures of a Superspy U (2005)

Sky Movies Action

6.10 Chill Factor 15 (1999) 8.05 Young Guns II: Blaze of Glory 15 (1990) 10.05 Alexander 15 (2004) 1.10 Chill Factor 15 (1999) With Cuba Gooding Jnr. 3.05 Down 'n Dirty 15 (2000) With Fred Williamson. 5.00 Young Guns II: Blaze of Glory 15 (1990) With Emilio Estevez. 7.00 The Ipcress File 15 (1965) With Michael Caine. 9.00 The Transporter 2 15 (2005) With Jason Statham. 10.30 Eraser 18 (1996) With Arnold Schwarzenegger. 12.30 The Transporter 2 15 (2005) With Jason Statham. 2.00 Bulletproof 18 (1996) With Adam Sandler. 3.40 The Ipcress File 15 (1965) 5.40 Action & Thriller Close Up

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1

6.00 Transworld Sport 7.00 WWE: Raw 9.00 Transworld Sport 10.00 Premier League World 10.30 Live Test Cricket. England v India. 7.00 Rally World 7.30 Live Super League. St Helens v Wigan Warriors (Kick-off 8.00pm). 10.00 Live Friday Fight Night. Ted Bami v Young Mutley. 12.00 Test Cricket 2.00 Friday Fight Night 4.00 Super League 5.30 Rally World

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Darts 10.00 Speedway 1.00 Premier League World 1.30 IAAF Athletix Weekly 2.00 Race World 3.00 Speedway 6.00 Ocean 6.30 World Sport 7.00 Tight Lines 8.00 Test Cricket 10.00 Darts 12.00 Super League 1.30 Rally World 2.00 Moto Plus 2.30 Irish Greyhound Racing 3.00 Darts 5.00 Moto Plus 5.30 Irish Greyhound Racing

Sky Sports 3

6.30 IAAF Athletix Weekly 7.00 Test Cricket 9.00 Bowls 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Transworld Sport 1.00 British Motocross Championship 2.00 Ocean 2.30 ATP Tennis 3.00 Darts 5.00 WWE: Raw 7.00 Darts 9.00 Ocean 9.30 Moto Plus 10.00 WWE: Late Night - Smackdown 12.00 WWE: Late Night - Bottom Line 1.00 Tight Lines 2.00 Premiership Years 4.00 Tight Lines 5.00 World Ten Pin Masters

British Eurosport

7.30 WATTS 8.00 Cycling: Tour de France 9.00 International Football 10.00 International Football 11.30 Live Cycling: Tour de France. A look ahead to the 12th stage. 11.45 Cycling: Tour de France 1.15 Live Cycling: Tour de France. Coverage of the 12th stage. 5.00 Cycling 5.30 International Football 6.30 MotoGP 8.00 Strongest Man 9.00 Cycling: Tour de France 10.00 Live MotoGP. The US Grand Prix MotoGP practice session. 11.00 Yoz Magazine 11.30 Cycling: Tour de France 12.30 Close

Sky Sports Xtra

6.30 Rugby League 9.00 Premiership Years 11.00 Rugby League 1.30 Qashqai Urban Challenge 2.00 Bowls 4.00 Ocean 4.30 Qashqai Urban Challenge 5.00 Rally Fever 6.00 Qashqai Urban Challenge 6.30 Moto Plus 7.00 Premiership Years 9.00 Rally World 9.30 World Sport 10.00 Bowls 12.00 Poker Week 12.30 World Sport 1.00 Qashqai Urban Challenge 1.30 Ocean 2.00 Poker Week 2.30 Bowls 4.30 Qashqai Urban Challenge 5.00 Ocean 5.30 World Sport

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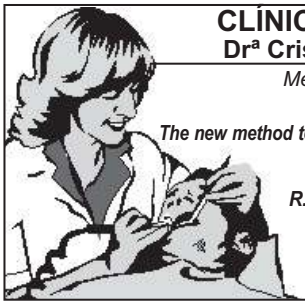

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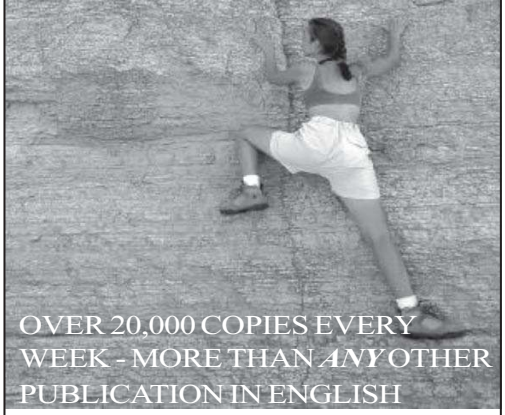

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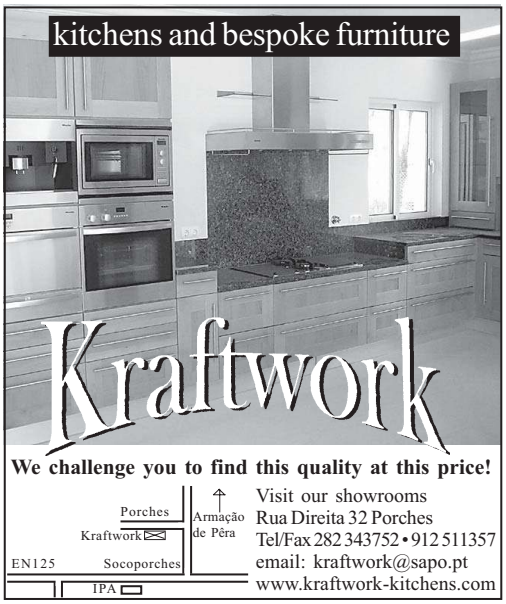

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Upward Glance

with Joyce Voelker

Frangrance

God created us as complex beings. Science cannot duplicate the miracle of the human birth, growth and maturing process. The human brain with all its complexities is a marvel. The most brilliant of minds have only scratched the surface in understanding its workings. It is a marvelous hub of thought, memory and life-sustaining function. However, in their attempts to understand and either prevent or cure Alzheimer's, doctors have been able to pinpoint the exact part of the brain where both long term and short term memories are stored.

Recently I bought and began to use a different brand of dish soap. *Palmolive* is a well known international brand, but for years I had used other kinds. The first time I washed the dishes with my new dish soap, the pleasant and familiar scent triggered memories from my childhood. Instantly I was swept into the past reliving memories of visits to my grandmother's lovely brick home in rural Michigan. The smell of the soap brought back pleasant memories of childhood days when it was my turn to wash those golden colored plates, cups and saucers with Grandma or Aunt Nancy. The memories did not stop with just the dishes, and I remembered fondly backyard campouts, flower gardens and learning to crochet in Grandma's living room.

The fragrance of Palmolive dish soap brought back memories of childhood vacations at Grandma's house where my siblings and I always felt loved and cherished. My grandmother taught me much about God and His great love. In her life I saw real faith lived out day by day.

2 Corinthians 2: 14-15 reminds us that we were designed by God to be a living fragrance of Him in this world. "*But thanks be to God, who always leads us in triumphal procession in Christ and through us spreads everywhere the fragrance of the knowledge of him. For we are to God the aroma of Christ among those who are being saved and those who are perishing.*"

In life, not all smells bring pleasant memories. Some smells such as the smell of fire, skunks, or sewer gas trigger nightmares and unpleasant memories. We want to run from them and avoid the experiences they recall.

As believers in Christ, earth is but a temporary dwelling. We are just pilgrims passing through on our way to a much better and eternal place. Let's live in such a way that the fragrance of Christ might influence those around us and draw them to our Lord. When they are around us, may they be pleasantly reminded of a loving, saving God who can bring hope and purpose to their lives. As we *pass through* their lives or as they intersect with ours, may the fragrance of Christ, lived out in our lives, be a blessing to others.

More information about how to have a relationship with God can be found at www.rbc.org/personal_relationship_with_god.page or email joycevoelker@hotmail.com.

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The Algarve

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"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen."- Ephesians 3:20-21

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LAGOS ANIMAL Protection Society has a charity sale at Burgau Sports Club every 2nd Sat. of the month. All proceeds go towards helping Algarve animals. For further details please phone Tel.: 282 687 334 or mobile 966 047 994 after 6pm.

THE ANIMAL charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

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WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

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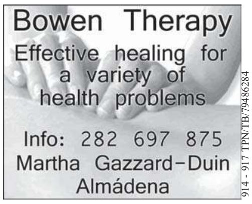

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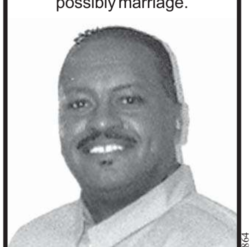

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ALCOHOLICS ANONYMOUS English speaking meetings 7pm Sun., The Crypt, Igreja de Santo António, Av. de Marginal, Estoril; and 7pm Tues., St Paul's Church, Av. dos Bombeiros Voluntários, Estoril. (Please confirm Tues. meeting – mobile 965 059 949).

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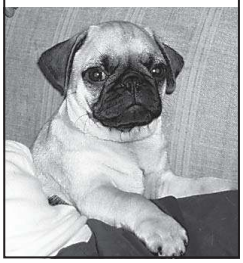

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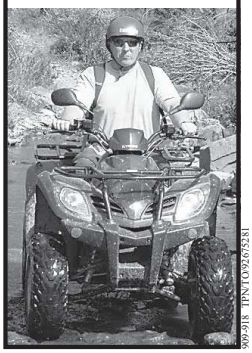

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Howard Chamberlain crowned Lisbon Golf Coast Festival Champion

Howard Chamberlain of England won the 2007 Lisbon Golf Coast Festival thanks to a great round on the final day of the Festival. He was 3 points behind Germany's Michael Allendorf before the day's play started and when Michael came in with 30 points, it looked as though he was going to be hard to beat. But a great score of 33 points put Howard level with Michael on 95 points over the 3 rounds. Howard was crowned champion by virtue of the best last 18 holes over the 54 hole competition.

Howard Chamberlain

The ladies competition was not so close, with Glenda Winn of England taking the title by 11 points! In second place was Carole Rotheram of South Africa and in third was Cathi Haussmann of Germany.

This festival of golf, which took place during the first week of May, has become the favourite golf holiday for players of all abilities from all over Europe and the World. England, Holland, Germany, Ireland, South Africa and Aruba in the Caribbean were just some of the nations represented.

During the week long event players challenged themselves on four different championship courses on this wonderful Lisbon Golf Coast, recently voted "Golf Destination of the Year".

The tournament began at the Rocky Roquemore masterpiece of Belas and then moved to the stunning Penha Longa, previous host of the Portuguese Open. Later in the week the players took on the challenges of Aroeira, regular host of the Ladies European Tour and the new, but highly rated, Ribagolfe.

But it was not just golf that the players were in Lisbon for. During the evenings there were a number of social functions for the players to get to know each other and share their on course stories, both successes and failures! On the free days there was a chance to explore the historic city of Lisbon, head up into the picturesque Sintra Hills or to hit the abundance of shops on offer.

A different format was played each day including team, pairs and individual competitions, but the trophy the players really wanted was the Nations Cup! This was their chance to represent their country! This year, England were victorious, beating last years winners by one point! They had been behind going into the final day's play, but fantastic rounds from Glenda & Brian Winn of England saw them come out on top. In third place was Germany and in fourth Holland.

The festival had the support of the Lisbon Tourist Board, International car rental company Europcar, Portuguese hotel chain Tivoli, wine producers Quinta da Sanguinhal, telecommunication companies Crocker, Radiotrans and Motorola as well as Portugal's leading supplier of spas, technogyms and solariums, Azurambiente.

If you are interested in taking part in 2008, contact Team Frith on +44 (0) 870 850 3436 or visit www.lisbongolfcoastfestival.com. A free place is given to groups of ten players, so start getting together your golfing friends ready for 2008!

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Baker and Manley lead the way in Portugal

Former Ryder Cup player Peter Baker got his quest for a second consecutive Challenge Tour title off to the perfect start when he moved into a share of the lead with Welshman Stuart Manley in the Estoril Challenge de Portugal.

Baker claimed his first individual professional victory for 14 years when he triumphed in the Credit Suisse Challenge and an excellent opening six under par 65 in Portugal gave the 39 year old Englishman real hope of back to back title successes, and the chance to regain his European Tour card at the end of the season through the Challenge Tour Rankings.

"We can think about that later, but I have to admit I'm delighted with that start," he said. "I was a little tired after the victory in Switzerland, but I got off to a great start in my round here and that was important to get me going again."

Beginning his round at the tenth hole, Baker's start was indeed impressive as he rattled in four birdies in his first six holes before adding another one at the 18th to be 'out' in 31.

Turning for home, an increase in the strength of the wind made his second nine holes a little harder, but his only dropped shot of the day at the fifth, where he found a plugged lie in a greenside bunker, was negated by birdies at two of the Estoril course's five par threes – the second and the seventh.

"I had a chance for a final birdie at the ninth hole which is another one of the par threes but the ball just slipped by from about 12 feet," said Baker. "But I can't be too disappointed.

"Obviously I want to get back onto The European Tour, but I said at the start of the year that I will try and do that through the Challenge Tour which I feel is the best way and I intend to play the year here and try and finish in the top 20 of the Rankings at the end of the season.

"It can be a little hard out here sometimes because I am regularly 20 or 30 yards behind most of the young lads from the tee, but I try to use my head and experience wherever possible after that and I think today showed that."

While Baker started well it was the finish which was impressive for joint leader Manley, four birdies in his last six holes helping the Welshman to a back nine of 33 and giving further credence to the fact that a switch of putter two weeks ago had been exactly the right decision.

"My putting really was the difference," he said. "I have played fantastically well tee to green all year, but I just couldn't get the ball in the hole which is why I haven't been able to get into the top tens.

"I used to be a great putter a couple of years ago, but I just lost my way with that a bit recently, but over the past couple of weeks there is the sign that it is coming back and I think that's the reason I finished 20th in Switzerland which was my best finish of the season so far.

"If I can continue to play as well from tee to green as I have been doing and then succeed in getting my putting in order, I don't think I'll be far away."

Baker and Manley led the way by a shot from Norwegian Jan-Are Larsen who carded a 66 while four players shared fourth place after opening with 67s including Chile's Felipe Aguilar, at Number Three the highest ranked player in the field from the current Challenge Tour Rankings.

Press Office Estoril Challenge de Portugal

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